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staycations

get away from it all
without going away

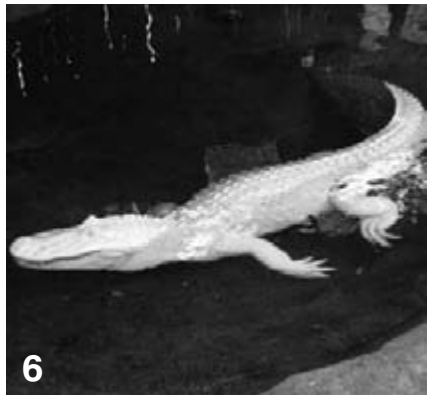


inside

Cozy Tea in 5 Points | New Exhibits at Cummer & MOCA | Vinyl Revival | Peek at Fall TV

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contents



on the cover

Father and daughter ride bikes on Jax Beach.

Photo by Daniel Goncalves

Daniel Goncalves is a local professional photographer covering stories and subjects around the world. He is available for all your photography needs. Fotobia.com

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managing director
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creative director
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copy editors
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Erin Thursby

music editor **food editor**
Kellie Abrahamson Erin Thursby

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contributing photographer
Richard Abrahamson

contributing writers
Jon Bosworth Rick Grant
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Jack Diablo Madeleine Peck
Daniel Goncalves Tom Weppel

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features

- pages 3-11 staycations
- page 4 romantic staycation
- page 5 relax and learn
- page 6 eco staycation
- page 7 family staycation
- page 8 hands on jacksonville
- page 9 geocaching
- page 11 outdoors staycation
- page 11 classic beach bars
- page 11 choosing a summer bike

dish

- page 12 dish update + events
- page 12 ingredient secrets: papaya
- page 13 cozy tea

visual arts

- page 14 art events
- page 15 cummer: gee's bend quilts
- page 16 moca: balance and power
- page 17 learn to work with copper

theatre + culture

- page 31 theatre & cultural events

music

- page 32 sound check
- page 32 spotlight: buff clout
- page 33 album review: john vanderslice
- page 33 album review: iggy pop
- pages 34-38 music events
- page 39 record store day
- page 40 steve earle interview

life + stuff

- page 41 inspired by...
- page 41 netscapades
- page 43 view from the couch
- page 44 tv upfronts

movies

- page 45-46 june movies
- page 47 special movie showings

staycation issue *june 09*

**checkout the new section
in the middle of EU!**

jax4kids.com
what, where & when for kids!





image by eric staniford

staycation

n. Also: stay-cation. — staycationer *n.* 1. A stay-at-home vacation. 2. A neologism for a period of time in which an individual or family stays at home and relaxes at home or takes day trips from their home to area attractions. 3. Staying at home during your vacation instead of traveling to a pleasure destination. These have achieved high popularity in current hard economic times in which unemployment levels and gas prices are high. 4. When you're too po' to go anywhere on vacation so you stay home. 5. A dream vacation right at your doorstep.

After schlepping your bags through airport security or spending hours in the car, sometimes you need a vacation from your vacation. Enter the staycation, which not only saves you the trouble of long travel, but saves the Benjamins as well.

You might have never heard of a staycation, but the premise is simple-- getting away from it all without going away. Instead of traveling, you stay in or near your hometown. You can become a hometown tourist, plan fun activities at home, take classes, check into a nearby hotel for some pampering, discover local color or even go on a GPS adventure.

Since we here at EU love the First Coast and all it has to offer, it's only natural that we'd don cheerleader outfits and yell "GO STAYCATIONS!," if only figuratively. Our feature articles cover the outdoors, what to do with the kids on your staycation, romantic staycations and more. Even if you aren't planning a full blown staycation, if you're looking for some things to do this weekend, this issue is a fantastic place to start.

staycation tips

1. **Designate a start and end date.** That way you'll be less likely to simply treat the time as a time to vegetate, and more likely that you'll get a chance to relax and indulge in staycation activities.
2. **Let people know you'll be unavailable.** For at least some of the time, turn off your phone and don't check your email.
3. **Plan out a budget and stick to it.** Part of a staycation is saving money, or least spending what you can afford. To save money you can visit attractions during the week, getting in for a reduced cost or even for free. The Cummer, for example, is free on Tuesdays.
4. **If you must do projects around the house, make sure that they don't become the only thing you do.** Some people might find tiling their bathroom relaxing. For those people, a staycation devoted to home improvement might be viable, unless you have a spouse who doesn't feel the same way.
5. **Document your adventures.** As you would on a regular vacation, take photos to commemorate your activities.
6. **Schedule your staycation with local events in mind.** Take a look at upcoming local happenings, classes and concerts. If there's a particular one that strikes your fancy, then plan your time off around that.
7. **Hire a maid or a cleaning service.** Because a vacation just isn't fun if you've got a pile of dirty dishes to do, and you'd be surprised how inexpensive maid service can be.
8. **Don't do ordinary things.** Plan activities and have fun. If you don't, you risk falling into the trap of watching Judge Judy and Jerry Springer for your whole staycation. While it may be fun to do this for a day or two, it will feel more like a unique experience if you use the time wisely.

» continues on page 4 »

romantic staycation

Instead of going to some tropical isle and spending a bundle on airfare, you can have a romantic staycation with your honey at home. Here are a few of our suggestions if you'd like to stick to the area for your couple's staycation. **by erin thursby**

romantic meals for your staycation

Fix or bring a catered meal home. Add a few candles and the right music for a little romance. It helps also to have the kids be whisked away by grandparents.

Bottega di Bella Sera (919 King St., 387-8483) can help with a gourmet stay-at-home meal. Pick it up and heat it up in the oven.



Theme your meal if you can. Do a tropical island theme or set the table with a red checkered table cloth, some spaghetti and a little vino for an Italian romance. Download some romantic tunes for slow dancing.

One of the most romantic things you can do is to have everything arranged. Tell your spouse that there will be a romantic evening, have them go out for the day and come back at the appointed time. There isn't any romance in decorating your own house with your own hands for your own romantic evening. But if you do the decorating, you'll get to revel in the reaction of the spouse who didn't do all the work, and that's damn romantic. Plus, it gets you brownie points.

Pick a country for your theme and go online. You find lots of suggestions for alcoholic beverages from the nation of your choice as well as dishes and decorations. Most of these suggestions will apply to parties, you'll just be having a party for two.

You can also get all gussied up and go on a real date. Spend the cash on a really swank place you might not otherwise go. Naturally, we suggest Matthews (2107 Hendricks Ave., 396-9922), Orsay (3630 Park St., 381-0909), Primi Piatti (2722 Park St., 389-5545) or anywhere else you've been dying to try.

local b&bs and hotels

You can relax at a local B&B or high end hotel for at least part of your staycation. Because you haven't spent any cash on travel costs, you might be able to stay somewhere local that would normally be out of your price range. It will also get you to look at your city in a new way--you can be the tourist.

Jacksonville's Inn at Oak Street (2362 Gilmore St., 388-4044) in the Riverside district can be a marvelous place for a staycation getaway in our city. The Romance Packages on their website, innat-oakstreet.com, offer some great suggestions for local romance. You can add them on as part of your stay. They can prepare a romantic picnic, private dining, even a horse drawn carriage or a private wedding ceremony. Do make sure you book the services in advance though.

One Ocean (One Ocean Blvd., 249-7402) is located in Atlantic Beach, on the edge of the Beaches Town Center. It used to be the Sea Turtle Inn, but it's been extensively renovated. If you're on budget, make sure you ask about the various charges that are added on (including gratuity in some cases). It's an expensive hotel for our area, but it's in a terrific location, is gorgeous and apparently has an excellent spa. Try their top-notch Azurea restaurant on the bottom floor or just take a walk and enjoy one of the many places in the Beaches Town Center.

St. Augustine is a popular weekend getaway spot for Jacksonville couples, so the **St. George Inn** (4 St. George St. 101 St. Augustine, 888-827-5740) made our list as a place to stay. It's a Euro-style hotel right in the heart of things in the historic district. While there are only 25 rooms, most of them afford a view of the old city gate, the Intracoastal or some interesting part of the historic district. They offer tourist packages for historic or ghostly tours.

Remember, you can have a romantic staycation anytime. Whether it's one day on a weekend or several over a week, you can add a little romance to your relaxation.

everybody should have fun

You can use your staycation to go on a string of different types of dates. Most of the stuff that's consigned as "romantic" is more enjoyed by women than guys. That means that you should make sure that you choose activities that you'll either both enjoy or spend an evening (or day) on a date one or the other would like most. He can take her fly fishing at an ungodly hour and she can drag him out dancing until an ungodly hour. FYI, it helps if these two are not done in the same 24-hour period.

You can also have compromise dates-- if you're both happy going to a carnival for example, that might be an excellent compromise date because it's something you'll both enjoy. A movie night where he picks out one rental and she picks out another is a good example.

Here's a list of just some of the local activities you can share: picnic, visit local parks, fishing, golf on one of the areas many courses, dancing, Apron's cooking classes, going to the Cummer, MOCA and more, checking out the FLUX gallery, walking the Riverwalk, be kids again at Adventure Landing, go on a Budweiser tour, go to the Jacksonville Zoo, hear the Jacksonville Symphony, see a play at the Alhambra, visit Kingsley Plantation or just go to the beach.

The important thing is that you should open yourself up to the experience. When you have a new boyfriend or girlfriend you're often willing to try new things with an open mind and a cheerful heart. That attitude will go a long way towards making your romantic staycation a good one.

spas for your staycation

The key to your staycation is that it be relaxing. Spending some money on relaxation rather than a hotel room can be money well-spent. That's why we recommend blowing a little cash on a day at the spa.

Here are a few of the local spa options:

dr. clayman's miracle spa

2 Shircliff Way

Next to St. Vincent's, right on the beautiful St. Johns river is Dr. Clayman's Miracle Spa. Their body wraps really do take off inches, so if you need to fit in that special occasion dress and you want to look sleek, it's great way to go. Besides the standard facials, micro-dermabrasion and body wraps, they also have a hyperbaric chamber. You can be pampered for as little as \$99 for their dual service packages. Check out their website at claymanmd.com.

the spa at one ocean

One Ocean, Atlantic Beach

The prices at this resort spa in One Ocean seem a little high, until you consider that the prices include a 20% gratuity. No need to tip here. Their menu of services is extensive and even includes hairstyling and cutting. Look at their menu at oneoceanresort.com/spa.

spa at bartram walk

108 Bartram Oaks Walk Drive #201

They'll treat you to a mimosa as you relax in their lounge before your facial. Afterwards, you can open up your lungs with their eucalyptus steam treatment and sweat a little in their sauna. bartramwalkspa.com.

the spa: ponte vedra inn & club

200 Ponte Vedra Boulevard, Ponte Vedra Beach

This is luxury. They might offer many of the same services that other spas do, and for a slightly higher price, but you'll feel utterly relaxed amid gauzy curtains, soft neutrals and water features. Each locker room has a Jacuzzi and the outdoor pool features specialized grottos, each with a different kind of "water therapy." The website, pvspa.com, offers a virtual tour of the place so that you can get a feel for it beforehand.



relax and learn

taking classes by erin thursby

Maybe you've got a list of things you'd like to learn, but you never had the time. If, so you ought to plan your next staycation (or weekend) around learning something new and fun!

learn to cook something new

If you have a favorite restaurant, be sure and ask if they hold cooking classes. Restaurant chefs generally will hold classes anywhere from once a month to a few times a year. For a full calendar of cooking classes, you'll want to check out Apron's Cooking School (10500 San Jose Blvd., 262-4187) inside Publix. It's a 2,000 square foot facility with two kitchen classrooms. They offer everything from the basics to specialty cooking classes. They also hold couples cooking classes, kids and teen oriented classes and visits from celebrity chefs. You can view their calendar online at publix.com/aprons/schools/Jacksonville/Calendar.do.

improving your home improvement skills

Those with a DIY bent might want to head to their local Home Depot and ask about what classes they offer. You can learn everything from how to build your own deck to painting techniques and tile laying. They even periodically offer child-oriented classes, so you and your child can learn together. Go to homeimproverclub.com to check out the types of classes offered.

take to the water

Jacksonville is so close to so many natural water attractions that during your staycation you might want to prepare for your next trip to the beach or the water. You can get scuba certification over the weekend at Scuba Lessons Jax (346-4246, scubalessonsjax.com). Learn to surf at one of our nearby beaches. Most of the local surf shops either provide lessons or have info about who to contact.

time to tango

It's true, there are a number of dance studios you can look up in the Yellow Pages, but if you don't want to go to multiple classes, there's always the free Salsa classes at The Grape in the St. Johns Town Center on the 1st and 3rd Tuesday of every month.

get artistic

One time art classes or series abound here in Jacksonville. You can even take metal working classes with the Itty Bitty Smitty at Bead Here Now (see page 17 for a full schedule). You can also learn specific techniques from local artists at Reddi-Arts or sign up for classes at the MOCA or the Cummer. One of the newest art class offerings comes from the Lakewood after-hours studio called Yes You Canvas (6012 San Jose Blvd., 993-9047) which aims to teach novices who have never painted before in just two hours. It's only \$35 and includes a big 18" x 24" canvas plus all the needed materials. Check them out at yesyoucanvas.com. Couples, groups and individuals are encouraged to sign up and bring beverages and snacks to make a party of it.

Whatever you decide, there are plenty of fun things to learn and do on the First Coast!

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Employees of Touchstone Pictures, EU Jacksonville or Autohaus are not eligible. This film is rated PG-13

IN THEATRES JUNE 19

eco staycation

With school wrapping up and the warm weather here to stay, many of us are planning our summer vacations. Just a year ago, we might have considered the Caribbean or even Europe. However, the economic downturn and the availability of more information about our planet have caused many Americans to think hard about their impact on the Earth and reconsider such far-away destinations. Here are just a few ideas to get you started planning an environmentally themed local vacation, or "staycation." **by anna rabhan**

tree hill nature center (treehill.org) in Arlington features 50 acres of trails, a Florida Natural History Museum, butterfly and hummingbird gardens, and native animal displays. It is the only place within the city where you can see hardwood hammock, swamp area and running streams all in the same vicinity. Executive Director Lucy Cortese says, "Tree Hill is really the best place for a staycation because we're right in the heart of Jacksonville – we're equally accessible to all parts of town. It's really a vacation in your backyard." Their school program educates teachers about environmental issues we face in Northeast Florida, including habitat loss, aquifer pollution and coastal overdevelopment. Saturday programs are used to educate youngsters and their families. Each Saturday has a different theme and take-home project.

the cummer museum and gardens (cummer.org) in Riverside features more than 5,500 objects in its collection and over 2.5 acres of gardens with sweeping views of the St. Johns River and an unbelievable 200-year-old live oak. Associate Director of Marketing Amy Chamberlin says, "I think when you combine both the museum and the garden, you can spend 2-3 hours here... If you're interested in enjoying nature, this is the ideal place to come. We are nationally and regionally known for our gardens." Pick up "A Gardener's Guide to Florida's Native Plants" from the gift shop or visit floridayards.org/index.php and consider creating your own landscape of entirely native plants. These plants usually get all the water and nutrients they need from Mother Nature.

the st. augustine alligator farm (alligatorfarm.com) is the only zoo in the world that has every kind of crocodile and alligator that exists – 23 species. It also features a bird rookery. The Alligator Farm is deeply involved in the breeding of endangered Chinese Alligators, and Director John Brueggen says, "We have a Florida Forest Friends show that... talks a lot about how to make sure that the local forests here in Florida are maintained and that we're not trashing them." Get involved through the website of H.A.W.K.E., the Humane Association of Wildlife Care and Education (hawkewildlife.org). Founder Melanie Cain-Stage describes H.A.W.K.E. as a nonprofit organization dedicated to the rescue and rehabilitation of injured native wildlife.

kayak amelia (kayakamelia.com) in Talbot Islands State Parks offers stunning views of the salt marsh and the chance to view migrating birds, manatees, rays, dolphins, turtles, bobcats



Off to see the salt marshes on the Kayak Amelia eco-tour.

and more. Owner Jody Hetchka says, "We have so many awesome places to paddle and within a couple minutes you won't hear any road noise; you'll be all alone." They offer a variety of eco-tours during which guests are educated about what they see as well as about local environmental issues. "We tell [guests] ... it's really important not to disturb the birds," says Hetchka. "I know everyone wants to get close for that picture, but you have to respect them. This is their house; we're just visiting."

With an estimated 82.5 million people having visited Florida in 2008, the State of Florida website calls it "the top travel destination in the world." What do those 82.5 million people know? They know that Florida has 700 campgrounds, 663 miles of beaches, 11,000 miles of waterways, 4,500 islands and 166 National and State Parks. They know that when Floridians plan their vacations, they shouldn't overlook the environmentally themed staycation opportunities right in their own backyard paradise. As Tree Hill's Lucy Cortese says, "You don't have to go far to enjoy a special treasure."



Alligator Farm keeper plays with her charge.

after your adventure

Check out what the **St. John's Riverkeeper** is doing to conserve water on their website stjohnsriverkeeper.org. There, you'll find out what you can do to protect Northeast Florida's waterways. Riverkeeper Jimmy Orth says, "When we learn about the natural world around us and develop a personal connection and bond to it, we develop a sense of place and are more invested in where we live. We also may save a few bucks and help support our local outfitters, restaurants, motels and other businesses in the process!" Volunteer with the Riverkeeper as part of your staycation. "We have numerous opportunities to help," says Orth. "The best way to get involved is to go to our website or to contact our Outreach Coordinator, Kelly Savage, at kellydsavage@gmail.com."

Another option for enriching your staycation is to learn about conserving water resources by attending the **Duval County Extension Office's** make-and-take rain barrel workshop on June 3. Visit the Extension's website, duval.ifas.ufl.edu, for details.



family staycations

If you have kids and are as strapped for cash as the rest of us, a summer staycation is ideal. No "Are we there yet?" moments, no worrying about Junior getting lost at Disney World, and best of all, no huge hits to your wallet. Here are some ideas on making your family staycation fun and memorable. **by kellie abrahamson**

learn something new

The kids (and their parents) shouldn't turn their brains off just because it's summertime. Set aside some time to take a class this summer. **The Cummer Museum of Art & Gardens** offers classes to people of all ages and skill levels. Enroll the kids in their terrific summer art camp or take advantage of one of the Cummer's "Art for Two Summer Saturdays" sessions. Check cummer.org or call 355-0630 for information and pricing.

If art isn't your thing, what about yoga? **Yoga Ananda**, located in Avondale, offers classes for families and kids. This would be a fun way for the whole family to get fit and unwind. For more info on Yoga Ananda visit yogaanandastudio.com.

Finally, prove that science can be fun by taking a trip to the **Museum of Science & History**. In addition to their fascinating permanent installations, the MOSH will also have Dino-Roar, an animatronic dinosaur exhibit.

Whatever class you choose, be sure to bring the learning fun home as well. Head to the library and check out books on artists to share with the kids, buy a CD of soothing meditation music and play it while cooking dinner, scour the internet for fun science experiments you can do at home. Get creative and the kids won't even know they're in your own version of summer school!

use your resources

If you're on a budget, free is the key. Thankfully, there are plenty of ways to have fun this summer without spending a dime. Your first stop should be the **Jacksonville Public Library**. Heck, between all the storytimes, workshops, exhibits and other special events the JPL offers, it may be your only stop! The library has something going on literally every day of the week during the summer so there's bound to be something that will interest you. Check out jpl.coj.net and see for yourself!

Everyone I know has a stockpile of DVDs in their living room. Skip the cost of a night at the theater and have a **Family Favorites Movie Night**. Pick your faves, pop some popcorn and have your own marathon. You can watch several movies in one night or spread it out over the course of a week, giving everyone a chance to screen their picks.

If you really dig watching movies at the theater, check out **Regal Entertainment's Free Family Film Festival**. For nine weeks the theaters screen G and PG-rated movies for free at 10 am every Tuesday and Wednesday. For theater locations and schedules visit regmovies.com.

get wet!

Everyone knows Jacksonville summers can get brutally hot. There's only one answer to the climbing temps and that's getting wet. Of course we have great beaches and everyone has a garden hose, but there are other places to play in the water that will prove to be way more fun. The most obvious is **Adventure Landing**. Their Shipwreck Island Waterpark has been a family favorite for over



a decade and with new attractions opening seemingly all the time it's bound to have changed since your last visit. Be sure to check their website, adventurelanding.com, for times and, more importantly, specials.

If you haven't been to the **Jacksonville Zoo** in a few years, you probably should if only for their Splash Ground. The super fun kids' area has replicas of ocean life that shoot streams of water in all directions, making this 4,000 square-foot playground a great place to beat the heat.

The most cost-effective water play option is **Kid Kampus in Metro Park**. The river-front playground has an area has two mini-waterparks for kids to splash in, one for older kids and one for those 6 and under. And, the price is right: free!

We've only scratched the surface of what you can do with your family during your summer staycation. With all that Jacksonville has to offer it's easy to come up with a variety of fun things to do each day. Use your imagination and, above all else, have fun! That's what summer's all about!

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don't forget to volunteer on your staycation

Volunteering without the commitment: Hands on Jacksonville by erin thursby

People really do want to give back to their communities, but with squeezed pockets and busy schedules, it can be tough to put aside time and money. If you'd like to volunteer but only have a day or a few hours to spare, Hands On Jacksonville is the organization for you. They work somewhat like a direct temp agency of volunteers for different organizations, providing, among other things, a pool of volunteers for nearly every charity in Jacksonville. They used to be Volunteer Jacksonville, but with the name change there came other changes.

"We're doing more than connecting people to organizations, we're equipping and mobilizing people," says Judy Smith, CEO of Hands On Jacksonville.

That means that they not only provide the volunteers, but also help organize projects, most of which are completed within a day. This ensures that volunteers have the best experience possible and that they feel they've done something to help a person or the community.

What a volunteer can commit to has changed, which is why Smith says the Hands On model is much better for today's world than the old model Volunteer Jacksonville was using. Today's volunteer, she says "want[s] things that have a start and a finish. They don't want to commit themselves to four hours a day three days a week for the next hundred years... They

can't. There just isn't time to [do that] in the information age." Hands On provides the flexibility and fulfillment that the modern volunteer looks for.

Go to their website, handsonjacksonville.org, and you can scope out their calendar, either volunteering for stuff you'd be good at, or looking at days you'd be available. I found the process to be really easy. Once I registered, I signed up for 6 Days, 6 Ramps, a project that builds ramps for the wheelchair bound. I got to wrangle a nail gun, and my experiences in repairing fences on my family's horse farm actually helped. And, at the end of the day, I had the rewarding experience of watching a smiling man descend the ramp, grateful that we'd built a way for him to get out of the house on his own.

I only did one day of volunteering because my deadline was looming and I had other appointments to keep, but those who are up for more of a commitment can sign up for more, even becoming project leaders. If you have a degree

or a talent, make sure you mention it. Hands On Jacksonville wants to utilize the skills you have, whether it's creating art, social networking, organizing an event and even accounting.

"When an organization is limited in their thinking about what volunteers can do," says Smith "the volunteers aren't going to have an optimized experience in volunteering... Volunteers don't want to lick envelopes. They want to change lives."

Hands On accomplishes these positive changes in three areas. "We want to resource schools, alleviate poverty and we want to preserve the earth... We like to call it Hands On Earth, Hands On Schools, Hand on Community."

Whether you decide to volunteer during your next staycation or on a weekend, volunteering can help connect you to the community. The volunteer rate here in Jacksonville is about twice the national average. Lending a helping hand and being a part of a volunteer organization can help you learn more about this city and its people on a wider scale than your morning commute and job will.

To contact Hands On Jacksonville call 332 -6767 or go to their website handsonjacksonville.org. The calendar of volunteer opportunities constantly changes, so be sure to check it out regularly.



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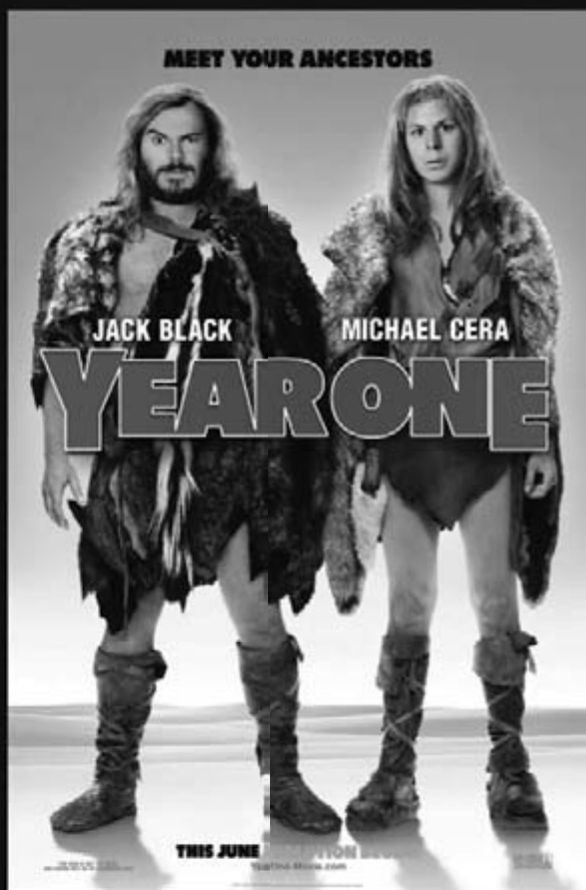
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IN THEATRES JUNE 19



a treasure-hunting staycation

Geocaching by kellie abrahamson

There's a good chance that a treasure chest has been hidden somewhere very close to where you're sitting right now. And it's entirely possible that you pass by two or three more on your way to work each day. The good news is all you need to find these concealed caches is a GPS and internet access. The bad news is you won't get rich once you do, at least not in the way one would assume.

Geocaching ("geo" meaning Earth, "cache" as in hidden storage) is a popular activity that was imagined in 2000 when civilians were given unscrambled access to the Department of Defense's satellite navigation system, making GPS receivers far more accurate. Soon after, an Oregon man celebrated the change by hiding containers of trinkets in the woods and posting their coordinates on the web for people to find. The rules: sign the log book enclosed in each box and if you take something, leave something. And with that a game that is played by over 100,000 people worldwide was born. Today there are 800,783 active caches, some as far away as Antarctica, others as close by as your own neighborhood. In fact, there are nearly 6,000 caches on the First Coast alone, with more being placed each month.

What you might find in a particular cache depends on the type of cache you're searching for. Tiny micro-caches (usually pill bottles or film canisters) only have room for a log book, but larger containers like ammo boxes or 5 gallon buckets are typically filled with goodies like small toys, books, CDs and unusual coins. As I said before, you won't get rich hunting for this kind of treasure; the joy is in the hunt, the prize is what you experience along the way. Often times you'll discover a place you've never been to before- a serene little lake near an office park, a hiking trail rarely traveled, a spot on the river with great views- and that's a big part of the appeal too.

There's a good chance you already have a GPS, whether it's suction-cupped to your windshield for road trips or an application on your smart phone. In any case, once you have the equipment, getting started with geocaching is a snap. Your first step will be heading over to geocaching.com and creating an account. From there you can search for caches near you, and trust me, there are plenty. Once you've picked out a few to hunt for, you're ready to go. It's that easy.

I've been geocaching with my family several times over the years. We're not hardcore like a lot of cachers, we don't plan family vacations around it or go every weekend, but when we're looking for an inexpensive (read: free) thing to do on a lazy afternoon we fire up the GPS, slather on the sunscreen and bug spray and take to the woods. The kids love the idea of treasure hunting; my husband and I like that we're not spending all of our time zoning out in front of the couch. Geocaching has given us a chance to explore North Florida in a new way. We've



found places to camp that most people aren't even aware exist. We've come across beaches so secluded only a handful of people go there each year. It's not only given us something to do on a boring Sunday, it's opened the door for even greater family adventures for another day.

Instead of wasting away your summer vacation sitting around the house, take your family on a real life treasure hunt. Geocaching is a rewarding experience that is well worth checking out during your staycation. For more information on geocaching, including tips on what GPS receivers to buy and how to hide your own cache, visit geocaching.com.

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outdoor staycation

Beaches, Biking and More by madeleine peck



photo by daniel goncalves

For those about to embark upon a staycation, one rule might be observed: turn off the phone; leave an “away” message. Even if you’re only as far away as your Xbox.

But as nicely appointed as your house is, there will come a time when the desire to leave becomes manifest. To that end, there are several places worth exploring. Especially at the beach, but in unexpected corners of Duval too.

For bicycle enthusiasts who count timidity among their traits, the Rails to Trails in Baldwin is 14.5 paved miles through quiet neighborhoods and forest. Originally a part of the CSX line, the trail is perfect for those who like to maunder along, considering their navels as much as their speed. To the trail: Camp Milton (mid-way point), west on Interstate 10 to Chaffee Road (N); go to Beaver Street/90 (W); go to Halsema Road (N); park entrance on right just past Old Plank Rd.

If camping is preferred, there are practically beach-side spots at both Hanna and Hugonaut Park. Hanna Park, located off Mayport Rd., borders Atlantic Beach and boast extensive bike trails as well as a lake for freshwater paddling. Plus, if you can get one, there are tiny air-conditioned cabins for about \$30 a night...but they’re booked out months in advance by hippies in the know.

Huguenot Park, Little Talbot Island Park, and Big Talbot Island State Park. These three parks comprise what locals laughingly call the Redneck Riviera, and with good reason—though incredibly beautiful they boast a wide variety (ahem) of lifestyles and people. The ‘earthiest’ of these (think pick-up trucks, Confederate flags and good-natured pit-bulls), Huguenot Park is one of a number of dwindling Florida Parks where driving is allowed on the beach. Though it doesn’t make for the most aesthetically pleasing experience, it does make toting beach gear a heck of a lot easier. Hugonaut is also open for camping, and allows dogs, unlike the Talbots to the north. Getting there early is recom-

mended, and it has one of the best surf breaks in Northeast Florida. The spot is as unpretentious as it is fun at just \$4.

Little Talbot and Big Talbot offer a more rarefied beach experience. After paying \$4 per car, one then drives along a winding road until finding the beach access that feels “just right.” And though the walk down the walk-overs can seem to take forever, once there its easy to wander off, exploring the wide sand beaches and the crazy, twisted trees that define this stretch of beach. You’ll come back with more than a tan, since these beaches feel like the Florida that Native Americans and pirates once knew. For info ahead of time, check out floridastateparks.org

Of course, for those of use who want a slightly more in-depth exploration of the beach, there’s always kayaking or surfing. For kayaking, check out kayakonline.com and for novice surfers, John Tully’s Surf Camp or the Saltwater Cowgirls are a great way to get started.

Gennie Springs and the Ichetucknee River are both about an hour away and are a delightful way to spend the day. Pack a cooler full of sandwiches and plenty of water, stop on the way in to rent a tube or raft, and float through some of Northeast Florida’s most spectacular landscape. It’s a great way too, to stop and think about ways to preserve and protect wild spaces. Check it out on floridastateparks.org.

So get your staycation on! Northeast Florida has a host of things to do and places to visit. There’s more here than the seemingly endless strip malls and chain restaurants, and it’s worth exploring...it’s at least worth turning the cell phone off for.

finding the perfect summer bicycle by jack diablo

It’s summertime again and that means getting outdoors and soaking up the Florida sun. And what better way to get around than on a bicycle?

This month, EU talked with Freddy Kapel, manager of Cycle Spectrum in Jacksonville Beach, about some of the most popular rides on two wheels.

beach cruiser

If you just plan on kicking it around the beach, there’s no better vehicle than the ubiquitous beach cruiser. In Freddy’s store, it’s the most popular seller and rightfully so. “It’s designed to be comfortable,” Freddy says. The laid back geometry is perfect for a leisurely cruise on the beach itself or to a local restaurant or bar. Most cruisers are single-speed. “Jacksonville is flat and if you’re riding on the beach, it’s less to mess with,” Freddy recommends.

dutch bike

Similar to the beach cruiser in terms of comfort, but built to tackle the city streets is the Dutch bike. Freddy describes the design as “upright like a beach cruiser but hav[ing] wheels the size of a hybrid or a road bike.” Equipped with fenders, racks and chain guards, they are the perfect commuter bike for someone who doesn’t want their pant legs stained with grease or mud and needs to haul a briefcase or the like. Very popular in the Netherlands, they are quickly gaining popularity in the States as well.

road bike

For the more athletically-inclined cyclist, perhaps the traditional road bike is the way to go. Built for speed versus comfort, road bikes are lightweight and allow for higher velocity rides perfect for racing. “A lot of people use road bikes to help set goals for themselves in exercising,” says Freddy. But the road bike can get you to work or any destination for that matter in a jiffy. “It’s great for commuting because it’s quick and nimble.”

single-speed and fixed gear bikes

One bike rapidly growing in popularity particularly in urban areas are single-speed fixed gears. The direct drive of a fixed gear bike prevents the ability to coast since the pedals move with the wheels. People ride “fixies” for a myriad of reasons including the fashion statement they’ve become and what advocates describe as a zen-like experience. Freewheel single-speeds are popular as well for their simplicity. “Single-speeds are great for commuting, in my opinion, because they’re low maintenance,” Freddy points out. With no complicated shifting mechanisms to worry about, they are perfect for those who want to do quick and easy DIY repairs on the fly.

touring bike

If you want to do some long-distance riding, a touring bike might be what you’re looking for. With a longer, more relaxed geometry they keep you comfortable on those epic treks. They can be easily outfitted with racks and trailers for hauling heavier loads than their road bike cousins which also makes them perfect for commutes to the grocery store or work.

With so many options, there’s bound to be a bike that suits your individual requirements and style. So head to your local bike shop and enjoy this summer on the back of a bicycle.

classic beach bars

by madeleine peck

Even those who live in deepest Orange Park are hard-put to resist the siren song of the beach’s nightlife. And not to worry, though developers have their claws in deep, there’s still enough of the old beach spirit alive to keep places like Pete’s Bar, the Fly’s Tie and the Lemon Bar around.

For those who’d just as soon kiss the Blarney Stone as their sweetie, the Fly’s Tie (177 Sailfish Dr. E, Atlantic Beach, 246-4293) is the perfect spot to kick back a few Guinnesses, listen to some Celtic-inspired music (or reggae, for that matter) and admire the way your pedicure (or your sweetie’s) has gotten ruined over the course of your day at the beach. The people here are a mixture of the just-able-to-drinks and the seasoned drinkers. Generally friendly, it’s easy to spark a conversation here and make new friends for the evening.

Pete’s Bar (117 1st St., Neptune Beach, 249-9158) is a longtime beach favorite, made even more attractive by the pool tables and the long bar that runs against the north wall of the building. No dimly lit rooms and soft leather sofas here, it’s a gouged and well-loved beach bar with the itty-bitty, teeny-tiny (and slightly scary) bathrooms to prove it. But what it does have is a ton of character, the kind that lures the country club set and surfers in pretty much equal parts.

The Lemon Bar (120 Atlantic Blvd., Neptune Beach, 246-2175) is a longtime beach favorite. Located on the front patio of the Sea Horse Hotel in Neptune Beach, the bar overlooks the ocean and there is something inexpressibly wonderful about sipping a sea breeze while enjoying one. Enjoy drinks there after grabbing a bite at one of the area restaurants (Tamas Sushi is especially good).

dish update + events

where to eat, drink & be merry **by erin thursby**

Rumors of their demise came long before the actual closing at The Bungalow on Park. They were thought to be shutting their doors back in December, but they re-opened in January, limping along until last month, when they finally closed. If you're looking for restaurant equipment, visit their website thebungalowonpark.com for more info.

As fast as places are closing, other restaurateurs see this as opportunity to get into position for the economic bounce back. Catering by Liz's Liz Grenamyer is one of the partners in a new Jacksonville restaurant on St. Johns Avenue, which has just broken ground. Also part of the partnership: Karen Thomas and John Nagy of Eleven South. Word is that the place will be casual and will be appetizer focused.

Also, gone from the Murray Hill landscape is La Fiesta Mexican restaurant, despite rave reviews of it on JacksonvilleConfidential.com. Board chatter chalks it up to two things--the Murray Hill restaurant vortex which also swallowed 1171 and the La Nopalera effect.

Every Saturday thru December **RIVERSIDE ARTS MARKET** Located on Riverside Avenue as it passes underneath the Fuller Warren Bridge, on the Northbank Riverwalk. Get local, fresh produce. Over 150 artists, farmers and food vendors booths. 10 am- 4 pm. RiversideArtsMarket.com

June 2 **NETWORKING LUNCHEON** Come to the Carraba's Italian Grill on Southside to network with other business people. Bring business cards. Cost is \$20, which includes Carraba's special menu, beverage, salad and bread. If you miss this one scope out the website for an alternate date at NetWorthJax.com. Pay at the door or visit the website to pay online at a discount. 11:30 am- 1 pm

June 3 **RAW FOOD AUTHOR SPEAKS** Chef Paul Nison will be speaking about his new book *The Daylight Diet*. 7 pm- 9 pm \$10. Nassau Health Foods (833 T J Courson Rd., Fernandina Beach), 277-3158

June 3 **MONIQUE BURR FOUNDATION FUNDRAISER** Sure to be tasty because it's at Roy's in Jacksonville Beach. The usual delectable island fusion cuisine along with hula entertainment and even fire dancing. The foundation is for the prevention of child abuse, particularly in Northeast Florida. \$75. moniqueburrfoundation.org or 642-0210

June 4 **FOOD FIGHT** Featuring 50 of Jacksonville's finest restaurants and beverage distributors who come together in friendly competition to "take a bite out of hunger" by raising funds and awareness for the Second Harvest Food Bank. More than 1,200 guests are tempted to taste everything they see from the glorious variety of the finest foods and spirits displayed throughout two floors of the fabulous Crown Royal Touchdown Club in Jacksonville Municipal Stadium. Live musical entertainment, a silent auction and an exciting raffle round out the evening. Since 1989, the Jacksonville Foodfight has raised nearly \$900,000 in the fight against hunger. 6 pm- 9 pm, 739-7074 or downtownjacksonville.org

June 4 **THIRSTY THURSDAY AT THE SHOWHOUSE** Please join The Guild at Ortega Landing for complimentary wine tasting Neil Roberts of PRP Wines will be pouring selections from the company's vast inventory of fine wines. In addition, new Guild members will be serving complimentary appetizers from Sounds Delicious The Guild's cookbook released in 2008. 5 pm- 7 pm. Ortega Landing and Marina. 358-1479 or waters-edge.com/showhouse



Popular in tropical climes, papaya is found most frequently in Thai and Hawaiian dishes. Thai cooking uses green papaya, and the ripe version is found most in Hawaiian dishes. Two basic varieties of papaya exist: Hawaiian and Mexican. Hawaiian is the most commonly found in supermarkets. They generally weigh a maximum of a pound and are more intense and smaller than their Mexican cousins. Papaya varieties vary in taste but most taste like a combination of cantaloupe, peach and pineapple, minus the tartness



The Bungalow on Park

June 5- 6 **WELLBORN BLUEBERRY FESTIVAL** It's blueberry season. Wellborn is just an hour and fifteen minutes away from Jacksonville. If you want to celebrate this little blue berry and you like arts and crafts, check out this small town fest. wellborncommunityassociation.com/aboutus.aspx

June 8 **TASTINGS AND TRIVIA AT THE GRAPE** Let The Grape take control as they take your palate on a global tasting of up to 12 different wines complemented with delicious light appetizers. Bottomless wine glass for \$14! Trivia from 7 pm- 9:30 pm after the first course. Exercise your brain power with questions ranging from Movies, Music and General Knowledge to the World of Wine, but make sure to submit your answer before the song ends! Any size team allowed. No Admission Charge. First course launches at 5 pm. The Grape Wine Bar & Bistro at St Johns Town Center, 642-7111 or thegrape.com

June 19 **CRAFT & IMPORT BEER FESTIVAL** Come to the Jacksonville Municipal Stadium for a day of beer. Join your fellow enthusiasts to sample over 30 different breweries with over 200 beers to taste. Several local restaurants are participating and serving up great food and lively music will keep your feet tapping. Our VIP members will be treated to early entry, beer and brewology school, food pairing and judging classes, and a private selection of beer. General Admission \$25, VIP \$40. 7 pm to 10 pm, beerfestjax.com

June 20 **FILIPINO PRIDE DAY** Into the night, you can experience Filipino pride at the Landing. I'll be there for the food, namely the pig roast. Enjoy entertainment for the entire family at this free event. Cultural performances, singers, delicious desserts and authentic Filipino food. filipinoprideaday.com

June 27 **SUMMER TOMATO BRUNCH COOKING CLASS** Memories are made when family and friends gather round the table on a lazy weekend morning for a brunch. And things get juicy when the meal's stars are ripe tomatoes. Menu will be: Eggs Galatas; Summer Vegetable Succotash with Tomatillo Green Goddess Dressing; Tomato Creole Waffle and Blackened Shrimp with Savory Whipped Topping; Strawberry Shortcake. 10 am. Mandarin Publix, inside the Apron's kitchen, 262-4187

ingredient secrets

papaya

with just a hint or more of musk, depending on the type.

It's a very mild fruit, about as soft as a mango when ripe. A ripe papaya will feel a bit like a ripe avocado and will yield to pressure in the same way. If it caves in at the stem, it's overripe. The color of a ripe or nearly ripe papaya will be more yellow than green. Unripe papaya works well in savory dishes, while the ripe stuff, which is softer and doesn't hold up as well, can be found in desserts.

Papaya starts softening quickly once it's ready to eat, and can become mush in a hurry. It should be eaten soon but can be stored for about a day in the fridge once it's cut up. You can also pop the whole fruit in the fridge for several days to slow down the ripening process, although the texture of the fruit will be slightly different. If you're using the fruit in purees

or recipes where the firmness doesn't matter, you can freeze it in a sugar water solution, about two cups water to one cup sugar.

The seeds can be scooped out and used for other purposes. In some regions, the spicy seeds are dried and then crushed, used as a substitute for pepper. Interestingly, the seeds are thought to have a contraceptive effect on males.

There are actually a number of medical applications that derive from the fruit, in particular from the enzyme papain. This enzyme can also be found in powdered form in meat tenderizers. The natural fruit and its juices have been used for this purpose for quite some time. It's great to add to marinades because it tenderizes while imparting flavor. The leaves are also edible, although their use is far less common.



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cozy tea

Situated near the center of the 5 Points strip, Cozy Tea will remind you more of Avondale than it will funky 5 Points. Maybe it's just a marker of how the neighborhood is changing. **by erin thursby**



chicken curry pastry

An eclectic English tea room, Cozy Tea serves up more than just tea. It's starting to become an alternative lunch spot. The pacing can be slow, which is the complaint I've heard most often from the work-a-day crowd that only has so long for lunch. The owner brought up that problem before I did when I was talking to her, and mentioned that they've got a better handle on it. The atmosphere and enjoyment of a tea room is not generally fast paced, so they suggest you mention you're on the clock, that way they can speed things up a bit.

I don't object to the pace myself, after all, a tea room is supposed to be a bit of a throw-back to a bygone era. But it's understandable that they'd have to make adjustments.

But I am digressing from my main point: the food. The scones are the best I've had in Jacksonville. They triggered a flood of memories taking me back to a breakfast I had in England when I was no more than six years old. Cozy Tea's scones are crumbly but not dry, served with rich, fresh and sweetened cream, along with a lovely cherry preserve made in-house.



The item people are sure to come back for at lunch is the chicken curry pastry. It's a flakey French-style pastry topped with toasted sesame seeds and stuffed with a yellow curry and chicken mixture. I'd call it medium hot, mitigated by the bread around it.



Other popular items for lunch include their quiche and their salads. When I'm there next for lunch I may order the tarragon egg salad tea sandwich or the smoked turkey organic greens and bleu cheese chutney tea sandwich.

They also serve afternoon tea. I love this because I hardly ever eat a mid-day meal until after the lunch rush, when many places close in that lull before dinner. Cozy Tea is good option for food after lunch hour but before dinner. You can choose from full afternoon tea, a light afternoon tea, an even lighter cream tea or a tea with one of their chocolates as a snack. Full afternoon tea is quite a lovely affair. It includes tea, a scone plate with fruit, quiche, soup, salad and a dessert plate for \$17.95. The less involved and cheaper versions would be good if you're not looking for a long meal. The cream tea is a nice, lighter lunch at \$7.50. It includes two scones, fresh fruit, whipped cream and jam.

There is a split plate charge of \$3.50 per plate, something you might want to be aware of if you're trading bites. There's also a split teapot charge at \$1.50 for every additional cup requested. The teapot charge isn't unreasonable because the teapots are a decent size.

There are a dizzying array of teas, which can take a while to pour over. They offer so many different types of teas that you might want to commit yourself to a category (ie. fruit teas or white tea) and then make your decision from there.

Don't forget dessert, and you can always order some of their gourmet chocolate truffles to go. Either order them out of the case out front or you can have a few pieces with your tea.

Shika, the owner/cook/proprietor, is of Indian heritage and she does some amazing things. If you're lucky you might get the chance to sign up for their first Friday of the month Indian dinners. These dinners are much in demand and get booked quickly.

Next time I need to buy a gift, I might well be seeking out Cozy Tea. If you know a friend who loves tea, they have all sorts of specialty tea knick knacks you can buy, like cups that are made to hold tea bags and drain them. The tea pots themselves are worth a look since they're reasonably priced.

If you have the time to do high tea after lunch, or you have a long meeting that could be spiced up with a touch of curry over doilies and tea pots, take it to Cozy Tea.

{ Cozy Tea
1029 Park Street, 329-3964 }



Original art such as this one by Mark George is available at the Art Auction to benefit Brian Hicks

Thru June **Reddi-Arts Gallery** A new art exhibit featuring four local artists: Martha Lever, Kathryn Milkey, William Sundmacker and Sharla Valeski. From Martha Lever's colorful mixed media of poppies and portraits to Kathryn Milkey's plain air watercolors, William Sundmacker's acrylic paintings and illustrations plus Sharla Valeski's graphite drawings and acrylic paintings, it's a feast for the eyes. Reddi-Arts Gallery, 1037 Hendricks Ave., 398-3161

Thru June **Local Mythology** Featured artist, Teri Thompkins will have an exhibit of new original oil paintings in a show titled *Local Mythology*. The newly refurbished cooperative gallery hosts 24 award winning local artists' unique and original art. P.A.S.T.A. Fine Arts Gallery (Professional Artists of St. Augustine), 214 Charlotte St., St. Augustine, (904) 824-0251

Thru June **Corey Moortgat, The Art of Personal Imagery** Author and mixed-media artist, Corey Moortgat, will introduce you to an exhibit featuring pieces created using a fresh approach to collage. Her work blends traditional methods with innovative techniques, capturing both the deeply personal and the delightful. Jacksonville Main Library, 630-2665

Thru August 2 **A Survey of Gee's Bend Quilts** The exhibit features 21 quilts created by the women of Gee's Bend, Alabama. The quilts are designed with innovative pattern variations, reinterpretations and abstract designs that are rooted in tradition, but still hold an original artistic expression. See page15 for more information on this exhibit and related events. The Cummer offers Classes & Programs for Children including Drop-In Art on Tuesdays, Clay Portraiture for Teens on Saturdays, Art Adventures on Saturdays with classes in painting, printmaking, collage and construction with changing themes, Art for Two Summer Saturdays, Lectures, Classes & Programs for Adults on Clay Bust on Tuesdays and Especially for Seniors Talks & Tea, Fragile Treasures: The Meissen Porcelain Collection on June 17 & 18, 1:30 pm. The Cummer Museum of Art & Gardens, 829 Riverside Avenue, 356-6857 cummer.org

Thru August 30 **Balance and Power** This exhibit features 19 installations and examines both the early days of video art and current practices in an attempt to understand the complex relationship between the issues of performance, surveillance and power. Included are works by some of the earliest practitioners such as Bruce Nauman and Vito Acconci, large-scale installations, newly commissioned pieces, and Jordan Crandall's new film, Homefront. See page16 for more information on this exhibit. MOCA-The Museum of Contemporary Art, 333 North Laura St. Info: 366-6911 or mocajacksonville.org.

June 18, 6 - 7:30 pm, **Contemporary Conversations: Surveillance in Video Art- Is what you see, what you get?** This event features a panel discussion of the relationship between the production of art and terror by means of digital technologies. MOCA- The Museum of Contemporary Art, 333 North Laura St. Info: 366-6911 or mocajacksonville.org.

Thru September 30 **Africa's Living Arts** This exhibition features beautiful handcrafted and factory printed textiles that tell stories of Africa's heritage, politics and social values using color, pattern and form to explore the traditional art of communication through adornment and display. Ritz Theatre & LaVilla Museum, 829 N. Davis St., 632- 5555

June 2 - July 4 **Beach Scenes by Gary Mack** June 4 **Tracking Florida History** Lectures on the First Coast with Dr. Jim Miller; Archaeological History of Northeast Florida, Free; All lectures start at 6:30 pm. June 8 - Aug 8 **The Roar of the Race Down the Beaches** 1923 Simplex Piston Ring Special - Vintage Car. Beaches Museum & History Center, 380 Pablo Ave., 241-5657, bm-hc.com

June 3 **First Wednesday Art Walk** Downtown Jacksonville 5- 9 pm Rain or Shine. "Neighborhoods: Art Around The Corner" presented by LISC Jacksonville, showcases photography taken by youth living in the communities it supports and is on display at Fogle's downtown gallery in the Art Walk headquarters at Jacksonville Bank, 100 N Laura St. In Hemming Plaza listen to the sounds of kLoB and enjoy Argentinean tango performances. Printing.com features a new artist series in partnership with the Art Institute of Jacksonville with graphic illustrations by student artists, Jimmy Ward and Nick Villalva. London Bridge Eatery & Pub, Downtown's "neighborhood corner tavern" will have local live music all night. downtownjacksonville.org

June 5 **St. Augustine Art Walk** First Friday of every month from 5- 9 pm, Tours begin at Rembrandtz Fine Gifts for Fun People, 131 King Street, St. Augustine, (904) 829-0065 or staugustinegalleries.com

June 5 - July 31 **I can shift. Cannot steer.** Opening Party on June 5, 5- 10 pm. Kelley Lucas rockets back into the art scene after years of self-exile with a show entitled *I can shift. Cannot steer*. Mr. Lucas achieved considerable notoriety in the lowbrow scene, exhibiting with such high profile artists as Robert Williams, Mark Ryden and Derek Hess, whose work Kelley seems to channel in its acerbic wit and candor. This work was created expressly for the Gallery at Screen Arts. Kelley will be in attendance at the show so come out and meet the man that courageously turned his back on the art scene and hear some stories from the early days of lowbrow when you didn't have to be Leonardo DeCaprio to buy a

Mark Ryden painting. The Gallery at Screen Arts, 228 W. King St., St. Augustine, (904) 829-2838, thegallery@screenartsflorida.com

June 12 **Where Music and Art Collide - Dinner, Concert, and Art Show** International artists Linda M. Brandt, Caterina Lioni, Pauline Collings, Françoise St. Onge-Lynch, Greg A. Morris and Melissa McManus will be featured at this fundraiser. The artists are uniting to help send the award-winning band, J.R. Roberts and The Hooks to the prestigious Rhythm of Gospel Music Awards where they will be representing the State of Florida. Enjoy an evening of great Italian food, fine art, dinner music and a performance by J.R. Roberts and the Hooks. For information and to purchase tickets to this event, please call 759-1106. Seating 1 will begin at 6:30 pm and Seating 2 will begin at 7:30 pm. Tickets: single/\$25, couple/\$45. The Pangea Live, 956 North Liberty St., job.us

June 26 **Art & Music Benefit for Brian Hicks** Join the Facebook group "Resurrection of Booga B" to place early bids on original art by Jacksonville's best artists including Mark George. Comment on any of the paintings at brianhicks.tumblr.com to post a bid. There will be live performances by Tropic of Cancer, Chris Spohn and Mark Gentry of Rein Sanction. Shantytown Pub in Springfield, 22 W 6th St.

Saturdays **Riverside Arts Market** The Riverside Arts Market (RAM) is Jacksonville's spectacular new riverfront artists' market. Beneath the sheltering expanse of the Fuller Warren Bridge structure, this huge all-weather weekend artists' market has over one football field's covered area and will feature up to 150 artists displaying their wares, accompanied by musical entertainment, street performers, food vendors and a fresh produce market. The market will be open every Saturday until December 19. Riverside Arts Market is located on Riverside Avenue as it passes underneath the Fuller Warren Bridge. There is plenty of FREE parking in the Fidelity National parking deck next to the arts market and immediately across the street. riverside-artsmarket.com



Kelley Lucas, Vespa.Consonum

Bank of America's Museums on Us (MOU) This program offers Bank of America cardholders free access to some of the nation's finest cultural, recreational and educational institutions on the first full weekend of every month. For the launch of its 12th season, the program is being expanded to Jacksonville for the first time. In Jacksonville, participating museums include the Museum of Contemporary Art and the Museum of Science and History. MOU's 12th season launched in May and runs through December 2010. Upcoming MOU summer weekends include: June 6-7, July 4-5 (Fourth of July weekend), August 1-2 and September 5-6 (Labor Day weekend).

If you have an art event you would like to have listed in EU Jacksonville, please send information to: info@entertainingu.com by the 20th of the month prior to the event.

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Ages: 6 to 12

Session 1:	June 15-19
Session 2:	June 22-26
Session 3:	July 6-10
Session 4:	July 13-17
Session 5:	July 20-24



July 27 through July 31 **Middle School Art Camp**

is geared especially for 6th through 8th graders who want to expand skills in printmaking, drawing, painting or ceramics, this camp is perfect for establishing a strong portfolio. Sophisticated materials and more challenging curriculum enhance problem solving and team building, incorporating pop culture and elements of interest to pre-teens. For more information or to register, call 355-0630. The Cummer Museum of Art & Gardens, 829 Riverside Avenue, cummer.org

an american enterprise

The Quilts of Gee's Bend at the Cummer by madeleine peck

Quilting is certainly an American enterprise, especially in the context of the African American community in the South. But the quilts and quilters of Gee's Bend are of special interest not just because of their beauty but because of the community that produced them. The Cummer is currently displaying these bits of history and cloth.

Located about 30 miles southwest of Selma, Alabama, Gee's Bend (also known as Boykin) is located at a deep bend in the Alabama River. In this very poor African American town quilting was born of necessity, became a social event and later a community-wide calling. During the 60s, the quilters of Gee's Bend played a role in the Civil Rights movement: specifically voter registration and the selling of handicrafts to boost families' incomes. In return, the whites in power removed the ferry that connected them to the county seat, Camden. They were without ferry service for 44 years; it began anew on September 18, 2006.

It's tempting to consider the Quilts of Gee's Bend purely as a creative and geographic anomaly. It might be better to consider them the emissaries of the transcendent nature of the creative impulse. That is not to vault into an arena of hand-wringing sincerity, but rather to consider the similarities in thought process between the American artists of the 1940s-1970s and the works of Gee's Bend.



Mary Lee Bendolph (b. 1935), *Strips*, 2003, cotton, cotton/polyester blends, 97 X 80 in., Courtesy of the artist, William Arnett and Tinwood Alliance. Photography by Steve Pitkin/Pitkin Studio.

Painters in the post WWII era took ideas from the European school and used them as points of departure for works and theories that would later be identified as wholly American. Manifested often as artistic choices, it is fascinating to see these choices mirrored in the works of an isolated community far removed from the Cedar Bar.

In this isolation (it took over an hour by car to reach Camden), classic quilt patterns began to evolve. Because the quilters used old clothing, bits of rag and old feedbags from which to piece the quilts, it was often hard to make the pieces fit a pattern. Eventually, new patterns emerged from the old, and more recent quilts are abstract compositions as accomplished as any in the canons of art history, using far humbler materials.

It's this aesthetic quality combined with the poverty of the Gee's Bend quilters that makes the works so compelling. Though most contemporary quilters understand the quilts as art, perhaps it is most instructive to view the oldest quilts on view...they were originally made to keep folks warm.

A Survey of Gee's Bends Quilts, The Cummer Museum of Art and Gardens, 829 Riverside Ave., 356-6857.

gee's bend events

A Survey of Gee's Bend Quilts will be on view at the Cummer Museum through August 2. The exhibit features 21 quilts created by the women of Gee's Bend, Alabama, almost exclusively the descendants of African American slaves. While the older quilts tell stories of harder times in Gee's Bend, including the Great Depression, the Roosevelt era, and the Civil Rights movement, many of the newer quilts seem to resonate with happiness, freedom and optimism through the use of their bright colors and bold designs. Today, the quiltmakers are free to explore their creativity as artists and not merely as homemakers. This very popular, widely-traveled quilt exhibition has received national acclaim.

Special programs and events for visitors throughout June include:

June 2, 4- 9 pm **Family Night** Enjoy live music from Ritz Voices, a community quilting bee, art making and a variety of hands-on experiences inspired by the exhibition. FREE admission.

June 13, 3- 4 pm **Grandparent and Me** Enjoy storytelling, art making and spending time with your grandparent. Ages 6-12 and one grandparent. Members \$10 per pair, Non-members \$15 per pair

June 16, 7 pm **Cummer Theater: Gee's Bend by Elyzabeth Gregory Wilder** An emotional celebration of family tradition and the power of the individual, Gee's Bend spans 70 years in the lives of three Alabama women. The Pettway women are strong African Americans, direct descendants of Black Belt slaves living in one of the poorest regions of the country. Commissioned for the Alabama Shakespeare Festival and based on stories gathered from surviving Gee's Bend quilters. This play was produced in partnership with Players by the Sea. Members and Non-members \$5. Reservations are recommended. For reservations or more information on any of these activities, phone 355-0630. cummer.org

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i see you seeing me

Balance and Power at MOCA by madeleine peck

I must admit, when it comes to video works, I am something of a Luddite. That is to say, often, I don't really get it. Perhaps it's a conditional failing on my part, because I have notions of traditions and narrative commingling to produce linear expectations of craft and story.

However, as cultural and anthropological documents, the videos not only illuminate the ethos of the times in which they were created, but also theoretical trends and technological capabilities. As such, it might be accurate to say that as far as tangible evidence of a period, film/video has it over just about everything else.

In considering video works, it can be instructive and entertaining to consider the social and cultural milieu in which they were created. Under this rubric, the pieces in the current MOCA show: *Balance and Power: Performance and Surveillance in Video Art*, that exist both as artworks and social documents those considered here.



Jenny Marketou, *99 Red Balloons: Be Careful Who Sees You When You Dream*, 2005

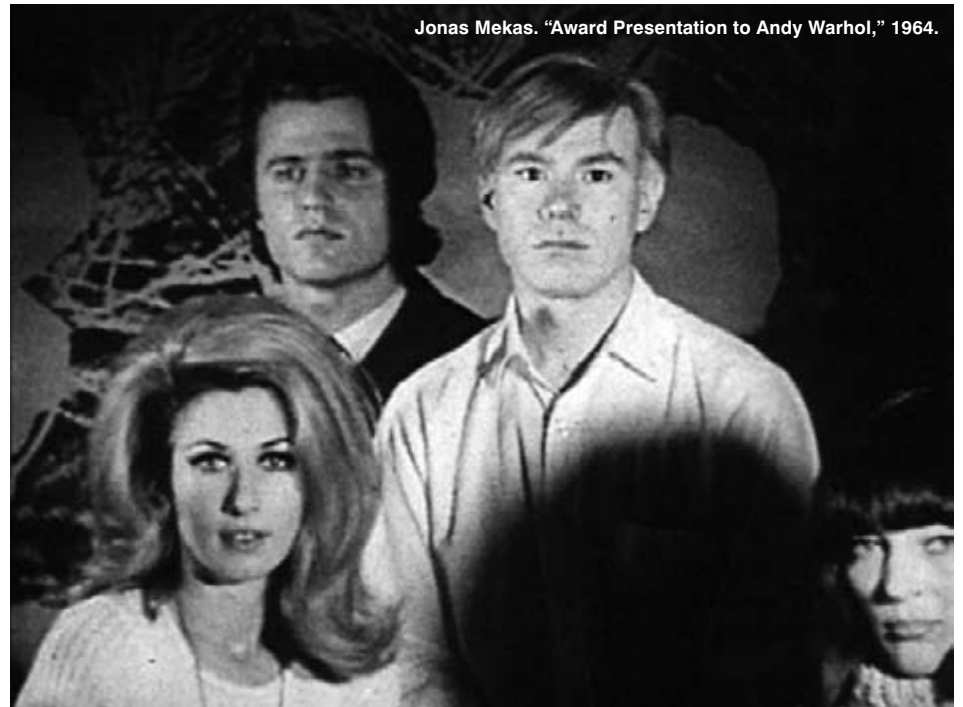
Most obviously the Jonas Mekas piece, *Scenes from the Life of Andy Warhol* (1963-1990) gives the viewer a glimpse into the proscribed artifice presented by The Factory. Of course, Warhol and his coterie were posing and preening for the film, artfully arranged heightening the (even then) extant impression of artifice, exclusivity and sexual ambiguity.

The literal centerpiece of the show, Tiffany Holmes's *Your Face is Safe with Me*, (2005) is looped directly into the museum's security system, thereby laying bare the viewer's inherent participation, though usually discrete, in the inner workings of the institution. As a work, it parodies both security systems and video games.



Kristin Lucas, "Involuntary Reception," 2000.

Video as intrusion is certainly a part of the larger view of the surveillance works included in the show. However, none is quite so confrontational as Vito Accondi's *Centers* (1971). In the piece, the artist stands framed in the camera from the shoulders up, pointing his finger directly at the center of



Jonas Mekas, "Award Presentation to Andy Warhol," 1964.

the camera, and by extension, the viewer. His face furrowed in concentration, Accondi's piece is an aggressive stance bordering on anger. With his frizzy hair, receding hairline and vaguely disappointed air, the work upsets viewers perhaps because of the perceived temerity to present himself, in all of his "unglory," as the subject of his own work...one where he transforms the relationship of viewer and viewed.

Lobby 7, (1999) Jill Magid's self-surveillance work places the artist in the main lobby of the Massachusetts Institute of Technology hijacking the schools surveillance system. Armed with a lipstick tube sized video camera, Magid runs it under her clothing and through her hair. The tension in the piece comes from the macro-views of the artist herself. How far will she go, what will she reveal? Innocuous body parts become suggestions of sexuality, and indeed, for those who wait long enough, there is a glimpse at her most private self.

Though video works are not disputed as artworks, as art objects, they defy "objectness." So Jim Campbell's piece, *The Library*, (2004) merges surveillance with an object. The piece, is custom made electronics comprised of digital tools translating empirical information relating to the passage of time with an LED surface. *The Library* is ghostly and aesthetically appealing with historic overtones.

Taken as a whole, the *Balance and Power* is unsettling, less because we are being surveilled—that is a foregone conclusion—and more because of the opportunity to reflect upon one's own place in the camera-regulated world in which we live. And the possibilities this presents for {ahem} less than distinguished representations of one's august self.



Muntadas and Marshall Reese, "Political Advertisement VII: 1952-2008," 1952-2008.



pound out your troubles

be a coppersmith by erin thursby

There's something Zen about pounding a piece of metal with a hammer. It eases the sting of the world's frustration. And by the time you're done you might even have something useful.

In the back of Bead Here Now (1051 Park St, 475-0004), a bead shop in 5 Points, you'll find the hidden Itty Bitty Smitty, where Robert Noelke pounds out copper bowls and works with metal. He has had experience in a large metal works company, but these days his work is more sculptural. The concept for his and artist Jay Shoots' metalwork sculpture has been chosen to possibly go in the Town Center at Atlantic and Neptune Beach at the end of Atlantic Boulevard.

In his class I learn to anneal copper, to pound it into useful shapes, make it iridescent and, best of all, I get to use a blow torch. The other two classmates make a jewelry tray and a large copper bowl. I make an entirely decorative and non-functional piece that nevertheless looks pretty cool and eventually goes in my garden in front of a potted marigold.

Shannon Reeves holds classes in the front for the more intricate jewelry-making classes. Guests come in to teach other classes such as glass bead making, chain mail techniques (that's right, you can make your very own chain mail purse after the class) and more. Class sizes are limited (sometimes only two people in a class) so you'll get the attention you need. Check out their class schedule this month:

Sunday June 7 at 12:30 pm- 2:30 pm **Copper Bowl with Robert** Learn to anneal, texture, shape and patina. Investment: \$50 includes material

Thursday June 11 at 6:30 pm- 8:30 pm **Basic Wire with Shannon** Learn to make wire links to create a bracelet. Investment: \$20 + material

Thursday June 11 **Bang Your Own Bangle with Robert** Learn the basics of coppersmithing with techniques such as annealing, texturing, shaping and patina. Investment: \$30 includes material

Sunday June 14 at 12:30 pm- 2:30 pm **Beginning Soft Glass Bead Making with B Ashley of Riverside Art Glass.** Investment: \$50 includes material

Thursday June 18 at 6:30 pm- 8:30 pm **Hammered Copper Earrings with Shannon** Create a funky pair of hammered copper earrings. Learn to anneal, texture, shape and patina. Investment: \$45 includes material

Sunday June 21 **Comprehensive Copper with Robert** In this class you will learn with copper sheet to create a masterpiece of your choice. We will learn the basics such as texturing, annealing, forging, shaping and patina. Ideas include masks, bowls or jewelry. Investment: \$100 includes material

Thursday June 25 from 6:30 pm- 8:30 pm **Basic Beading with Shannon** Learn the basics to create a personalized necklace that reflects your true self. Investment: \$15 + material

Thursday June 25 6:30 pm- 8:30 pm **Silverware Bangle with Robert** Choose from Robert's selection or bring your own silverware to create a fun bangle. Investment: \$30 includes material

Sunday June 28 at 12:30 pm-4 pm **Copper Mask with Robert** In this class you will create a unique copper mask. Bring some ideas and Robert will help you create. Investment: \$75

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entry info inside

more inside 

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letter from the editor

Dear Readers,

Summer is here and it's a great time to plan fun activities for the family to do together. We hope you'll log on to Jax4Kids.com and let us be your guide to fun all summer long, whether it's summer camps, weekend activities or taking a "staycation" in your own backyard. This month's **Jax4Kids.com To Go** is all about Summer Fun! There are lots of places to go and things to do that won't even use a full tank of gas. Why leave town when there is so much to do here in the North Florida area? See pages 6 and 7 for more details. You'll also find a guide to the many free and low cost movies available at theaters throughout the summer. One of this summer's sure hits is the delightful new Disney/Pixar film *UP*. We've included a couple of games from the movie for kids on page 9.



During the summer and all year long, keeping kids safe is of the utmost concern for all of us who love and care for children. Included in this issue is important information on protecting your kids' skin from the sun and the first of monthly water safety tips from our friends at the YMCA. With more time on their hands for surfing the net, we've also included safety on the web for kids.

We strive to make Jax4Kids.com the best resource it can be. Many of you have filled out our brief survey online and we thank you. I hope you will consider sending us your suggestions and ideas, because the site is for YOU and your input is always welcome. If there is anything you would like to see added to Jax4Kids.com, please let me know by sending an e-mail to editor@jax4kids.com. An upgraded Jax4Kids.com is coming soon!

I wish you and your families a very safe, fun and happy summer!

Until next month,

Alison Peters-Carlson
Editor

alison peters-carlson
Editor editor@jax4kids.com

katie lay
Associate Editor katie@jax4kids.com

cindy sturgill
Administrative and Sales Assistant cindy@jax4kids.com

amey garrison
Advertising Sales amey@jax4kids.com

ryan strasser
Creative Director ryan@gofreshdesign.com

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the experts

skin care

The Sun & Your Family's Skin

by Sanjiva Goyal, M.D., F.A.A.D.

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Florida is known as the Sunshine State, so understanding how to protect your skin is a must! As a parent you have to worry not only about your own skin, but about your children's skin as well. They are especially susceptible, and unfortunately even young children can get skin cancer. Consider the following information when it comes to teaching your children the importance of skin protection.

Why is sun exposure harmful to skin?

Sunlight contains ultraviolet (UV) radiation in the form of UVA and UVB, both of which are damaging to skin. UVA causes tanning, premature aging and wrinkles while UVB causes sunburns. Both types can significantly increase the incidence of skin cancer.

Can you protect your family's skin from sun damage?

Yes! Try to avoid being in the sun between the hours of 10 a.m. and 4 p.m., especially during the summer months. Plan your day to enjoy the beach or pool after 4 p.m. when it's still warm but the UV rays are not as intense.

Wear sun protective clothing especially at the beach or pool – this type of clothing can be purchased from most sporting goods stores or online. I believe it is more effective than sunscreen and easier to use because it maintains its protection even when it is wet. This is a particularly good option for kids! Also don't forget to wear a broad brim hat to protect the face.

Apply a broad spectrum SPF 30 sunscreen for all other exposed areas. It should be applied 30 minutes before exposure and reapplied at least every 2 hours. Although studies have shown that using SPF 15 is adequate, I believe that using a SPF 30 compensates for the fact that most people only use half the amount they need to give them the labeled protection on the sunscreen container. If you are swimming or sweating significantly then you should reapply the sunscreen at least every hour.

If my skin only tans and never burns, am I safe?

No. This is an old belief that has now been proven to be false. In fact, when tanned skin is studied microscopically it shows "sunburn" cells which are the same damaged skin cells you see in sunburned skin. Even people who tan do develop skin cancer!

Do not let your children swim with food or chewing gum in their mouths. If they were to take in water, the food or gum could block their air passages and cause choking.

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dentistry

Establishing Good Habits, Early!

by Dr. Anjali Jain Lueck

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In sitting down to write this article, I draw on experiences as a dentist and as a Mom. As parents it is our job to guide our children towards establishing healthy habits. We continuously strive to encourage the development of good nutrition, education, manners, and fitness in our kids. As summer approaches, I challenge parents to add dental hygiene to that never ending list! 90% of all dental problems are preventable. As healthcare becomes a central issue in today's headlines, prevention becomes a key solution to lowering health care costs.

The following are some ways to promote good oral hygiene and lifelong dental health for your kids:

• Brushing

Kids need to brush with a fluoridated tooth paste for two minutes at least twice a day, every day! I recommend in the morning after breakfast, and before bed. Ideally, they would also brush after lunch as well if time permits. Children under the age of seven need parents to assist in this pursuit. They lack the manual dexterity to effectively cleanse all areas. Make it fun! "You start, I'll finish" is a line I often use with my three-year-old. We play a song and encourage brushing for the entire duration of the song. Many bright, colorful brushes are on the market today. Sometimes a character brush is just the gimmick a parent needs to get a young child excited about brushing. Check your older kids mouths periodically as well, they are notorious for missing plaque buildup around the gum line and hard to reach posterior teeth. Your dental hygienist is a good resource for teaching your kids about good brushing technique.

• Flossing

This is a tough one. As a dentist, it is hard enough getting adults jazzed about flossing, let alone kids! That is why I really encourage parents to start flossing their kids' teeth at an early age. My goal as a dentist and a parent is to have flossing become as common a habit as brushing. Despite what advertisers tell you, flossing is the most effective (and economical) way to remove food from in between the teeth, reducing both cavity and gum disease rates. Brushing removes around 65% of oral plaque, leaving a staggering 35% left in between the teeth! Begin this habit early with your kids (I started flossing my daughter when she turned three). Floss on a handle is a great way to introduce the habit with young kids. Wiggle the handle in between each tooth and show your child when food gets released. Save this activity for the evening; there is more time and the accumulated food from the day gets released.

Summer is here...and it's a time to slow down, relax, and enjoy our children. It is also an opportunity to begin fostering lifelong healthy habits. Get excited, get involved, and remember, there is no more powerful way to teach than by example. Kids are always watching what their parents do, so get out the brush and floss and take care of your teeth, too!



visit jax4kids.com
what, where & when for kids!

resources pages

to find local resources on health, hospitals, emergency numbers and more



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Q Where is money made?

A At the U.S. Mint production facilities in Philadelphia, Pennsylvania; Denver, Colorado; San Francisco, California; and West Point, New York. There is also a U.S. Mint in Fort Knox, Kentucky, where money and other valuables are stored but not made.

Q Why are there different coins?

A Each coin is worth a different amount. A penny is worth 1 cent. A nickel is worth 5 cents, a dime is worth 10 cents and a quarter is worth 25 cents. Less commonly used coins are the 50-cent coin, also known as a half-dollar, and the dollar coin, which is worth 100 cents. You can add coins together to make the exact amount of money you need to buy things.

Q What is a penny made of?

A A penny is made up of 97.5 percent zinc and 2.5 percent copper.

Q What is on the back of a nickel?

A The building on the back of many nickels is called "Monticello," a large home that President Thomas Jefferson designed and built for himself.

Q Who designed the quarter?

A The president who proudly graces the front of the quarter is our first, George Washington. The initials "JF" at the base of his neck belong to the coin's sculptor, John Flanagan.

Q What does the phrase "dime a dozen" mean?

A It's a term that means something is "easy to get."

Stop by each month for more fun information and facts about money!

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CLIX
portrait studios

Win a portrait session for your kid(s)! To enter, email a photo of your child or children to photos@jax4kids.com with the words "Photo Contest" in the subject line and include your name, address, phone number and the names of the children pictured. You can also enter by mail. Send photo and contact information to: Photo Contest c/o Jax4Kids.com, 12620-3 Beach Blvd., #202, Jacksonville, FL 32246. If you would like the photo returned, indicate that with your entry and include a self-addressed, stamped envelope.

Winners will be chosen at random from all photos received by 2 midnight on the 20th of the month. Winners will be notified by e-mail or phone on the 21st day of the month. In the event that the 21st falls on a Saturday or Sunday, winners will be notified the following Monday. Contest is open to all families residing in North Florida or South Georgia.

Winner will receive a family portrait package from CLIX Portrait Studios valued at \$119.85 including a free sitting fee, 1 pose package with 3 sheets of pictures in the sizes of your choice.

You may choose sheets of either 1-8x10, 2-5x7's, 4-3x5's or 8-wallets. Plus you will also receive a CLIX Club Card which includes a free 8x10 and 10% off of any purchase and free sitting fees for 2 full years!

Photo session must be scheduled by the 20th of the following month.



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www.jaxfamilydental.com



nutrition

Healthy Summer Foods

by Aurea Thompson, MSH, RD, CSP, LD/N
Board Certified Specialist in Pediatric Nutrition
Wolfson Children's Hospital

Let's face it...the summer months can present a challenge for feeding your kids and teens on the go! Whether it's summer camp, going to the beach, or packing the family in the car for vacation, nutrition does not have to suffer for convenience. When meals and snacks are not planned ahead, kids will turn to vending machines and fast foods. It's OK to occasionally have foods from these places, but it should be the exception and not the rule. With some practice and a little forethought, you can create healthy meal and snack options to keep your kids growing and nourished over the summer.

Some people automatically think that only fruits and vegetables count as "healthy" foods, but don't forget that kids also need healthy carbohydrates, protein, fats and many other vitamin-and-mineral-rich foods as well. How do you get these? Well, here are some tips to get you started:

- Make sure your child's snack contains protein to keep him/her fuller longer and prevent that sugar rush, or wide fluctuations in blood sugars, that can result from snacks containing primarily carbohydrate and sugars. Examples of healthy protein-containing foods are string cheese, graham crackers or rice cakes with peanut butter, hummus with vegetables or pita wedges, yogurt with fruit and granola, cottage cheese with fruit, or dried cereal with nuts and/or dried fruit. Any of these foods are also good sources of calcium and fiber.
- Buy snacks with at least 3 grams of fiber per serving to help them feel fuller longer; check the labels for serving sizes.
- Pre-portion your snacks at the beginning of the week in sandwich bags or plastic ware so they are ready to grab when you need them; your child will be less tempted to buy something out of the vending machine and you will save money on buying pre-packaged snacks. Crackers, pretzels, veggies, pita wedges, and even hummus can be pre-portioned.
- When choosing fresh fruits and veggies, choose different colors using the rainbow as a guide – for example, think red cherry tomatoes, orange carrots, yellow mangos, green peppers, blueberries, and purple plums. That way you can get a variety of vitamins and minerals that your child's growing body needs.
- Prepare a non-perishable snack box for the car including items like high-fiber granola bars, trail mix, non-refrigerated snack puddings, dried fruits (apricots, raisins, and dried cranberries), nuts or whole-grain crackers containing no trans-fats. When you leave for a trip, you can add fresh fruit to this travel box as well.
- Have several cold packs ready to go in your freezer for taking perishable foods along when you need to.
- If you are running late, instead of stopping for fast food, consider making quick nutritious meals at home such as: scrambled eggs and whole wheat toast, peanut butter and jelly sandwiches, bagels with cream cheese, "breakfast" burritos and granola and yogurt parfaits (see below), or grilled cheese sandwiches.

Breakfast Burritos

Here's a recipe kids can help with. Let them wash peppers, peel onions, and even crack eggs...if you dare! Be creative and add mushrooms, spinach or even asparagus. When everything is cooked, let them create their own burrito!

Ingredients Needed:

Small to medium tortillas
Shredded low-fat cheese of your choice
Eggs (try Eggland's Best with healthy Omega-3 fats)
Frozen pre-cooked turkey sausage links or patties
Onion and/or green pepper
Olive oil
Salsa
Fat-free sour cream

Sautee onion and green pepper in a skillet with olive oil; drain. Heat sausage through and set aside. Scramble the eggs; cut up turkey sausage and mix into the eggs. Place egg and sausage mixture in a tortilla and begin layering with the onion, green pepper, cheese, and sour cream. Roll and dip in salsa if desired.

Granola & Yogurt Parfaits

Let your kids pick out which fruits and yogurt they like best. Below are some suggestions to get you started. Children love to make their own!

Ingredients Needed:

Granola
Blueberries
Strawberries
Fat-free or low-fat vanilla yogurt
Parfait glasses (any tall slender glass or plastic cup)

Spoon yogurt in the bottom of the glass; add a layer of blueberries, then granola, another layer of yogurt, strawberries, and then granola. Repeat the sequence.

These parfaits are also good with raspberries, blackberries and pecans!

There are plenty of opportunities to keep your kids well-nourished over the summer. Remember, you are the best role model for healthy eating for your kids. Just plan ahead whenever you can and enjoy!

a positive attitude

Lifetimes of Striving to Accumulate More...And Really Having Less

by Dawn Grant, Mental Training Expert
www.dawngrant.com

How much of your life is spent thinking and believing things like: *I will be happy once I have that house/car; things are awful because I am losing my house/car; I'm not successful because I am not as far in my career as I should be; or the economy is crashing, this is tragic, we won't be able to have the things we are supposed to have.* Generation after generation of people believe happiness can only be felt once one has made it to a certain stage or position in life, or *once I have the job, the house, the car,* and the list goes on and on, leading to an endless pursuit of false happiness. Some feel like they are not good enough unless they have these things. Well, enough is enough, literally and figuratively!

What we are experiencing with our economy is a direct reaction to this way of thinking and believing. If you look up from this article right now and see the people around you, you will observe them sleepwalking through life. Most people are so caught up in the thoughts in their mind, the "shouldas/couldas/wouldas" and the what-ifs, they are disconnected from the amazing things present in that moment-both within them and around them.

Rather than buying a key to that house or car, or being upset that the key to your house or car is being taken away from you, recognize it was never yours to begin with. It never will hold the key to your happiness. See it this way: You borrowed that book of knowledge and now you are returning it. The wisdom you have gained is priceless...the recognition that the simple things in life bring far greater joy and their only cost is your time and awareness of them. Awareness is the key that opens the door to THE wonderful, fancy, glitzy, shiny life that is patiently awaiting you to wake up and be present in it. Awareness of: being present in moments, negative thoughts and ridding oneself of them, the silver lining that exists at all times, the uniqueness in each of us...acceptance of ourselves and others, the many simple things in life to feel grateful for, and the incredible feelings in our bodies from just being alive.

As a parent, the greatest gift we can give our children is having a parent that is present in life each and every day...living moments positively and fully. Your child deserves this gift!

About the Author

Dawn Grant has an obvious passion for helping others and has been able to help thousands of people make profound, positive life changes through her mental training and the utilization of advanced techniques of hypnotherapy. This impact has drawn people hundreds of miles to experience private sessions; and has created the opportunity for her to speak and train others worldwide. As a Mental Training Expert, Dawn offers sessions in person and over the phone, motivational speaking to groups, and informative workshop instruction. From the knowledge acquired over the years, Dawn has created a workshop series for children called Positive Thinking, Power of the Mind for Kids.

kids in the kitchen

Fruit Salsa & Cinnamon Chips

Tools Needed:

- Water squirt bottle
- Scissors or pizza cutter
- Baking sheet
- Apple corer
- Knife or food processor/chopper

Ingredients Needed:

- 4 Granny Smith apples
- 2 kiwis
- 1 pint strawberries
- 2 tbsp. juice from an orange
- 1 tsp. orange zest
- 2 tsp. (or less) brown sugar
- Flour tortillas
- Cinnamon sugar

Directions for Salsa:

Core apples, chop into 1/4 to 1/2 inch pieces (fun in the food processor or with chopper). De-hull strawberries and dice. Peel Kiwi and dice. Mix fruit together and coat with juice, zest & brown sugar mixture. Cover and chill.

Directions for Chips:

Preheat oven to 400 deg. F. Spray baking sheet with Pam. Mist one side of Flour tortillas with water. Cut into triangle wedges (4 - 6 per tortilla is a good size) and arrange on baking sheet, damp side up. Sprinkle with cinnamon sugar. Bake for 3 to 5 minutes until crisp. Allow to cool before serving with salsa.



Plan A Summer

staycation

by Natasha Chapman

With gas prices climbing again and the economy still low, why not make this the summer you vacation in the same place where you live? You can take a break from the routine, unwind, learn something new, eat well, and have FUN (without the travel and lodging expenses) by having a vacation right here in North Florida.

"There are good things out there...you just have to find them." If you've ever heard that saying, today is the time to pay it no attention. Here are a few ideas right now to help you get started on your vacation in Jacksonville...more are available, as always, at Jax4Kids.com!

(Note: The venues that follow are arranged from North to South)

Jacksonville Zoo and Gardens – Northside

The Jacksonville Zoo is a can't-miss destination in Jacksonville. Even if you've been before, it's worth a second or third trip...because there is so much to see. In addition to the plethora of animal exhibits (like Plains of East Africa, Great Apes, Wild Florida, Range of the Jaguar, Giraffe Overlook, River Valley Aviary, and more), don't miss the daily Keeper Talks and 2.5 acre Play Park, which includes a Splash Ground and Plaza, mazes, a Discovery building, a tree house, and petting area.

The cost for regular admission is \$13 for adults (ages 13 and up), \$11 for seniors, and \$8 for children ages 3-12. The Zoo is open seven days a week, from 9am to 5pm on weekdays and 9am-6pm on the weekends (extended weekend hours run through Labor Day). You are not allowed to bring food into the Zoo; however, there is a picnic area outside the zoo where you can enjoy your own picnic lunch. Just get your hands stamped before you walk out and you'll be allowed re-entry into the Zoo after you've eaten lunch.

www.jaxzoo.org • 904-757-4462 • 370 Zoo Parkway



Hanna Park – Atlantic Beach

For \$3 per car, your family can enter the natural hideaway that is Hanna Park. This park offers a pristine beach; campground, hiking and biking trails; a 60-acre freshwater lake for kayaking, paddle boats, and fishing; lakeside picnic tables; and a water playground where kids can play with water-squirting devices. Did you know that Hanna Park also has cabins with enclosed porches? The cabins do not have any amenities or furniture but are great protection for those seeking nightly relief from the elements – And nearby you'll find bathhouses with hot and cold showers, sinks, mirrors, and electrical outlets. The cost for cabin rentals is \$33.90 per night for up to four people with a two-night minimum. A \$50 deposit required upon entry. During the summer, the park is open daily 8am-8pm. Other times of year, it is open until 6pm.

www.coj.net • 904-270-1560 and 904-249-4700 (campground)
500 Wonderwood Drive, Atlantic Beach

Watercraft rate info: www.nauticaescapes.com/hannaparkrental.htm

The Museum of Science and History (MOSH) – Downtown

The Museum of Science and History is a fun place for kids and adults to learn about science, history, space, Florida's history, and more. You'll find lots of fun and educational hands-on exhibits; planetarium shows that take visitors on a tour of the current night sky; an indoor play area for kids; and daily programs like Extreme Science Show, Animal Feedings, and Creature Feature.

Be sure to check out MOSH's "Dino-Roar" exhibit, a state-of-the-art animatronic feature on display through September. At the Dozing with Dinosaurs public camp-in on July 18th from 6:30pm through 7:30am, you can spend a night at the museum and sleep under the dinosaurs. Campers will enjoy an Extreme Science show, taste Liquid Nitrogen Ice Cream, rock out to a Dino-Rock Cosmic Concert, and more. But beware...dinosaurs snore! Visit the museum website for more details or to make reservations.



Other permanent exhibits include a Naturalist's Center, with live turtles, lizards, snakes, and birds; Atlantic Tales, a hands-on exhibit with life-sized models of whales, dolphins, and manatees; and "Currents of Time", an exhibit that takes visitors on a walk through 12,000 years of Jacksonville history. The museum's newest permanent exhibit, "The Body Within," is sponsored by Baptist Hospital and takes visitors on a journey through the body from the inside out.

Museum hours are Monday – Friday, 10am-5pm; Saturday, 10am-6pm; and Sunday, 1pm-6pm. Admission to the museum is \$9 for adults, \$7.50 for seniors 55+ and active military, and \$7 for children ages 3-12. Memberships are available.

After your visit to the MOSH, why not have a picnic lunch at Friendship Fountain, located only a few steps away? Then stroll over to Treaty Oak Park, which features a huge oak tree that is over 70 feet tall and more than 25 feet in circumference. Wrap up the day with a ride on the nearby Skyway Express for only 50 cents each way. A departure point is very near to the museum.

www.themosh.org • 904-396-6674 • 1025 Museum Circle
Friendship Fountain • www.downtownjacksonville.org • 835 Museum Circle
Treaty Oak Park • www.downtownjacksonville.org • 500 Prudential Drive
Skyway Express • www.jtafla.com • 904-630-3110

Beginning in September, Jax4Kids.com To Go will feature an outstanding Student, Athlete and Teacher each month!

Do you know any students, athletes or teachers who should be recognized as the "Shining Stars" they really are?
E-mail your nomination (no more than 200 words) along with your contact information to nominate@jax4kids.com.



TheatreWorks Free Summer Theatre at the Florida Theatre – Downtown

Catch a quality theatrical production and experience the elegant atmosphere of the Florida Theatre for FREE! This June, TheatreWorks offers free child-friendly performances at no cost - please call to make reservations. *Billy Jonas: Bangin' and Sangin'* plays at the Florida Theater June 10th-12th at 11am and 1pm each day (appropriate for all ages). *Chicken Little: An Appalachian Musical Jamboree* plays at the Jacksonville Library Main Branch July 8th-10th at 11am and 1pm on both days (appropriate for all ages).

www.theatreworksjax.com • 904-353-3500

Florida Theatre, 128 East Forsyth St. & Main Library, 303 North Laura St.

Kids Kampus – Downtown

For a laid back afternoon of fun, visit Kids Kampus, “a 10-acre recreational facility with bright and colorful climbing, digging, and sliding equipment with an educational twist.” Bring your bathing suits to enjoy the Splash Park during late spring and throughout the summer. Admission is always free. Bring a picnic lunch and enjoy. Also, don't miss the annual Kids Kampus' July 4th celebration. Summer hours are Monday through Saturday, 8am-8pm and Sunday, 10am-8pm.

www.coj.net • 904-630-KIDS • 1410 Gator Blvd.

Alhambra Dinner Theatre – Southside

How about combining entertainment with dinner for one price? For between \$42 and \$49 per person, this summer you can enjoy a dinner buffet and a theatrical presentation of “Annie” June 3rd – July 26th. Call ahead for reservations. www.alhambradinnertheatre.com • 800-688-7469 • 12000 Beach Boulevard

Jacksonville Ice – Southside

Ice skating in Florida? You can find it here in Jacksonville at Jacksonville Ice. Monday through Friday, skate from 11am-1pm. On Saturdays and Sundays, skate from 2pm-4pm. Or go ice skating in the evenings on Tuesdays and Fridays from 7:30pm-9:30pm, with Cosmic Skating Saturdays from 8pm-10pm. Admission is \$9 and skate rental is \$3.

www.jaxiceskating.com • 904-399-1872 • 3605 Phillips Highway

Rock Climbing at the South Metro YMCA – Southside

The South Metro YMCA has a rock climbing wall that is open to the public. Rock Climbing Day Passes are available for adults and children 30 lbs and over for \$15 for kids ages 13 and up and \$12 for kids 12 years old and younger. You can climb Monday-Thursday, 6am-9pm; Friday, 6am-8pm; and Saturdays, 9am-6pm. Parents must accompany kids who are not yet 12 years old.

www.firstcoastymca.org/southmetro • 904-398-9808 • 3563 Phillips Hwy.

Blueberry, Blackberry & Grape Picking – Westside

Blueberry season is typically May through early July. Grape season runs August through September. Pick your own at these locations, but call ahead as ripe supply varies from week to week!

www.pickyourown.org

Williams Blueberry Farm • 904-781-4676 • 2595 Statton Rd.

Cason Vineyards • 904-781-1314 • 2780 Parish Cemetery Rd.

Sellers Blueberry Farm • 904-781-7739 • 10229 Old Plank Rd.

Mackert Vineyards • 904-266-9405 • 13448 Sellers Ln.

Dowless Blueberry Farm • 904-772-1369 • 7010 Ricker Rd.

GTM Environmental Education Center – South Ponte Vedra Beach

This center, situated on the Guana Tolomato Matanzas Reserve, features interpretive displays; three aquariums (saltwater, brackish water, and freshwater) containing live creatures; full-scale models of fish hanging from the ceiling, weekend nature movies, a scavenger hunt list for kids, and more. The center is open daily from 9am-4pm, and closed on state holidays. Admission is \$2 for adults, \$1 for ages 10-17, and free for kids under 10. An adjacent recreation area has hiking trails and water access for kayaking, boating, and fishing. Admission to the recreation area is \$3 per car, and it is open every day 8am-sunset.

www.nerrs.noaa.gov/gtm/Highlights2.html • 904-823-4500
505 Guana River Road, Ponte Vedra Beach

St. Augustine Lighthouse & Museum – St. Augustine

Climb the 219 steps to the top of the tower and learn about St. Augustine's maritime past. Children must be 44" to climb. Last ticket to climb the tower is sold at 5:45pm. Admission is \$8 for adults; \$7 for seniors; \$6 for children ages 6-11; and free for children under 6 years of age, active and retired military, and their families. For those not interested in climbing, admission is \$6 for adults, \$5 for seniors, and \$4 for children ages 6-11.

www.staugustinelighthouse.com
904-829-0745

81 Lighthouse Avenue, St. Augustine



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call 641-1212 and ask for the
discount code J4K
or specify that you are
ordering tickets for
Jax4Kids.com Night.

Here are some additional ideas to consider that can help you manage your family's summer spending while having a great time:

Free and Discounted Summer Movies

See page 9 for more information on local theaters with summer movie programs, as well as other options such as Moonlight Movies at Jacksonville Beach!

Kids Eat Free

See page 10 for a monthly sampling of restaurants that offer Kids Eat Free programs. More information is also available at Jax4Kids.com!

Tepanyaki Restaurants

Want another option for entertainment and dinner at one price? Tepanyaki tables may not be unique to Jacksonville, but you can find them all over. Dining at a Tepanyaki table is an event all its own. Kids will love to watch the chef prepare meals right in front of them. Average prices for entrées are \$15-\$18 for adults and \$10 for children.

Library Events

Have you tried your local library? Most Duval County, Clay County, and St. Johns County libraries hold events for kids from newborns through the teen years. Check out Jax4Kids.com's Library Events pages to find out exactly what's going on, or visit your local library's website.

Discovering New Experiences at Together Home

Whether it's a Summer Reading Club, gardening or cooking, sometimes you can have the most fun with your family by simply staying home. With a good book, you and your children can travel as far as your imaginations will take you. Check out Jax4Kids.com's Reading pages for more reading suggestions.

How about a family garden day? Live in an apartment? Build a planter to house the fruits and veggie plants you grow yourself. And from your harvest, create a delicious dinner together.

One Final Suggestion

One final suggestion – Make your gas money stretch and save driving time by exploring the Jacksonville area in a way that exposes its geographical make-up, say from North to South, South to North, East to West, or West to East. Try MapQuest's "RouteBuilder" feature to plan your route. You can find it at www.mapquest.com/maps-directions.

For more great ideas about places to go
and fun things to do this summer, visit

jax4kids.com
what, where & when for kids!

that's my job -dentist-



Anjali Lueck, D.M.D.
Complete Family Dental & Orthodontics

- Q** How long have you been a dentist?
- A** I have been a dentist for seven years, practicing in my hometown of Jacksonville, Florida.
- Q** Why did you choose this career?
- A** I wanted a career that combined clinical science and personal interaction. Dentistry allows me to work with my hands and interact with people! I love taking care of my patients; preventing decay, relieving pain, keeping them healthy.
- Q** What kind of education did you get to become a dentist?
- A** I have a Bachelor of Science (B.S.) degree in Nutritional Science from the University of Florida, and I earned my Doctor of Dentist Medicine (D.M.D.) at the University of Connecticut School of Dental Medicine. I completed an additional year of Advanced Education in General Dentistry residency through the University of Florida here in Jacksonville.
- Q** What are some of your responsibilities?
- A** I treat patients of all ages with many different conditions. A typical day involves filling cavities, fixing broken teeth, root canals (removing infection from teeth), replacing missing teeth, and patient and parent education.
- Q** What do you like most about your job?
- A** I love taking care of my patients and working with my hands. Being able to repair a broken tooth and restore its natural beauty is quite gratifying.

eco tips

Your Tips & Suggestions on How to Help The Environment

by Alex Kaplan, Julia Landon College Preparatory and Leadership Development School
ecotips@jax4kids.com

As you may notice, this article is a little different than most. Some months, I may include tips submitted by my classmates, kids from other schools, and you...this is the first one! To submit your tip, e-mail me at ecotips@jax4kids.com. This month's tips come from some students and teachers at Julia Landon College Preparatory and Leadership Development School.

Things we can do ourselves

Take quick showers instead of baths.

Submitted by Kaleigh, 6th grade

According to the Environmental Protection Agency, the average 10-minute shower uses 20-50 gallons of water, and a full bath takes 70 gallons. I held a bucket up to a shower and turned the water on. I timed it for one minute and then measured the water in the bucket. My shower used one and a half gallons of water in a minute, so a 10-minute shower would take only 15 gallons. Kaleigh is right!

Once a month, turn everything off for one hour.

Submitted by Brianna, 6th grade

According to the Energy Information Administration of the United States government, a average house uses 936 kilowatt hours worth of electricity each month. In Jacksonville, this would add up to \$102.96 a month. If you turn off all your electricity for an hour every day, you'd save 14.3 cents a day. This doesn't necessarily sound like much, but adds up to \$52.19 a year! In my house (with the air conditioning on), I checked the electric meter and then checked again an hour later. We used 3 kilowatt hours in an hour. At 11 cents an hour that would be 33 cents every day, and \$120.45 a year!

Things we can get grown-ups to do

For schools with large windows in the classrooms, turn off the lights! The sunlight will do you good.

Submitted by Mrs. Flynn, teacher

The bulbs in my school each use 32 watts per hour. There are 24 bulbs in each classroom, and that makes 768 watts per hour. The school is open for seven hours a day. That makes 5,376 watts, which is 5.376 kilowatts. That costs the school only 59 cents a day, but \$106.44 for the year, for one classroom! For the 18 classrooms on the third floor, that is \$1,916 each year!

We should recycle lunch trays instead of throwing them in the trash.

Submitted by Mary Margaret, 3rd grade

Grocery stores recycle foam trays used for meat and foam egg cartons. The schools could tell the kids to keep their lunch trays separate and stack them in piles, then the school could recycle them like grocery stores do. The kids who bring lunch can help, too, by getting container that can be reused. For example, I sometimes use a bento box, which is a small plastic box with pull-out containers and a top that latches onto the box. When I bring a sandwich, I use a wrap-n-mat, a reusable sandwich wrapper. We could recycle *and* reuse.

all about animals

Fun Facts About BIG CATS

LIONS

- Lion cubs have spots at birth that disappear with age
- The average lifespan of lions in the wild is 15 years but they may live up to 25 years or beyond in captivity.
- A lion's roar can be heard up to 5 miles away!
- Male lions are the only members of the cat family to have a mane.



TIGERS

- There are five subspecies of tiger alive today. They are: Siberian, South China, Indochines, Bengal and Sumatran.
- Tigers have striped skin, not just striped fur.
- Tigers can see in the dark six times better than humans can. They can also see in color.
- Tigers like water and will cool off in a river. They are also good swimmers.

LEOPARDS

- Leopards can hang upside down from the branches of a tree.
- Leopards are strong swimmers and very much at home in the water, where they sometimes eat fish or crabs.
- Most leopards are light colored with distinctive dark spots called rosettes, because they resemble the shape of a rose.
- No two leopards have the same markings or color. In fact each leopard's spots are unique, similar to human fingerprints.

COUGARS

- Cougars are the largest cats that can purr.
- A cougar can jump 30 to 45 feet forward and 15 to 18 feet upward. That means a cougar can jump over a school bus...the long way!
- Cougars have five toes on their front paws and four on the back paws just like those a house cat.
- Cougars can't roar like lions, but they make calls that sound like a human scream

Big cats facts provided by the Catty Shack Ranch Wildlife Sanctuary
1860 Starratt Road, Jacksonville, FL 32226
Phone 904-757-3603 • www.cattyshack.org



krafty kids

For Father's Day, Give Dad a Helping Hand...or several of them!

Supplies:
Construction paper
Glue
Scissors
Hole Puncher
Yarn

Instructions:
Trace your hand as many times as you wish on construction paper and cut out hand shapes carefully using scissors. On the first hand, write a message to your dad wishing him a Happy Father's Day! On each of the other hands, write down a favor or a chore that you will help your dad with, such as "I will wash your car" or "I will make you a sandwich." Punch a hole at the bottom of each hand shape and thread a small length of yarn through to bind the hands together into a booklet, making sure your message to Dad is on top.



Puzzles!



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Find and circle all of the words from the list below!

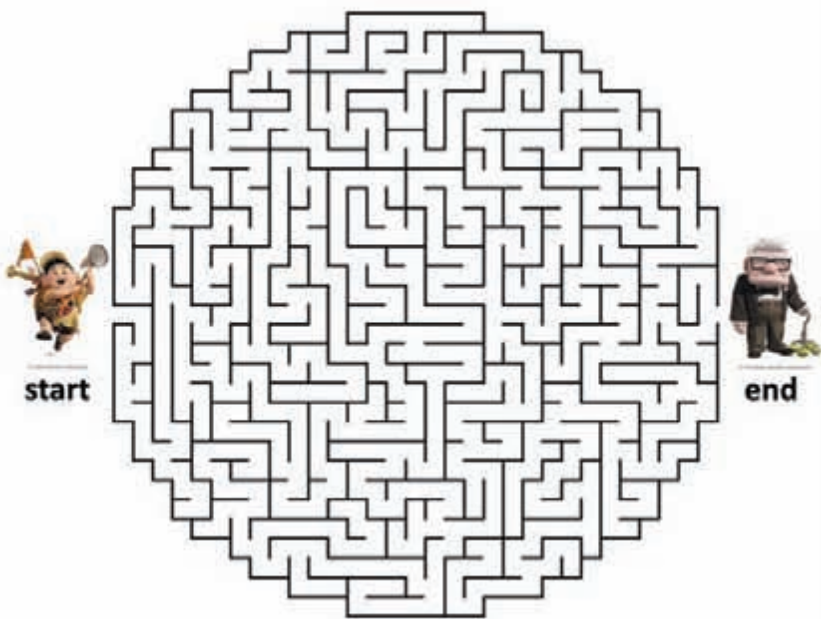
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| DISNEYPIXAR | ADVENTURE |
| CARL | DUG |
| BALLOONS | ANIMATION |
| TRAVEL | WILD |
| FLYAWAY | JOURNEY |
| RUSSELL | SKY |
| DREAM | EXPLORE |



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Help Russell find his way to Carl through the maze!



Disney · PIXAR

Disney.com/UP

PG PARENTAL GUIDANCE SUGGESTED
 SOME MATERIAL MAY NOT BE SUITABLE FOR CHILDREN

Summer Movies

Did you know that your family can also catch free or discounted summer movies all summer long at movie theaters around North Florida? Visit Jax4Kids.com's Movies page for locations, listings, and times or call ahead to find out on which days kid-friendly movies will be playing. Check out the programs at these theaters this summer:

Summer Movie Madness - Duval County Main Branch Library

Through August 18, 3pm, watch free movies for teens all summer long.

6/9	Nick and Norah's Infinite Playlist	7/21	Spanglish
6/16	School of Rock	7/28	Quantum of Solace
6/23	The Mummy: Tomb/Dragon Emperor	8/4	Sisterhood of the Traveling Pants
6/30	Transformers	8/11	Beverly Hills Chihuahua
7/7	Bedtime Stories	8/18	The Express
7/14	The Boy in the Striped Pajamas		

Main Branch • 904-630-2417 • 303 North Laura Street • jpl.coj.net

Free Family Movies

June 15 thru August 5. Free family movies will be shown weekly thru August 5th. Snacks will be provided, or you can bring your own.

Bartram Trail Branch - Wednesdays, 10:15am	Ponte Vedra Branch - Mondays, 2pm
Main Library - Wednesdays, 2pm	Southeast Branch - Wednesdays, 2pm

St. Johns County Public Library System • www.sjcpls.org

Weekend Nature Movies at GTM Reserve

Saturdays & Sundays, 10am & 1pm. The GTM Reserve Environmental Education Center features a film series each Sat and Sun on the big screen in the Center's auditorium. The movies begin at 10am and 1pm with an approximate running time of 30 min. Come for the movie...stay for the exhibits! Admission: \$2 adults/\$1 children. Call ahead for movie title.

904-823-4500 • www.gtmnerr.org • 505 Guana River Rd., Ponte Vedra Beach

Moonlight Movies Series

Fridays, 9pm to 11pm. The Annual Moonlight Movies Series returns, along with the free Jax4Kids.com Playland. Families are invited to enjoy Classic movies outdoors under the stars. Bring a blanket or lawn chairs. Food and beverages available for sale. **Jax4Kids.com Playland will be open from 6pm to 8pm featuring events, activities and games for all ages. All activities are free.** Movie will begin at 9pm.

6/5	Sleepless in Seattle (PG)	6/19	Indiana Jones/Last Crusade (PG-13)
6/12	Harry Potter/Sorcerer's Stone (PG)		

City of Jacksonville Beach • 904-247-6100 • Sea Walk Pavilion • www.jacksonvillebeach.org

Carmike 12 - Fleming Island

Tuesdays, June 9 thru July 28, 10am. Admission is \$1 for each movie.

6/9	Charlotte's Web (G)	7/7	Shrek The Third (PG)
6/16	Madagascar2 : Escape To Africa (PG)	7/14	Kung Fu Panda (PG)
6/23	Igor (PG)	7/21	Space Chimps (G)
6/30	Barnyard (PG)	7/28	Horton Hears A Who (G)

Carmike 12 • 904-621-0221 • 1820 Town Center Blvd., Fleming Island • www.carmike.com

AMC Summer Movie Camp

Wednesdays, June 17 thru August 5, 10am. Admission is \$1 for each movie. Special kids pack including kid size drink, popcorn and snack for \$3.

6/17	Space Chimps (G)	7/15	Horton Hears A Who (G)
6/24	Kung Fu Panda (PG)	7/22	The Spiderwick Chronicles (PG)
7/1	Madagascar2 : Escape To Africa (PG)	7/29	Nim's Island (PG)
7/8	The Tale Of Despereaux (G)	8/5	Star Wars: The Clone Wars (PG)

AMC Orange Park Theater • 904-264-3888 • 1910 Wells Road, Orange Park
 AMC Regency 24 Cinema • 904-264-3888 • 9451 Regency Square Blvd., Jax
www.amctheatres.com

Free Family Film Festival - Regal Cinemas

Tuesdays and Wednesdays, June 9 Thru August 6, 10 am. Selected G and PG movies. First-come, first-served seating is limited to theatre capacity.

Beach Boulevard Stadium 18

6/9-10	Everyone's Hero (G)
	Kung Fu Panda (PG)
6/16-17	Charlotte's Web (G)
	Shrek The Third (PG)
6/23-24	The Tale Of Despereaux (G)
	Bee Movie (PG)
6/30-7/1	Space Chimps (G)
	Alvin And The Chipmunks (PG)
7/7-8	Horton Hears A Who (G)
	Nim's Island (PG)
7/14-15	Curious George (G)
	The Spiderwick Chronicles (PG)
7/21-22	Mr. Magorium's Wonder Emporium (G)
	Water Horse: Legend Of The Deep (PG)
7/28-29	Mr. Bean's Holiday (G)
	Madagascar2 : Escape To Africa (PG)
8/4-5	Arctic Tale (G)
	Igor (PG)

The Avenues Stadium 20

6/9-11	Charlotte's Web (G)
	Shrek The Third (PG)
6/16-18	The Tale Of Despereaux (G)
	Bee Movie (PG)
6/23-25	Space Chimps (G)
	Alvin And The Chipmunks (PG)
6/30-7/2	Horton Hears A Who (G)
	Nim's Island (PG)
7/7-9	Curious George (G)
	The Spiderwick Chronicles (PG)
7/14-16	Mr. Magorium's Wonder Emporium (G)
	Water Horse: Legend Of The Deep (PG)
7/21-23	Mr. Bean's Holiday (G)
	Madagascar2 : Escape To Africa (PG)
7/28-30	Arctic Tale (G)
	Igor (PG)
8/4-6	Everyone's Hero (G)
	Kung Fu Panda (PG)

www.regmovies.com

tech talk

Safety on the Net

by Jim Swaringen

Jim@JimOnline.com

As a true fan of the World Wide Web, I can say without hesitation that it provides a wonderful resource for entertaining and educating children. However, like riding a skateboard or playing any sport, dangers do exist and it is important for kids and parents to be aware and to know how to stay safe online. Here are a few practical tips for both kids and parents.

First, for young people, the Web is a great way to meet new friends from around the world who share your interests. Unfortunately, not everyone you meet online is friendly and some people even pretend to be someone they're not. So, keep in mind a few things while you're online. First and foremost, don't give out your e-mail address, full name, telephone number, home address or name of your school to people you don't know. Just stick to using your first name or a made up name along with your city (for instance, John from Jacksonville). Don't open e-mails or attachments from people you don't know. If you visit a web site or receive an e-mail that makes you feel uncomfortable, tell your parent or whoever looks after you. Don't tell other people your Internet passwords. Never, never, **never** agree to meet up with someone you've met on the Internet. Just because you've chatted with them a couple of times, it doesn't mean they are your friend. It just means you have chatted with them a couple of times. It would be wonderful if everyone there was honest, but like the world, there are people out there who are not. Be careful, OK?

Now parents, here's some useful advice about safety for your kids. Restricting Internet use to a PC in a family room is one way you can keep an eye on your child's browsing activities. You will be able to take an occasional glance to make sure they are safe, without them feeling like you are watching their every move. Let them know your concerns about the dangers of the Internet will help them understand you are not trying to stop them enjoying the Web, just making sure that they have a safe experience. Offer to help whenever your child has a question. If you don't know the answer, Google it.

There are also various software packages available that can help you monitor your child's browsing when you are not in the room. These programs can record browser web addresses, e-mails, and chat software, and can also filter and block certain web sites and even record what has been typed on the keyboard. A few of them include, The Internet Babysitter, CyberPatrol, and Parental Lock Guard. Google the names to find the websites.

If your kids use Google to search for things, in the Preferences next to the search box there are options under SafeSearch Filtering to block explicit images or text. There is a plug-in available for the Firefox web browser called Gubble, which allows you to set permissions on which web sites kids can visit. Create a new user account for your child by clicking on the Start menu then Control Panel and clicking on User Accounts. Click Create a New Account, choose a name and choose a Limited Account then click Create Account. And, you may also decide to put a password on your own administrator account so that your child cannot use it to install or remove programs.

Most of all, if your child regularly uses chatrooms, instant messaging or social networking sites, there is an electronic identity card service they can use to verify who they are talking to: Net-ID-me @ <http://www.netidme.com/>

events 4 teens

Teen Gamers Day

Tuesday, June 2 from 6pm-7:30pm
Teens (grades 6-12) bring your friends and come on out for an afternoon of gaming: X-Box 360, Guitar Hero, Wii, Rock Band, and DDR. Refreshments served.

Ponte Vedra Branch Library
904-273-0495 • www.sjcpls.org
101 Library Blvd, Ponte Vedra Beach

Teen Night

Friday, June 5, 6:30pm-9:30pm
Teens, age 10 to 15 are invited to bounce at Pump It Up! All teens will receive a Free Glow Sticks at Door. \$8/teen

Pump It Up • 11840 Beach Boulevard
904-646-1441 • www.pumpitupparty.com

Clay Portraiture

Saturdays, June 6-27, 1pm-4pm
For ages 11 to 15. Using a system of proportions and class discussion of historic sculpture styles, create a self-portrait in clay. Build an armature, use a drawing, photographs and a mirror to complete your project, and have it fired to become a lasting work of art. Call to register. Members \$80, Non-members \$90, Active Junior Docents \$60

Cummer Museum of Art & Gardens
904-355-0630 • www.cummer.org
801 Riverside Ave /

Cartoons and Crafts

Tuesdays, 2:30pm
June 16- Duct tape crafts
June 30- Pipe cleaner crafts
Hang out with your friends, watch some cartoons and get crafty!

Regency Square Branch Library
904-726-5142 • jpl.coj.net
9900 Regency Square Blvd.

Moonrise - Twilight Fans & Vampire Book Club

Wednesday June 10, 6:30pm
Ages 12 and older, come for fun discussions, book reviews, creative writing, games, and just hanging out with others who love supernatural romance and adventure!

Regency Square Branch Library
904-726-5142 • jpl.coj.net
9900 Regency Square Blvd.

Yoga for Teens

High School Boys Tuesdays 3pm-4:30pm, two Summer Sessions beginning June 16 and July 14
High Schools Girls Thursdays 3pm-4:30pm, two Summer Sessions beginning June 18 and July 16

Yoga Ananda
904-680-7344 • 4150 Herschel Street
www.YogaAnandaStudio.com

Battle of the Bands

Saturday, June 20, 11am-4pm
4th Annual Teen Battle of the Bands. Local teen rock and hip hop bands compete for great prizes and bragging rights. Band members must be 12 - 18 years of age to participate. All ages are welcome to attend.

Main Branch Library
904-630-2417 • jpl.coj.net
303 North Laura Street

JTA Summer Youth Pass

The Jacksonville Transportation Authority (JTA) is offering teens 18 years old or younger the opportunity to buy the JTA Summer Youth Pass, which provides unlimited rides on any JTA bus, trolley or the Skyway, for one low price. Teens can buy a June Summer Youth Pass for \$30 and get July for free. And, until June 30, students can add August for only \$15 more. That's two months (June and July) for \$30 or three months (June, July and August) for \$45. As an additional treat, JTA has partnered with the Jacksonville Suns to offer free admission to valid, current-month Summer Youth Pass holders during Sunday and Wednesday games. Passes can be purchased online at www.jtafla.com, or in person at the JTA Administration Building or the Rosa L. Parks/FCCJ Transit Station. The offer expires June 30, 2009. Call for more information.

Jacksonville Transit Authority
904-630-3100 • www.jtafla.com

**For event listings
for the whole family,
see page 10 or visit
www.Jax4Kids.com!**

volunteer opportunities 4 teens

1st Baptist Church of Atlantic Beach

Events are varied and ongoing.
Contact: Andie Moncrief,
Director of Missions
904-945-2800

JaxParks Great Jacksonville Campout

June 13th & 14th at Losco Regional Park
Volunteers ages 15+ needed.
Contact: Cheryl Townsend,
Jacksonville Children's Commission
904-620-6405

Clean It Up, Green It Up

Contact: Vivian Harrell,
City of Jacksonville
904-630-3420

**Do you have a volunteer
opportunity you wish to
share with our readers?**

Send e-mail with details and contact information to editor@jax4kids.com.
Deadline for submission is the 20th of each month.



featured events listings

June 2009

Annie at Alhambra Dinner Theatre
June 3 - July 26. No shows on Mondays.
Tickets: \$42-\$49 for dinner/show, or \$28 for show only.

12000 Beach Blvd. • 904-641-1212
alhambradinnertheatre.com

Free Sand Sculpting Classes

June 6, 10am - 12noon
Family-fun free sand sculpting classes for kids of all ages on the beach in front of Ocean Trace on St. Augustine Beach.

City of St. Augustine Beach
904-501-1253 • www.50thbeachbirthday.com

Family Saturdays

Saturdays at 10am
Each Saturday, parents and children will learn about a topic relating to nature and the environment in the "outdoor classroom" of Tree Hill Nature Center.

Tree Hill Nature Center • 904-724-4646
7152 Lone Star Road • www.treehill.org

Drake's Raid

Saturday, June 6, 9am to 8pm
Relive history as the English corsair, Sir Francis Drake, and his raiders return to St. Augustine in an authentic re-creation of the 1586 sack of the city. Admission: Free

Fountain of Youth Park and Plaza
904-829-9792 • 11 Magnolia Ave, St. Aug.
www.searlesbuccaneers.org

Florida Sea Turtles

Sunday, June 7, 2pm
Join a park ranger at pavilion one on Little Talbot Island and learn about the lifecycle of the sea turtle and the importance of these creatures. Program is free with regular park admission.

Little Talbot Island • 904-251-2323
2157 Heckscher Drive
www.floridastateparks.org

Billy Jonas: Bangin' and Sangin'

Wednesday, June 10 - Friday, June 12
from 11am and 1pm
Free performance by Billy Jonas, for all ages. Please call for reservations.

Florida Theatre • 904-353-3500
128 E. Forsyth St. • www.theatreworksjax.com

Animal Invasion

Saturday, June 13, 2pm
Join a park ranger at the Ribault Club to learn how to identify exotic, non-native animals and what you can do to help Florida's natural communities thrive with native plants and animals. No reservations are necessary, no fee.

Fort George Island Cultural State Park
11241 Ft. George Rd., Ft. George Island
904-251-2320 • www.floridastateparks.org

Horse Shows in the Park:

Hunter Jumper Show
Saturday, June 13, 8:30am
Jacksonville Equestrian Center
904-573-4895 • 13611 Normandy Blvd.
www.horseshowsinthepark.com

Cooking With Dad

Saturday, June 13, 11am
or Saturday, June 20, 11am
Kids get to spend a little time with dad while making some new recipes. \$60 per father-child pair. Register in advance
Publix • 904-262-4187 • www.publix.com
10500 San Jose Boulevard

The Great Jacksonville Camp Out

Sat., June 13, 2pm - Sun., June 14, 8am
Resource-based family oriented activities with an emphasis on camping skills at Losco Regional Park. Opportunities to participate during the day only or also stay and camp out under the stars in a supervised, safe environment. Includes a water play area, story telling, geocaching, s'mores, a book walk, hot dog cook out, campfire songs and the movie The Ant Bully.

www.jaxparks.com

Run For the Pies

Saturday, June 13, 7:30pm
Two unique races designed for both the serious and the fun runner. The Mizuno 5K Championship will be held first then the Run for the Pies featuring a pie carrying, pie eating and pie costume contest. Fees: \$22 thru June 6, \$25 June 7-12; and \$30 day of race. Music, entertainment and food following the race in the Landing Courtyard.

Run For the Pies • Jacksonville Landing
www.1stplacesports.com/pies.htm

Father's Day Cards

Friday, June 19, 10am
Come make Dad a special Father's Day card while supplies last. Children under age 8 must be accompanied by an adult.

Beaches Branch • 904-241-1141
600 3rd Street, Neptune Beach • jpl.coj.net

Happy Father's Day!

Sunday, June 21
Dads get free admission to the MOSH and the Jacksonville Zoo today. The World Golf Hall of Fame will offer complimentary admission to everyone who visits the museum on Father's Day from 10am to 6 pm. Fathers get free admission at the Hall's 18-hole, natural grass Putting Course and half off admission to the IMAX Theater.

Native Yards

Sunday, June 21, 2pm
Join a park ranger at the Ribault Club and learn how you can help Florida's environment stay natural and healthy by planting native species, eradicating exotic species, and creating an earth-friendly mini-environment on your property. No reservations are necessary, no fee.

Fort George Island Cultural State Park
11241 Ft. George Rd., Ft. George Island
904-251-2320 • www.floridastateparks.org

Fly High with Dad

Sunday, June 21, 8am - 7pm
Avia Flight Academy will be offering introductory flight lessons and aerial tours from 8am - 7pm at the Flagler County Airport in Palm Coast. All participating fathers will receive a baseball cap and an electronic photo/flight certificate. Cost is \$79; additional passengers \$10 each, weight permitting. Space is limited. Call 904-505-5185 to book your flight.

Avia Aero Services • 904-505-5185
Flagler County Airport, 281 Old Moody Boulevard, Palm Coast • www.iflyavia.com

Acoustic Nights in Bull Park

Sunday, June 22, 6pm - 8pm
Bring your lawn chairs, picnic baskets, and blankets - family and friends to this relaxing free music event at one of the most popular summer parks near the ocean.

Bull Park • Seventh Street and East Coast Drive, Atlantic Beach • www.coab.us

Greek Landing Day Festival

Friday June 26 - Sunday June 28
Celebrate the 241st anniversary of the arrival of the first colony of Greeks in North America. Hundreds of Greeks, Menorcans and Corsicans arrived in St. Augustine on June 26, 1768 and went on to establish the New Smyrna Colony. Free.
Colonial Spanish Quarter/St. Photios Shrine
904-829-8205 • St. George Street, St. Augustine • www.stphotios.com

Talbot Critters

Saturday, June 27, 2pm
Join a park ranger at pavilion one on Little Talbot Island to learn about common species that inhabit the natural communities of the undeveloped barrier islands of northeast Florida. No reservations are necessary, program is free with regular park admission.

Little Talbot Island • 904-251-2323
2157 Heckscher Drive
www.floridastateparks.org

kids eat free

For those summer days when you're just looking for a nice place to eat while also watching your wallet, here is a sampling of restaurants that offer Kids Eat Free Nights. Visit Jax4Kids.com's "Kids Eat Free" pages for more listings! Please call ahead to make sure the restaurant you are planning to patronize is still honoring the offer.

Ale House

Sundays. Ages 12 and under. One free kid's meal with purchase of each adult meal.
904-720-0551 • 9541 Regency Sq. Blvd.
904-565-2882 • 9711 Deer Lake Ct.
904-292-0003 • 11112 San Jose Blvd.
www.alehouseinc.com

Applebee's

Tuesdays, all day.
Kids 12 and under eat free all day and receive one free entry for a monthly bike giveaway from Bike's Direct. Two free kids' meals for every one adult meal purchased; dine-in only.
904-772-9020 • 6251 103rd St.
904-721-2337 • 9498 Atlantic Blvd.
904-220-5823 • 13201 Atlantic Blvd.
904-696-5545 • 574 Busch Dr.
904-296-6895 • 5505 JTB Blvd.
904-378-5445 • 843 Lane Ave. S.
904-262-7605 • 14560 Old St. Augustine Rd.
904-230-6889 • 1627 Racetrack Rd.
904-645-3590 • 4507 Town Center Pkwy.
www.applebees.com

Brucci's

Mondays, 5:30pm-7:30pm
904-287-8317 • 540 SR 13
Tuesdays, 5:30pm-7:30pm
904-273-0111 • 880 A1A N., Ponte Vedra
Ages 12 and under. Two free kids' menu items with the purchase of any large pizza.
www.bruccispizza.com

Bruster's Ice Cream

Everyday.
Kids ages 3 and under get a free ice cream cone with their choice of ice cream flavor and sprinkles.
904-221-1441 • 12224 Atlantic Blvd.
904-886-1995 • 9850 San Jose Blvd. #5
www.brusters.com

Native Sun

Ages 12 and under. Kids can log on and complete the project of the month to receive a free smoothie at Native Sun. Projects: puzzles, coloring pages, etc.
904-260-6950 • 10000 San Jose Blvd.
www.nativesunjax.com

Olde Bridge Ice Cream & Deli

Monday-Friday, 3pm-5pm
Early Release Days, 1pm-3pm
Kids receive once free topping on their scoop of ice cream.
904-273-0111 • 2 Fairfield Blvd., Ponte Vedra
www.oldebridgedeli.com

Times Grill

Wednesdays, 4pm-10pm
Ages 12 and under. One free kid's meal with one paid adult meal.
904-674-2606 • 10915 Baymeadows Rd.
904-992-7288 • 13500 Beach Blvd.
904-854-7501 • 5149-1 Normandy Blvd.
www.timesgrill.com



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www.pumpitupparty.com

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For more information on how YOU can advertise your business in the Jax4Kids.com To Go classifieds, send an e-mail to classifieds@jax4kids.com or call 904-710-2020.



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hello@gofreshdesign.com



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Katie Lay, Independent Consultant
Phone: 904-825-0566
sklay723@comcast.net
www.pamperedchef.biz/katelay



**Discover
what the Y has
to offer in your
community!**

The YMCA is the perfect place for you and your family this summer. From swim lessons to week-long resident camp, and everything in between, we offer camps and programs to help every child have a fun-filled, adventurous, and definitely memorable summer.

YMCA
of Florida's First Coast

For more information or to register online, visit our website at
[www. FirstCoastYMCA.org](http://www.FirstCoastYMCA.org)



Urinetown at PBTS

theatre events

June 3 - July 26 **ANNIE** Annie lives in an orphanage but yearns to find her long-lost parents and escape. Her luck changes when she is befriended by the billionaire businessman, Daddy Warbucks. But the evil Miss Hannigan, her devious brother Rooster and his moll Lily are determined to spoil the fun. Alhambra Dinner Theatre (12000 Beach Blvd.), 641-1212, alhambradinnertheatre.com

June 5 - 28 **THE GREAT AMERICAN TRAILER PARK MUSICAL** The fictional neighborhood of Armadillo Acres, North Florida's most exclusive manufactured housing community, is about to get a new resident: Pippi, a stripper on the run from her ex. The play is set in our own neighboring municipality of Starke. Hippodrome (25 SE 2nd Pl., Gainesville), (352) 375-4477, thehipp.org

June 5 - 27 **THE PRODUCERS** The most extraordinary musical you have ever seen for the first time off Broadway in Florida. Two money-hungry producers finance a "loser" that unexpectedly becomes the season's biggest winner. Orange Park Community Theatre (2900 Moody Ave., Orange Park), 276-2599, opct.org

June 5 - 27 **URINETOWN** The musical is a tale of greed, corruption, love and revolution in a time when water is worth its very weight in gold. In some not-too-distant future, decades of drought have led to catastrophic water shortages. Private toilets have been outlawed. An evil monopoly called Urine Good Company (U.G.C.) has taken over the water supply and extracts huge profits for the use of public "amenities." Those who cannot pay are exiled to Urinetown, never to return. A brave latrine manager revolts against this injustice and leads an uprising. The catch is that the girl he loves is the daughter of the corporation's greedy president. Rich with wordplay, sight gags, mockery and melodic bits pillaged from the pages of musical theatre history, the show is smart and satirical, but its fight for justice and true love tugs at the heart even as it jabs the funny bone. Players by the Sea (106 Sixth St., Jacksonville Beach), 249-0289, playersbythesea.org

June 6 and 7 **Auditions for Darryl Reuben Hall's REALITY CHECK** Stage Aurora Theatrical Company will be holding open auditions on Saturday, June 6 from 12 - 5 pm and June 7, from 3 - 6 pm. Production dates August 7 and 8. Stage Aurora Theatrical Company Performance Hall (Gateway Town Center Hall- 5188 Norwood Ave.), 765-7372

June 8 **Auditions for A PERFECT GANESHA** By Terrence McNally, Directed by Joe Schwarz, Players By The Sea, 249-2089.

June 12 - 27 **INTO THE WOODS** A wish, a witch and a curse. So begins *Into the Woods*, Sondheim and Lapine's brilliant blending of fairy tales. Cinderella wishes to go to the ball. Jack (Chris Robertson) wishes to climb the beanstalk. And the Baker and his wife wish they had a child. But first, they must go into the woods. With a cast of colorful characters including, Rapunzel, Little Red Riding Hood, two Prince Charmings and of course, a Witch, this multi award-winning musical explores what really happens after 'happily ever after.' Renowned local director Michael Lipp and musical director Samuel Clein together with design team Kelly Wagoner, Tracy Olin and Jeffery Wagoner bring this fractured fairy tale to life. Theatre Jacksonville (2032 San Marco Blvd.), 396-4425 or theatrejax.com

June 14 **Auditions for THE IMPORTANCE OF BEING EARNEST** Production dates September 18 thru October 4. Theatre Jacksonville (2032 San Marco Blvd.), 6 pm, 396-4425 or theatrejax.com

June 15 and 13 **Auditions for THE ACT** Productions dates September 11-26. Auditions Saturday, June 13 at 10 am and Monday, June 15 at 7 pm. Atlantic Beach Experimental Theatre (716 Ocean Blvd., Atlantic Beach), 249-7177, abetttheatre.com

June 16 **Cummer Theater: GEE'S BEND** by Elyzabeth Gregory Wilder An emotional celebration of family tradition and the power of the individual. Gee's Bend spans 70 years in the lives of three Alabama women. Commissioned for the Alabama Shakespeare Festival and based on stories gathered from surviving Gee's Bend quilters. This play was produced in partnership with Players by the Sea. Cost \$5. Reservations are recommended. The Cummer Museum of Art & Gardens (829 Riverside Ave.), 7 pm. 355-0630, cummer.org

June 18 **Renovations: Bold Faces in Familiar Spaces** Presented by CooperMorgan Dance Project, founded in 2006 by Jacksonville natives (and Douglas Anderson School of the Arts alumni) DeWitt

Cooper and Savery Morgan. The CooperMorgan Dance Project blends contemporary ballet and modern dance. Friday Musicale (645 Oak St.), 8 pm, 254-2401 or (404) 399-7036

June 18 - 21 **THE TROJAN WOMEN** Florida School of the Arts (5001 St. Johns Ave., Palatka), (386) 312-4300, floarts.org

June 21 **MURDER HITS A HIGH NOTE** Homicide detective Carol Barkenhoffer agrees to help chaperone the prom for the high school where her boyfriend teaches. But when the Principal drops dead it's up to Carol to find out who planned a "perfect pitch" murder. Murder Mystery Theatre-Dave and Buster's Restaurant (7025 Salisbury Rd.), 6 pm, 296-1525 (reservations required), mysteryplayers.com

June 25 **Shelly Garrett's BEAUTY SHOP 2009** America's most successful black stage play is all new for 2009. The story continues, as the 'curling irons' get even hotter, the gossip is juicier, the backstabbing is deeper and the he-said/she-said tips the scales in Shelly Garrett's all new Beauty Shop 2009. Florida Theatre, 8 pm, 355-5661

June 27 **Universal Sisters** WJCT, Baptist Health and the Women of Color Cultural Foundation are teaming up to host Universal Sisters, a program designed to address the unique health concerns of women of color. The one-day event features keynote speaker Mother Love, small-group breakout sessions and free health screenings, all designed to provide vital information in a friendly, pampering environment. Hyatt Regency Jacksonville Riverfront, wjct.org.

Read weekly theatre reviews at www.eujacksonville.com.

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May Lee Beal (b. 1931), 2003, cotton, cotton/linen/blend, 11 x 19 inches. Courtesy of the artist, William Beal and Toward Moore. Photograph by Sophie Filleul-Trautwein.

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-Bob Margolin

Fusebox Funk with opening guest Matt Stil

Saturday, June 13, 2009

"Fusebox Funk are not constrained by genre or style. They straddle genre boundaries and produce a style all their own, from hip-hop to rock, funk to R&B. The smooth flow of J. Dash combined with the classically poppy funk basslines of Cary the Lable Guy create a unique energy."

-URB Magazine

Greg Baril

Saturday, June 20, 2009

"Nearly 30 years of playing professionally has earned Greg these unarguable distinctions.

Credits include Florida Entertainer of the Year, Jammy Music Association Entertainer of the Year, Fox Entertainment Network Outstanding Jazz/Blues Artist of the Year to name a few."

Larry Keel

& Natural Bridge

Saturday, June 27, 2009

"The Keel Brothers create such a powerful guitar atmosphere that the listener is willingly swept away"

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SOUND CHECK



local music news

Rock/pop outfit **Chasing Ghosts** will have their CD release show at the Murray Hill Theatre on June 6th. Their past releases got rave reviews so be sure to pick up their latest! • Also on June 6th, **Fit for Rivals** will unveil their full-length *Steady Damage* at The Pit. The band, who you might remember from April's Sound Check, is fresh off of a national tour with local superstars **The Red Jumpsuit Apparatus**. • **Tough Junkie's** debut album, *Grab What You Can*, will be released on the 9th. The CD contains samples from local bands like **Elevated Hip-Hop Experience**, **Tropic of Cancer**, **Heavenly Noise**, **Snacks**, **Hallelujah**, **Face Eraser** and **Airport Factory**. Get your copy at myspace.com/coleminemusic. • Members of **Helios Eye**, **Zeke** and others got together to form **Borromakat** earlier this year. The local super-group makes its live debut at The Pit on June 10th. Be sure to check out myspace.com/borromakat before heading out to show your support. • Starke Christian metal band **Embrace the Empire** will be releasing their album *Across Two Shores* on June 26th. Celebrate the release at the Murray Hill Theatre that night at the band's CD release party. • Yet another CD release show will go down on the 26th. Pop punk five-piece **Hands High** will share their EP *Let's Get Out Of Here!* with fans at Jack Rabbits that night. • **Marion Crane** is putting together a 6-song EP to be released very soon. Check out some of the tunes that will be on the record at myspace.com/marioncraneband. • Speaking of new CDs in the works, **Honey Chamber** is also planning an attack on your auditory senses. Keep an eye on their MySpace for the details: myspace.com/honeychamber.



get outta town!

Sometimes good bands don't come to us, so we have to go to them! Here are a few road trip-worthy shows to check out this month:

- June 3- **The Decemberists / Blind Pilot** The Tabernacle; Atlanta, GA
- June 5- **The Sounds / No Doubt** Lakewood Amphitheatre; Atlanta, GA
- June 9- **Bon Iver / Elvis Perkins** Revolution; Ft. Lauderdale
- June 10- **Animal Collective** Club Firestone; Orlando
- June 12- **The Dear Hunter** Common Grounds; Gainesville
- June 13- **Grizzly Bear / TV on the Radio** The Tabernacle; Atlanta, GA
- June 27- **Kid Rock / Lynyrd Skynyrd** Ford Amphitheatre; Tampa

venue of the month



The Pearl

791-4499, myspace.com/thepearlofspringfield
1101 N. Main St., Springfield

With its light-up dance floor and jaw-dropping tree sculptures, The Pearl has been the place to party since it opened in 2005. The venue has played host to numerous CD release parties and the occasional live show, but its best known for drawing crowds with its high-energy dance nights and terrific drink specials. A full bar (including a wide variety of both imported and domestic beers) plus their friendly staff and award-winning DJs makes The Pearl one of the hottest nightclubs in town.

Weekly Happenings:

Wednesday

Ladies Night and Karaoke with HAL 9000

Thursday

Control with DJ Ricky

Friday

Pearl Friday with DJ Tom P. (80s, hip-hop, electro, dance, indie, synth pop, new wave)

Saturday

Overtime with DJ Ricky (indie, electro, hip-hop, 90s)

the spotlight



buff clout

This month, Soundcheck shines the spotlight on the Jacksonville duo of Buff Clout.

Blake Armstrong and Devin Grant are no strangers to the Jacksonville music scene. Individually, they represent their own personal styles and influences. Blake, the guitarist, grew up playing jazz and listening to progressive and math-rock while drummer, Devin, has traditionally leaned more towards the metal and punk genres.

But when they come together as Buff Clout, they create something new and unique, fusing their personal tastes and talents into something mind-bending and fun at the same time. "A two-piece is like a marriage," says Armstrong. And Buff Clout's marriage is a highly functional one. Their band has only been active for a few months, but they've already turned many a head and earned a reputation for making brilliant music that doesn't take itself too seriously.

In the progressive and post-rock genres, there is the tendency to take one's self too seriously. And although elements of both genres can be found in their music, Blake and Devin actively endeavor to ensure that this isn't the case with them. By labeling themselves as "avant-fun" and using silly imagery on their flyers and album covers, they keep the mood light even though the tunes are highly technical, syncopated opuses that sometimes go on for as long as fourteen minutes.

Their music is more like art than your average pop songs and for Devin it's about using inspiration over influence. "Respect the art," he says "but the art form must be destroyed for art to live on." Which solidifies Devin's conviction that "If you really like something, you should conspire to destroy it."

Blake sees it as "challenging the norm." This, he believes, is "...what music should be. That's what art should be."

If it weren't for the intricate structure and frequently changing time signatures, you might think their songs were freeform and in fact, many are written as a result of extended jam sessions rather than preconceived themes or ideas. As it would happen, it's also how the two of them formed the band in the first place.

Each and every Buff Clout song serves as a catalyst for opening your synapses and changing your perspective on what is possible with just a guitar, a few pedals and a drum set. Catch them live at Shantytown Pub on June 5th and again on July 17th. And don't bother to ask why they use cute kitty imagery, they'll only refuse to answer due to reasons of cosmic security. - Jack Diablo

Want to have your band or venue featured in Sound Check?

Email kellie@eujacksonville.com with your info!



Album: Romanian Names
Artist: John Vanderslice
Label: Dead Ocean
Release Date: May 19, 2009

The latest release from analog self-recording darling, John Vanderslice, is being touted as his best effort so far. While I'll leave that claim to be debated to death by his die-hard fans, it is certainly an album destined for critical acclaim if not mainstream acceptance.

Romanian Names marks his first release on the Dead Oceans label. As part of the Jagjaguwar/Secretly Canadian family, the production on the album is noticeably more polished, and vocally Vanderslice sounds more self-assured and less warbled than on previous releases. The irony is that despite a more professional sound, the album was actually recorded in Vanderslice's basement, his San Francisco studio.

John Vanderslice writes songs with his heart worn prominently on his sleeve. Some are catchy in that sing-along kind of way while others are dramatic and in some cases, haunting. The chorus to 'C & O Canal' is infectious and fun while tracks like 'Fetal Horses' and 'Too Much Time' weave deeper, slightly sadder tales. The Florida native even waxes nostalgic about growing up near the Suwannee River in 'Sunken Union Boat.' What is clearly evident on this album is the care and devotion Vanderslice applies to his songwriting and it is the listener who is paid the dividends of such meticulous attention.

Initially, I preferred the more organic sound of JV and his acoustic guitar from his Harvest of Hope performance, but the subtle sonic elements he incorporates into the album grew on me and lend a certain depth to songs that could otherwise stand on their own.

But, with nearly any performer, the best way to really connect with the music and truly experience it as at the live show. Thankfully, JV will make Northeast Florida a stop on his upcoming tour when he plays Cafe Eleven in St Augustine on June 16th. - **JACK DIABLO**

ALBUMS



Album: Préliminaires
Artist: Iggy Pop
Label: Astralwerks
Release Date: June 2, 2009

It would appear that Iggy Pop has finally grown up. At least that's what you might infer from even the most cursory listen of his latest solo release.

Préliminaires is essentially a musical score to *The Possibility of an Island*, a novel written by Michel Houellebecq. Pop was inspired to create the album while writing songs for a documentary about the author and his work. The album features artwork by Marjane Satrapi, the author and illustrator of the graphic novel, *Persepolis*. Set for release on June 2nd, it is a far cry from what you've come to expect from the punk rock legend.

Departing from his roots, the album is less *Raw Power* and more along the lines of Leonard Cohen or even Serge Gainsbourg. The opening track, 'Les Feuilles Mortes,' will have you doubting whether or not you are indeed listening to the same strung-out hedonist who wrote 'I Wanna Be Your Dog.' And from there it only gets more bizarre.

From the New Orleans jazz-infused 'King of the Dogs' to the bossa nova beat in 'How Insensitive,' Iggy dabbles in just about every unexpected style. *Préliminaires* becomes more and more unbelievable as it progresses. The cheesy backbeat of 'Party Time' sounds like a bad flight of the Conchords parody. The only part of the album that holds any weight as something you'd associate with Iggy Pop is the bluesy riff and stomping beat of 'Je Sais Que Tu Sais,' later recycled in two other tracks, 'He's Dead/She's Alive' and 'She's a Business.'

You can blame the surprising change in direction on all the "idiot thugs with guitars banging out crappy music," as Iggy puts it. And I suppose the old man has earned some artistic freedom. Given the alternative of trying to prove his relevance to a younger generation, it is respectable that he's trying to be creative and make the music he wants to hear. I just don't know if the world is ready to hear him tackle spoken word or croon in French.

You won't find any singles or instant classics on this album. In fact, if you're an old Stooges fan, you'll probably hate it. And while I won't write the album off as particularly bad or misguided, it does seem a tad bit self-indulgent. I honestly can't think of an audience that this would appeal to beyond the mildly curious. - **JACK DIABLO**

june releases

JUNE 2

Jon Robert *Meant To Be*
 Iggy Pop *Préliminaires*
 Emery *In Shallow Seas We Sail*

JUNE 9

Dredg *The Pariah, the Parrot, the Delusion*
 There for Tomorrow *A Little Faster*

JUNE 23

Letoya *Lady Love*
 The Dear Hunter *Act III: Life and Death*
 Alexisonfire *Old Crows/Young Cardinals*
 Foreign Born *Person to Person*
 The Higher *It's Only Natural*

JUNE 30

Stillhouse Hollow *Dakota*



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FRIDAY, JUNE 5

OUTTA HAND BAND

FRIDAY, JUNE 19

LITTLE GREEN MEN

FRIDAY, JUNE 12

STIMULUS PACKAGE

FRIDAY, JUNE 26

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THE OFFSPRING JULY 17TH • 6:30PM

BOB WEIR AND RATDOG WITH MOE. JULY 19TH • 5:30PM

JACKSON BROWNE AUGUST 7TH • 7:00PM

COUNTING CROWS AUGUST 14TH • 7:00PM

JUDAS PRIEST AND WHITESNAKE AUGUST 15TH • 6:30PM

CROSBY, STILLS AND NASH AUGUST 23RD • 7:00PM

O.A.R. AND BRET DENNEN AUGUST 28TH • 7:00PM

ALAN JACKSON OCTOBER 4TH • 7:30PM

BONNIE RAITT WITH RYAN SHAW OCTOBER 24TH • 8:00PM



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JUNE 5TH DIRTY DANCING (PG-13)

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June 5 The PLAYERS Benefit for the Arts: Michael Cavanaugh The second annual PLAYERS Benefit for the Arts takes place on June 5th. This very special event features a dinner by the Cultural Center at Ponte Vedra Beach, a silent auction and an outdoor concert. Michael Cavanaugh, best known for being hand-picked by Billy Joel to star in Broadway's *Movin' Out*, will perform the greatest hits of the Piano Man and more. For tickets and more information, visit celebrat-earts.com. TPC Sawgrass Clubhouse, 543-7400

June 5 Très Bien / Mumpsy Two of Florida's most promising acts, Très Bien and Mumpsy, are coming to Jacksonville this month. Clearwater's retro pop foursome Très Bien made it all the way to the top six on Fox's 2007 show *The Next Great American Band*. Mumpsy, an Orlando-based band that expertly blends folk, pop and indie rock, has shared the stage with the Walkmen, Vampire Weekend, Black Kids, Norma Jean and many more since forming in 2005. Experience them both when they rock TSI on June 5th. Tickets: \$5. TSI, 424-3531

June 7 The Cummer's Summer Garden Concert Series: Riptide The second show in the Cummer's Summer Garden Concert Series takes place on June 7th. The Parrothead-themed evening with the band Riptide is sure to be a great time for the whole family. Grab your blankets, chairs picnic baskets and alcoholic beverages and head over to the Cummer for some summer fun under the stars. Tickets: \$10/adults, free/kids under three. Cummer Museum of Art & Gardens, 899-6012

June 13 Fusebox Funk Jacksonville's own Fusebox Funk will perform for the first time at juke-joint styled blues bar, Mojo Kitchen. "Fusebox Funk is not constrained by genre or style. They straddle genre boundaries and produce a style all their own: from hip-hop to rock, funk to R&B. The smooth flow of J. Dash combined with the classically poppy funk baselines of Cary the Label Guy create a unique energy that teeters between a crazy breakdown and a relaxing groove. Versatility is the name of their game." – URB Magazine. Acoustic guitarist Matt Still will open the show. Show starts at 10 pm. Mojo Kitchen (Jacksonville Beach), 247-6636

June 15 Summer Slaughter Tour There's nothing like starting the week with a huge dose of death metal. The year's most extreme outing, the Summer Slaughter Tour, will bring some of the genre's best acts to the Plush stage. The annual event has become one of the fastest growing metal fests in the world since its inception in 2007. This year Necrophagist, Darkest Hour, Suffocation, Dying Fetus and many others are on the bill. Be there, rock out. Tickets: \$20. Plush, 743-1845

June 18 Steely Dan Steely Dan broke through in the early 1970s with the debut album *Can't Buy A Thrill* and its hit singles 'Do It Again' and 'Reeling In The Years.' The group's fusion of jazz, pop and rock sounds made for a band with its own unique style. Steely Dan's long history includes other hit albums such as the multi-platinum selling *Aja*. The group most recently won a Grammy for Album of the Year in 2000 with *Two Against Nature*. See them perform live at the St. Augustine Amphitheatre on June 18th. Tickets: \$50- \$113. St. Augustine Amphitheatre, 471-1965



Crossin Dixon

June 20 Crossin' Dixon Comprised of equal parts Southern rock and harmony-rich contemporary country, Crossin' Dixon caught Nashville's attention in 2006 on the strength of their live act. According to the band's bio, the group is about two things: entertainment and fun. Their performance at Mavericks this month is sure to bring both in spades. Tickets: \$10. Mavericks, 356-1110

June 20 Get the Led Out- The American Led Zeppelin They've got the sound, the moves and the hair, but most importantly Get the Led Out has a passion for all things Led Zeppelin. This talented group of musicians promises a fun show packed with all of your favorite hits. Fans of Led Zeppelin needn't be concerned- Get the Led Out strives to do justice to the band VH1 named the Greatest Artist



Jacksonville's Fusebox Funk will be at Mojos on June 13

of Hard Rock. Check them out on June 20th at the Times-Union Center. Tickets: \$30.50- \$80.50. Times-Union Center: Moran Theatre, 633-6110

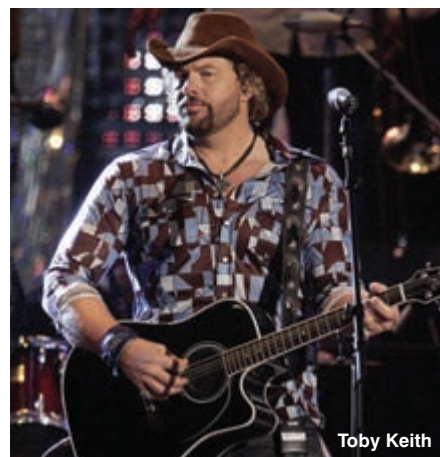
June 20 Greg Baril Nearly 30 years of playing professionally has earned Greg unarguable distinctions. Credits include Florida Entertainer of the Year, Jammy Music Association Entertainer of the Year, Fox Entertainment Network Outstanding Jazz/Blues Artist of the Year, support acts for Legendary Muddy Waters, B.B. King, Johnny Winter and Stevie Ray Vaughn to name a few. Show starts at 10 pm. Mojo Kitchen (Jacksonville Beach), 247-6636



See Steely Dan perform live at the St. Augustine Amphitheatre on June 18th

June 23 Cool Hand Luke Nashville-based Christian outfit Cool Hand Luke has been making music since 1998. The band has spanned genres, starting as a melodic hardcore act and growing into one of the more exciting progressive pop groups on the scene today. Most of the band's members have left to pursue other opportunities, but singer/songwriter/drummer/keyboardist Mark Nicks is still around and will be at the Murray Hill in support of CHL's October 2008 release *The Sleeping House*. Quiet Science, Amelia and Scientist of the Week will also perform. Tickets: \$10. Murray Hill Theatre, 388-3179

June 26 Stop Brian Cancer III: Art & Music Benefit for Brian Hicks Old school guitar wizardry, jazz and noise art join forces to finance their biggest advocate in Jacksonville: Brian Hicks, who is currently battling cancer. The Stop Brian Cancer benefits are a good time for a great cause. Join the Facebook group "Resurrection of Booga B" to place early bids on original art by Jacksonville's best artists. This month Tropic of Cancer, Chris Spohn and Mark Gentry of Rein Sanction will perform at Shantytown Pub in Springfield (798-8222) to show their support. Coming in July - a jazzy hip-hop experiment at Burrito Gallery and a fundraiser dinner at The Fox. Fundraising events will continue as long as Brian's cancer persists.



Toby Keith

June 28 Toby Keith After spending much of the 90s in virtual country music obscurity, Toby Keith sent cheers and shockwaves through the US with 'Courtesy of the Red, White and Blue (The Angry American),' his answer to the September 11th attacks. It didn't matter if you agreed or disagreed with the sentiment, once Keith's song hit airwaves, you knew his name. Today Toby is racking up the number one albums, topping the charts with each release. His latest, *That Don't Make Me a Bad Guy*, recently earned him a pair of CMT Award nominations. See Keith live with special guest Trace Adkins on the 28th. Tickets: \$34.75- \$54.75. Jacksonville Memorial Arena, 353-3309



The Payton Brothers will play to a sold out crowd at European Street on June 6

day-to-day music

JUNE 2

Lavilla Chamber Orchestra recital Lavilla School of the Arts, 633-6069
Zoroaster / Dark Castle / Hollow Leg / Locust Grove Jack Rabbits, 398-7496
Louie LeClaire Square One, 306-9004

JUNE 3

Teamwork / The Fear of Falling / Hand to Hand The Pit, 223-9850
Teddy Washington Jacksonville Landing, 353-1188
Johnny Sexfuk & the Fleshrockets / Simplex 1 Jack Rabbits, 398-7496
Mark Linskey (The Hudson Falcons) Doozers Pub, 738-8922

JUNE 4

Phil Wickham Murray Hill Theatre, 388-3179
Holes and Hearts The Pit, 223-9850
Black Star Casino Doozers Pub, 738-8922
1997 / That Was Something Jack Rabbits, 398-7496
Louie LeClaire European Street Listening Room (San Marco), 399-1740
Matrix Infinity Eclipse, 387-3582
Weaver and Caitlin Mellow Mushroom (Fleming Island) 541-1999

JUNE 5

Killer on the Way / As Daylight Burns / None Like Us Freebird Live, 246-BIRD
Amateur Night at the Ritz Ritz Theatre, 632-5555

Josh Turner Florida Theatre, 355-5661
A Storm Within / Suckerpunch Doozers Pub, 738-8922
Paul Wright / Patrick Bass / Scientist of the Week Murray Hill Theatre, 388-3179
Avant Uptown 21, 864-1115
Outta Hand Band West Inn Cantina, 389-1131
Us Trade Winds Lounge (St. Augustine), 829-9336
Craven / The Company Jacksonville Landing, 353-1188

The PLAYERS Benefit for the Arts: Michael Cavanaugh TPC Sawgrass Clubhouse, 543-7400
Stevie Stiletto with C-Class Electric Jack Rabbits, 398-7496
Tres Bien / Mumpsy TSI, 424-3531
Hubert Sumlin Mojo Kitchen (Jacksonville Beach), 247-6636
Buff Clout / Open Windows Shantytown, 798-8222
The Sweet Low Down Square One, 306-9004

JUNE 6

Ritz Jazz Jam Ritz Theatre, 632-5555
Malt Liquor Riot / Radiobaghdad Doozers Pub, 738-8922
Fit for Rivals / Echoes Through Chaos The Pit, 223-9850
The Payton Brothers European Street Listening Room (Southside), 399-1740
Us Trade Winds Lounge (St. Augustine), 829-9336

Ace Winn Big T's Grill & Tavern, 223-1744
Yankee Slickers / 5 x 7 Jacksonville Landing, 353-1188
Carnival of Crue Freebird Live, 246-BIRD
The Wave Pictures / The Howlies Jack Rabbits, 398-7496
Chasing Ghosts / Radio City Confessions / The Healing Process / A Jasey Project Murray Hill Theatre, 388-3179
name:bran / Robin Bankz / None Like Us Ocean Club (Jacksonville Beach), 242-8884
Chicken & Whiskey / Tough Junkie / Scum of the F*cking Earth Shantytown, 798-8222

JUNE 7

Cummer: Summer Garden Concert Series: Riptide Cummer Museum of Art & Gardens, 899-6012
Patriot / The Ruins Doozers Pub, 738-8922
Gypsy Highway Jacksonville Landing, 353-1188
Shawn Fisher & the Jukebox Gypsies / Thomas Wynn & the Believers / Beauvilles Jack Rabbits, 398-7496
Last 2 Leave Ocean Club (Jacksonville Beach), 242-8884

JUNE 8

Sarlacc / Downside Doozers Pub, 738-8922

JUNE 9

For the Win / Panorama Jack Rabbits, 398-7496
Forfeit / Legacies / Nasty Crew / Downside / Three Count Doozers Pub, 738-8922
Ian Kelly Music Square One, 306-9004

JUNE 10

Borromakat / At Cliff's End / Juicy Pony The Pit, 223-9850
29 Stabs Jack Rabbits, 398-7496

JUNE 11

Dark Knights of Camelot The Pit, 223-9850
Chuck Ragan / Christina Wagner / I Am God Jack Rabbits, 398-7496
Let Me Run / We're All Broken / Onslaught **Dynamo / Status Faux** Doozers Pub, 738-8922
Elvis Perkins in Dearland / Holopaw Café Eleven, 460-9311
Reverend Billy C. Wirtz European Street Listening Room (San Marco), 399-1740
Weaver and Caitlin Mellow Mushroom (Fleming Island), 541-1999

JUNE 12

Seventh Calling / Inner Demons / AWOL / Deshrived The Pit, 223-9850
The Miracle Dolls / Chapel of Thieves Doozers Pub, 738-8922
Lisa & the Madhatters Trade Winds Lounge (St. Augustine), 829-9336
Mid-Life Crisis Jacksonville Landing, 353-1188
name:bran / Society Red Freebird Live, 246-BIRD
Mishka / Greenhouse Lounge / Zaki Ibrahim Jack Rabbits, 398-7496
Where Music & Art Collide fundraiser: J.R. Roberts & the Hooks The Pangea Live, thepangealive.com
Captain Hook Box Seats, 908-7328

» continues on page 36 »



elvis perkins in dearland

Elvis Perkins has experienced great tragedy in his life. His father, actor Anthony Perkins (*Psycho*), died from AIDS and his photographer mother was aboard one of the planes that crashed into the Twin Towers on September 11th. And although these experiences have influenced his music and factor into his songs, what results is not the dark and brooding affair you might expect.

His first album, *Ash Wednesday*, was a studio album originally released independently and later rereleased on XL Records. Since then he has teamed up with several other musicians including Wyndham Boylan-Garnett, Brigham Brough, and Nick Kinsey to form Elvis Perkins in Dearland. Together they released a self-titled debut in May. Fairly lighter in tone than his solo work, it is not unlike a single ray of sunshine breaking through dark clouds to offer a glimmer of hope in an otherwise bleak landscape.

Elvis has vehemently shunned the title of singer-songwriter for the more general description of recording artist and if that makes him sound more generic, rest assured that it's not. He and his band-mates' music is not your typical Top 40 album but rather a folksy mix of songs that range from upbeat foot-stompers to swaying ballads that can be both enigmatic and humorous at times. Perkins, a native Rhode Islander, has a voice that has drawn comparisons to Neutral Milk Hotel's Jeff Mangum but is far from a carbon-copy. As with any self-respecting folk outfit, EPiD's songs feature all manner of instruments including, but certainly not limited to, saxophone, clarinet, harmonium, and dulcimer.

Elvis Perkins in Dearland will appear at St. Augustine's Cafe Eleven on June 11th along with Holopaw. Tickets are \$10. - JACK DIABLO

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JUNE 13

What About Me Landshark Café, 246-6024
Daddy Longlegs / Nuclear Doodles Doozers Pub, 738-8922
Keylow The Pit, 223-9850
Lisa & the Madhatters Trade Winds Lounge (St. Augustine), 829-9336
George Aspinal / Time Junkees Jacksonville Landing, 353-1188
Fusebox Funk Mojo Kitchen (Jacksonville Beach), 247-6636
Hello Danger / We Still Dream / Words in Red Freebird Live, 246-BIRD
FGGT\$ Jack Rabbits, 398-7496
King of the Hill Battle of the Bands Murray Hill Theatre, 388-3179
Rod MacDonald European Street Listening Room (Beach), 399-1740
Fatal / Tourist Trap / Ripper / Staring Daggers Shantytown, 798-8222
Captain Hook Cross Creek Steakhouse, 765-7420

JUNE 14

Murder in Media / Toe in the Trigger / After the Bomb Baby / Blunt Force Trauma The Pit, 223-9850
Chamber Music: Bach, Brandenburg Church of the Good Shepherd, 387-5691
Steve Earle Florida Theatre, 355-5661
Gypsy Highway Jacksonville Landing, 353-1188
Ryan Cabrerra and Brent Grundin Jack Rabbits, 398-7496
Big Al & the Kaholics Ocean Club (Jacksonville Beach), 242-8884



John Vanderslice will be at Cafe 11 on June 19th. (See album review on page 33.)

JUNE 15

Pro-Pain / Sworn Enemy Jack Rabbits, 398-7496
Dead Herpes / Liberation Doozers Pub, 738-8922
Angry Banana / Darkest Hour The Pit, 223-9850
Summer Slaughter Tour: Darkest Hour / Suffocation / Dying Fetus Plush, 743-1845
Led-Hed Club Myth (Fleming Island), 264-9955

JUNE 16

Whoa is Me! / By Blood and Iron The Pit, 223-9850

Hot Seats Jack Rabbits, 398-7496

JUNE 17

The Casualties Plush, 743-1845

JUNE 18

Crime in Stereo / Fireworks / Title Fight The Pit, 223-9850
Hers & Kings County Landshark Café (Jacksonville Beach), 246-6024
Saliva / Adelitas Way Bourbon Street Station, 641-8777

Steely Dan St. Augustine Amphitheatre, 471-1965

Gove Scrivenor European Street Listening Room (San Marco), 399-1740

Weaver and Caitlin Mellow Mushroom (Fleming Island), 541-1999

JUNE 19

John Vanderslice Café Eleven, 460-9311
Amateur Night at the Ritz (Semi-Finals) Ritz Theatre, 632-5555



The Black Lips are just one of the many bands playing at AthFest happening in Athens, Georgia June 25-28

isn't it time for a road trip?

A Mecca of sorts for music lovers, Athens, Georgia was the birthplace of bands like REM, The B-52's, Widespread Panic, Indigo Girls, The Whigs and most of the Elephant 6 projects. It goes without saying, then, that the charming Southern town is well worth visiting, particularly in June during AthFest. The annual music and arts festival draws thousands of fans, critics and bloggers. Now in its 13th year, the fest promises to feature the best in local and national talent.

Over 175 bands will perform over the course of the three-day event, including headliners the Black Lips, Dead Confederate, Patterson Hood & the Screwtapians, Bloodkin, Randall Bramblett Band and a special reunion of Athens legends Dreams So Real. One thing that sets AthFest apart from other big festivals is many of the acts can be seen for free on the event's three outdoor stages. When you do have to pay, the cost of admission is extremely reasonable: wristbands that can get you into participating venues for the weekend's evening club crawl cost just \$16.

In addition to the music, head to AthFest for the massive open-air Artist Market, screenings of independent films and even a kids' area complete with arts and crafts, special performances and a petting zoo. Affordable, family-friendly and a whole lotta fun, this is one fest that's worth the drive!

AthFest takes place in downtown Athens on June 25th through June 28th. Head over to athfest.com to purchase wristbands, get a complete lineup and get more info on the festival.



Pierce Pettis comes back to Cafe 11 on June 27

Southern-Fried Funk / Grandpa's Cough Medicine Freebird Live, 246-BIRD
Legion X / Repressed Dreams Doozers Pub, 738-8922

Little Green Men West Inn Cantina, 389-1131
Spanky Trade Winds Lounge (St. Augustine), 829-9336

Mint Julep Jacksonville Landing, 353-1188
Slave to the Metal Festival Jack Rabbits, 398-7496

Tough Junkie TSI, 424-3531

jenny lewis

Freebird, June 30

The reigning queen of the indie rock scene, Jenny Lewis, will be in Jacksonville this month. Best known for fronting Rilo Kiley and for her blossoming solo career, the multi-talented songstress wasn't always shooting for music superstardom: Lewis actually started out as an actress. During her preteens and into her 20s Jenny appeared in over a dozen projects, including *Troop Beverly Hills*, *Foxfire* and *Pleasantville*. It wasn't until she formed Rilo Kiley with another former child actor, Blake Sennett, that she found fame. Their first two albums were recognized by indie music publications as showing a lot of potential and 2004's *More Adventurous* proved that point. The record was a critical smash and soon Lewis and Sennett soon found themselves in the movies again, this time providing the soundtrack.



Rilo Kiley makes records every few years and in between Lewis releases her own stuff. In 2006 she teamed up with the Watson Twins for *Rabbit Fur Coat*, a CD that was voted the eighth best of the year by NPR listeners. Last September, Jenny struck out on her own again, this time to release the critically acclaimed *Acid Tongue*. The album's liner notes read like a who's who of music stardom, with Elvis Costello, M. Ward, Zooey Deschanel, Chris Robinson and many others contributing their musical talents to some of the songs.

We can't guarantee any of her famous friends will perform with Lewis when she plays the Freebird on the 30th but we're pretty sure fans are going to be thrilled with the show anyway. Known for her undeniable stage presence and pitch perfect performances, this is one concert you don't want to miss. Ohio's Heartless Bastards will also be in the house so be sure to get their early! Tickets are \$15 in advance, \$20 the day of the show. For more information call Freebird Live at 246-BIRD.

What About Me Landshark Café (Jacksonville Beach), 246-6024

Roscoe Caine / Steve Wheeler Club Myth (Fleming Island), 264-9955

Captain Hook Mardi Gras (St Augustine), 823-8806

JUNE 20

Get the Led Out- The American Led Zeppelin Times-Union Center: Moran Theatre, 633-6110

Trampskirt / Tooth & the Enamels Doozers Pub, 738-8922

Crossin Dixon Mavericks, 356-1110

Spanky Trade Winds Lounge (St. Augustine), 829-9336

Soul Food Festival: O'Jays / Tank / After 7 Metropolitan Park, 353-3309

The Lee Boys / Matt Grondin Freebird Live, 246-BIRD

Slave to the Metal Festival Jack Rabbits, 398-7496

Kutless / Chasen / Kaliyl Murray Hill Theatre, 388-3179

Penny For Your Thought / Marion Crane / Cutting Corners / Coda Ocean Club (Jacksonville Beach), 242-8884

Greg Baril Mojo Kitchen (Jacksonville Beach), 247-6636

Larry Mangum / Darryl Wise / Lon Williamson European Street Listening Room (Beach), 399-1740

My Surfari Landshark Café (Jacksonville Beach), 246-6024

GEN-XX Edge 17, edge17.com



The Plain White T's will be at Freebird on June 29

Swerved Club Myth (Fleming Island), 264-9955
Captain Hook Shellfish Grille & Lounge (St. Augustine), 940-4700

JUNE 21

Press Black / Fled North From Fear Doozers Pub, 738-8922

George Aspinal Jacksonville Landing, 353-1188
Framing Hanley / Red / Cavo Freebird Live, 246-BIRD

Out Of Hand Ocean Club (Jacksonville Beach), 242-8884

Jarritt Sheel / Bionic Soul / BLU-TRIO Ivy Ultra Bar, 356-9200

Future Computers / Borromakat Shantytown, 798-8222

JUNE 23

Joey Cape (Lagwagon) / Jon Snodgrass (Drag the River) / Cory Brannan Jack Rabbits, 398-7496

FIVEnine / Frenchie Doozers Pub, 738-8922

Cool Hand Luke / Quiet Science / Amelia / Scientist Of The Week Murray Hill Theatre, 388-3179

Ian Kelly Music Square One, 306-9004

JUNE 24

Skindred The Pit, 223-9850

Yellowman / Hours Eastly Landshark Café (Jacksonville Beach), 246-6024

Drop Dead Gorgeous / He Is Legend Jack Rabbits, 398-7496

Red Letter Bullet Murray Hill Theatre, 388-3179

JUNE 25

Abigail Williams / Ghoatwhore / Death / Abysmal Dawn / S.W.W.A.A.T.S. Jack Rabbits, 398-7496

Carnifex / Impending Doom The Pit, 223-9850

Tom Bennett European Street Listening Room (San Marco), 399-1740

Swerved Club Myth (Fleming Island), 264-9955

Weaver and Caitlin Mellow Mushroom (Fleming Island), 541-1999



Christina Wagner will perform at The Pit on June 28

JUNE 26

Stop Brian Cancer III: Tropic of Cancer / Chris Spohn / Mark Gentry (Rein Sanction) Shantytown, 798-8222

Embrace the Empire / Second Thief Murray Hill Theatre, 388-3179

Circadian Rising / Dead Southern Bishop Doozers Pub, 738-8922

Red River Band Trade Winds Lounge (St. Augustine), 829-9336

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Event Schedule

June 14
HEADLINERS

- Alex Bugnon with Special Guest Paul Taylor
- Ken Navarro

July 12
HEADLINERS

- Eric Darius
- Four 80 East with Shilts

OPENING ACT

- C1 Jazz

August 9
HEADLINERS

- Brian Simpson with Special Guest Jackiem Joyner
- Michael Lington

A1A North Jacksonville Landing, 353-1188
Hands High / Sophomore Attempt / Radio City Confessions / Vega Under Fire / Seven Story Fall Jack Rabbits, 398-7496
Captain Hook Mellow Mushroom (Fleming Island), 541-1999

JUNE 27

Dead Flesh / Lobotomized The Pit, 223-9850
Red River Band Trade Winds Lounge (St. Augustine), 829-9336
George Aspinal / Cloud 9 Jacksonville Landing, 353-1188
Derek Daisey / Cody Vann / Nuclear Doodles Doozers Pub, 738-8922
Another Way of Life / Chain Reaction Ocean Club (Jacksonville Beach), 242-8884
Pierce Pettis / Mark Williams Café Eleven, 460-9311
Larry Keel / Natural Bridge Mojo Kitchen (Jacksonville Beach), 247-6636
Gove Scrivenor European Street Listening Room (Beach), 399-1740

JUNE 28

Toby Keith / Trace Adkins Jacksonville Memorial Arena, 353-3309
Gypsy Highway Jacksonville Landing, 353-1188
BSOM / Vulcan / Vomikaust / Tortured Existence Doozers Pub, 738-8922
Christina Wagner / Esther The Pit, 223-9850

JUNE 29

Scrapomatic / Fifth South / Badlands Trio Freebird Live, 246-BIRD
The Goddamn Gallows / Witness Doozers Pub, 738-8922
Plain White T's Freebird Live, 246-BIRD

JUNE 30

Jenny Lewis / Heartless Bastards Freebird Live, 246-BIRD
Allele / Mr. Bella / Hollowpoint Militia / Echos Through Chaos Freebird Live, 246-BIRD
isitgettingbetter? Jack Rabbits, 398-7496



Crosby, Stills and Nash might have looked better back then but they can still harmonize like no one else. CSN will be at the St. Augustine Amphitheatre on August 23.

upcoming shows

- July 2 **Simplified / Klob** Mojo Kitchen (Jacksonville Beach), 247-6636
- July 2 **Anthony Hamilton** Florida Theatre, 355-5661
- July 3 **Tinsley Ellis** Mojo Kitchen (Jacksonville Beach), 247-6636
- July 4 **Pat Benatar & Neil Giraldo** Metropolitan Park, www.coj.net
- July 9 **Perpetual Groove** Freebird Live, 246-2473
- July 12 **Hank Williams III** Freebird Live, 246-2473
- July 12 **Eric Darius / Four 80 East & Shilts** Sea Walk Pavilion, 247-6268
- July 13 **The Wallflowers** Florida Theatre, 355-5661
- July 16 **The Avett Brothers** St. Augustine Amphitheatre, 471-1965
- July 17 **Chris Duarte** Mojo Kitchen (Jacksonville Beach), 247-6636
- July 17 **The Offspring** St. Augustine Amphitheatre, 471-1965
- July 19 **Bob Weir & Ratdog** St. Augustine Amphitheatre, 471-1965
- July 23 **Rascal Flatts** Jacksonville Veterans Memorial Arena, 353-3309
- July 30 **Tab Benoit** Mojo Kitchen (Jacksonville Beach), 247-6636
- August 2 **Snoop Dogg / Slightly Stoopid** St. Johns County Fairgrounds (Elkton), 471-1965
- August 7 **Kenny Chesney / Miranda Lambert / Lady Antebellum** Jacksonville Memorial Arena, 353-3309
- August 7 **Hippiefest featuring The Turtles, Denny Laine, Badfinger, Felix Cavalier & Chuck Negron** Peabody Auditorium (Daytona), 386-671-3462
- August 7 **Jackson Browne** St. Augustine Amphitheatre, 471-1965
- August 9 **Michael Lington / Brian Simpson & Jackiem Joyner** Sea Walk Pavilion, 247-6268
- August 11 **Donavon Frankenreiter** Freebird Live, 246-2473
- August 14 **Counting Crows / Michael Franti & Spearhead** St. Augustine Amphitheatre, 471-1965
- August 15 **Judas Priest & Whitesnake** St. Augustine Amphitheatre, 471-1965
- August 23 **Crosby, Stills & Nash** St. Augustine Amphitheatre, 471-1965
- August 28 **OAR / Brett Dennen** St. Augustine Amphitheatre, 471-1965
- October 4 **Alan Jackson** St. Augustine Amphitheatre, 471-1965
- October 17 **Robin Williams** Times-Union Center, 633-6110
- October 24 **Bonnie Raitt** St. Augustine Amphitheatre, 471-1965



Jackiem Joyner

jacksonville beach summer jazz series

There's another reason to head to the beach this summer besides soaking up the rays. The Jacksonville Beach Summer Jazz Series is back and promises to be better than ever. The annual event is in its eighth year and will bring some of the finest jazz musicians in the country to the Sea Walk Pavilion. The headliners have been booked and the lineup is impressive.

The fun kicks off on June 14th with a performance by award winning contemporary jazz guitarist and composer Ken Navarro. Then jazz/R&B keyboardist Alex Bugnon and saxophonist Paul Taylor share the stage. The series continues on July 12th with sets by the Toronto-based Four80East as well as Paul "Shilts" Weimar and Eric Darius.

Finally, on August 9th Michael Lington, Brian Simpson and Jackiem Joyner will end the summer with a bang.

As with most of the stellar events at the Sea Walk Pavilion, admission to the Jacksonville Beach Summer Jazz Series is completely free of charge. Attendees are encouraged to bring a blanket or some lawn chairs and enjoy the show under the stars. Entertainment begins at 5 pm, but you should arrive early to snag a good spot. For more information, call 247-6100 (ext. 3) or visit jacksonvillebeach.org.



Ken Navarro

the vinyl revival

Jacksonville celebrates Record Store Day by jack diablo



CD Connection

April 18th marked the second annual Record Store Day, a celebration of the local independent music stores. Over 700 shops from across the nation participated in this year's event by hosting parties and offering exclusive vinyl releases.

In Jacksonville, CD Connection and Weird Wax featured local bands performing all day in order to bring people out and discover what these shops offer.

Terry Dixon is the owner of CD Connection and an avid fan of any and all types of music. For him, supporting independent record stores is not just a personal financial matter but a means to stimulate the local economy. "Shop local!" Dixon exclaimed in our interview. "It's your economy. The only economy that matters is your local one."

One of the main foci of independent music shops is the sale of new and used vinyl

albums, a medium that has recently seen a dramatic upswing in retail sales.

Vinyl has been an integral part of Dixon's store since it opened ten years ago. He has witnessed the revival first-hand. In fact, last year's sales alone were greater than the past twenty years combined. So just what is it about vinyl that has made it a prime candidate for such a comeback?



CD Connection

"It sounds better," Dixon affirms. "You only hear in analog stereo." The organic sound quality associated with the medium seems to be the most popular reason for audiophiles to choose vinyl over digital. Greg Trosell, a patron of CD Connection, feels a nostalgic link to those "inconsistencies, the crackles and pops" you hear when you drop the needle. Trosell has been pleased to see some of his favorite hard-to-find classic albums re-released. Whereas before you had to dig through stacks of used records to find a diamond in the rough, it is now as easy as making a trip to the store to find albums once considered rare.

But some enthusiasts enjoy the ritual of thumbing through the stacks to discover that unique find. From thrift stores to used record shops like Weird Wax and Royal Treatment, the option remains for those determined enough to spend the time to sift out what they are looking for.

Another draw is the production value put into making vinyl records these days. There are limited edition LP's that commonly feature colored wax and additional material not found in the CD release. As Devin Balara, an employee at CD Connection, calls it, "the full package." Balara advocates buying



Ian Ranne flipping through used records at Weird Wax

any kind of physical music, vinyl and CD alike. "I love to have the material, all the stuff that the artist intended for you to have. There's a reason there is so much thought put into it," she says.

One obstacle to vinyl sales is the cumbersome nature of those seven to twelve inch discs. Vinyl has to be properly cared for if it is to last and you obviously can't play records in your car or listen to them during your jog. Fortunately, many new releases offer digital downloads of the music free of charge with the purchase of the record.

Whether you buy your music on vinyl or CD, one thing remains - the best way to buy music and support the community at the same time is to shop at your local independent music store.

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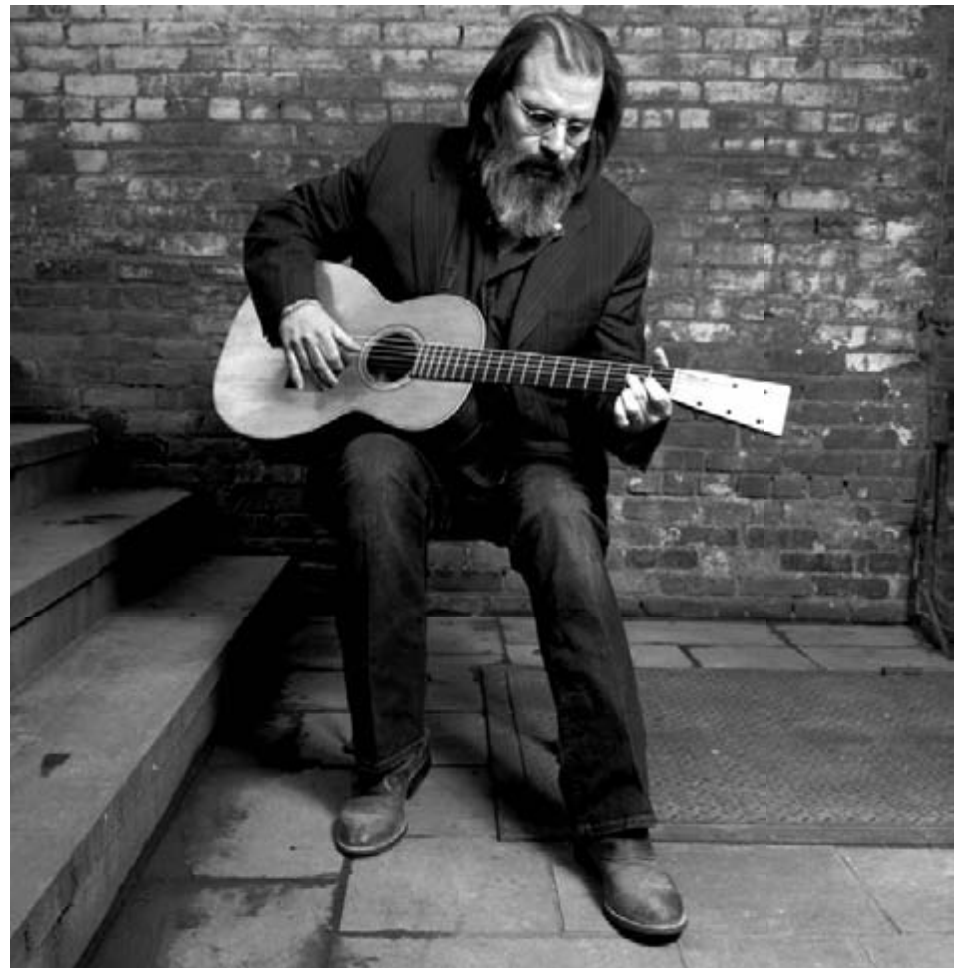
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Lonesome alt cowboy

interview with Steve Earle by rick grant

Steve Earle is one of the best songwriters to come out of the post 1960-70s folk era. Earle's influences include Kris Kristofferson, Terry Allen, Levon Helm and his mentor, Townes Van Zandt. He flew under the commercial radar for many years. Then, his 1986 debut album *Guitar Town* hit the country charts and coined the term "New Country" or alt-country.

Earle's 2007 album, *Washington Square Serenade*, won a Grammy nomination and climbed high on the charts. It gave Earle a name among the alt-country devotees and radio play on Sirius satellite radio. Soon folk and country fans alike were lining up to see Earle's concerts.

I became aware of Steve Earle while listening to HBO's *The Wire* soundtrack. His haunting song (by Tom Waits) 'Way Down in the Hole,' that played during the intro, crept into my musical consciousness and wouldn't go away. I was compelled to find out who wrote and performed it. Earle performed the song live on Leno a couple of years ago. Soon I was delving into everything Steve Earle. The song was on the *Washington Square Serenade* album, which is on heavy rotation in my car stereo.

Since I was already a fan of Townes Van Zandt, when I heard that Earle had recorded an album of his music as an homage to his late mentor, I was pumped. I logged on to Rhapsody and downloaded *Townes* immediately.

Clearly, Earle has an emotional connection to Van Zandt's work. He named his son Justin Townes Earle and was a close friend and collaborator of Van Zandt during his musical odyssey, tragically cut short by his death in 1997 at age 52.

Steve lives in New York City's Greenwich Village where he has a home studio. He records his own material and overdubs the tracks, then he mixes the final cut at the Sound Emporium and Room & Board in Nashville.

I called Earle at his home to ask him what he's up to today. Currently, Steve is doing a record store tour, but he'll soon hit nightclubs across the country to promote his latest album, the aforementioned *Townes*. Earle has found his spiritual home in NYC where he can touch, feel and be inspired by the electric pace and atmosphere of "living for the city."

"In addition to my songwriting, I'm finishing a novel to be published next year," says Earle. "The novel is about a defrocked doctor who's a heroin addict. He supports his habit by performing abortions and patching up gunshot wounds. Two years earlier he was traveling with Hank Williams. When he gets loaded, Hank's ghost shows up. It's titled *I'll Never Get Out of This World Alive...* I'm also working on my radio show on Sirius Radio Outlaw Country."

I also asked Earle his impressions after he recorded Van Zandt's music. "When I did this record, I was surprised how much it sounded like [Van Zandt]. This made me realize how much Townes has influenced me."

While Earle's an old hand at touring, these days he's not completely at peace with the solitary life on the road. "I've been touring to make my living. But lately I've been off the road writing this book and doing some recording. My wife, Allison Moorer, usually tours with me to sing backup on some songs, but she's taking some classes and is staying home for this tour. Yes, the coffee break is over, now it's time to go out and make a living on the road. Normally, I'm comfortable on the road, but this time I won't have Allison with me. So it will be like the old lonely days."

Do your best to make the lonesome Steve Earle feel welcome in Jacksonville when he performs solo at the Florida Theatre, Sunday, June 14th.

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Fulfill both motives and pick up the inspirations for these upcoming stage shows and films!

"There are two motives for reading a book: one, that you enjoy it; the other, that you can boast about it." -Bertrand Russell

on stage

Annie (Alhambra Dinner Theatre, June 3 to July 26)

Inspired by: *Little Orphan Annie* comics by Harold Gray

Little Orphan Annie has been a comic staple since 1924. The bubblegum-sweet lass was originally drawn to appeal to children, but by the 30s and 40s Annie was having run-ins with ruthless gangsters and blowing up Nazi submarines. Hard knock life, indeed! To give you an idea of the comic's popularity, Annie's adventures as a "Junior Commando" during World War II prompted real kids to follow suit by starting their own groups to sell bonds, collect recyclables and do odd jobs to help the war effort. It's estimated that Boston alone had over 20,000 JCs running around mere months after Gray introduced the group in his comics.

Over the years the beloved character has been the subject of a long-running radio program, at least five movies and a Broadway musical. First Coast theatre lovers will have the opportunity see said musical this month when *Annie* returns to the Alhambra Dinner Theatre.

Into the Woods (Theatre Jacksonville, June 12-27)

Inspired by: *The Uses of Enchantment* by Bruno Bettelheim, Brothers Grimm fairytales

A child psychologist, Bettelheim wrote *The Uses of Enchantment* to encourage parents to start reading fairytales to their children, including those considered too dark for wee ones. In the award-winning book, Bettelheim analyzes well-known stories, arguing that by exposing kids to tales of struggle and ultimate triumph parents are better equipping them to grow into healthy adults.

The Broadway musical *Into the Woods* takes the fairy tale analysis one step further by allowing the audience to see how the lives of various storybook characters interweave and how their actions will eventually affect themselves and those around them. Little Red Ridinghood, Jack (and his beanstalk), Rapunzel, Cinderella and others make an appearance in this hilarious fractured fairytale presented by Theatre Jacksonville.

on screen

The Taking of Pelham 1 2 3 (June 12)

Inspired by: *The Taking of Pelham 1 2 3* by Morton Freedgood

Freedgood (aka John Godey) was well-known for his gripping crime novels, but it's *The Taking of Pelham 1 2 3* that really put him on the map. The story centers on the hijacking of a New York subway train and a gruff police detective's efforts to keep the passengers alive and bring the bad guys to justice. The book was adapted to film three times, most notably the 1974 hit starring Walter Matthau and Robert Shaw. *The Taking of Pelham 1 2 3* was also referenced in *Reservoir Dogs* and Beastie Boys song 'Sure Shot.' This month's film version of Freedgood's novel stars John Travolta and Denzel Washington and was directed by Tony Scott.

My Sister's Keeper (June 26)

Inspired by *My Sister's Keeper* by Jodi Picoult

Picoult's heart wrenching 2004 novel tells the story of Anna, a young girl born a genetic match for her sister Kate, who suffers from leukemia, for the specific purpose of being a "harvest child." Anna has gone through countless blood and bone marrow transplants but seemingly draws the line when her parents insist she has a kidney transplant to save her sister's life. The girl sues her parents for the right to make the choice for herself. The film version stars Cameron Diaz and Abigail Breslin.

Chéri (June 26)

Inspired by: *Chéri* by Colette

Famed French author Colette (pen name of Sidonie-Gabrielle Colette) knew how to shake things up. Three marriages, numerous affairs (including one with her stepson and several with women) and her controversial novels made Colette one of the most talked about authors of her time. Her book *Chéri* (1920) is what she's best known for, second only to her novella-turned-musical *Gigi*. In *Chéri* Colette tells the story of the unconventional love affair between the flamboyant Chéri and his aging courtesan Léa. The tale has been brought to life multiple times, including twice as a feature film and twice as a TV movie. It's also the subject of a ballet and an upcoming stage musical. The newest film version stars Michelle Pfeiffer as Léa and Rupert Friend as the title role.

netscapades

by **brenton crozier**



brevity edition

Is the idea of reading a book laughable to you? You may even find the concept of hand-writing a letter not only preposterous, but downright offensive. You my friend, simply don't have the time. Even conducting an actual conversation is purely passé.

My quandary is you even making it this far into the article. I can only hope that you've made an exception and have continued reading out of curiosity or even boredom. Anyhow, even formerly simple cell phone conversations that you used to make to fill your drive time have grown too cumbersome. The almighty text is now the prevailing method of communication resulting in auto accidents and an endless stream of annoyance to folks who prefer to do things the old fashioned way: cell phone or email. Additionally, social networking websites like Twitter and Facebook have further split social circles to communicating in voyeuristic and trifling fragments.

So in this spirit of brevity and not investing any significant amount of time so that you can report to your friends and followers that you are "Doing laundry - ugh" or "Getting ready to watch Lost" or reporting on one of the many personality tests that tell you what rock star, celebrity or philosopher you are most like, I give you these gems that celebrate the succinct.

www.onesentence.org

One Sentence is a user-generated, but owner-regulated forum where you can share either your life story, the big to-do from last night or simply that thought burning a hole through your cerebrum—but all in one sentence. I'll go ahead and warn you, there is a Post Secret feel to this site that makes you say, "Lighten up" or "Please seek professional help." But there are also a number of gems among the one-sentence soap operas. Some of my favorites include:

"My mother has 1,500 followers on Twitter and I have 7."

"Prom sucked."

"It took the internet to find out about my uncle's successful career in porn."

www.oneword.com

One Word is an exercise in association and writing. The concept is simple. You are given one word and one minute to write about the word. Your results are then posted alongside all the other's for the day. Today's word is "clinic" and I wrote this:

"I'm going to put on a clinic for those in search of brevity. That's right it's school time and the bell is ringing. So sit back, read and learn. Clinic also makes me think of the cool band Clinic that wears surgical gear on stage."

www.textsfromlastnight.com

This site asks, "Remember that text you shouldn't have sent last night?" Well unfortunately for you, they have it, and their posting it for everyone's entertainment. These texts are unfiltered and often the result of alcohol excess, so you can imagine what the subject often gravitates towards. My particular favorites are in the Best Nights section and include:

"(703): I want to take things slow emotionally, but fast physically."

"(612): You guys were way drunker than both of me."

All of these sites have an oddly addictive quality. I guess that makes me just as voyeuristic as people discussing their television schedules and household chores. While it's sad to see the art of meaningful exchange go, there is something liberating to getting to forgo all the mundane, sometimes annoying and other times frivolous details. I can't imagine what the next Cliffs Note transition from this will be, but I'm sure it will be awsum.



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view from the couch

on the tube

Conan O'Brien returns to NBC beginning June 1st. The late night funnyman is taking over Jay Leno's helm at **The Tonight Show** (don't worry, Jay will be back in the fall). • USA unveils their promising new original series **Royal Pains** on June 4th. The show is about a former ER doctor who takes a job as an on-call physician for the social elite in the Hamptons. • New Showtime dramedy **Nurse Jackie** (June 8) stars Edie Falco as a strong-willed, drug-addicted nurse juggling the grind of an urban hospital and an equally challenging personal life. • Say your last goodbyes to **Pushing Daisies**. The whimsical ABC series ends on June 13th. Prepare for even more sadness when the final episodes of **Eli Stone** begin airing on June 20th. • Several awards shows will be airing this month. See the **Tony Awards** on June 7th (CBS), the **2009 CMT Music Awards** on June 16th (CMT) and Spike TV's **Guys Choice 2009** on June 21st. • ABC has a few new shows this summer as well. **Impact** (June 21) is a miniseries that centers on a small group of international astronauts, scientists and soldiers who band together to save Earth from the approaching Moon. On June 23rd ABC revives the 1970s series **Superstars**, a show that has some of the biggest names in sports teaming up with celebrities to compete in a variety of tough physical challenges. • NBC is unveiling three new shows in June. **The Listener** (June 4) is a Canadian series about a paramedic who has the ability to read peoples' thoughts. We're transported to Camelot when **Merlin** hits airwaves on June 21st. The fantasy drama shows the beginnings of Merlin and Arthur's legendary relationship. Finally there's **The Philanthropist** (June 24), which chronicles the heroic adventures of a billionaire playboy turned vigilante philanthropist. • The racy new HBO series **Hung** (June 28) is about a well-endowed high school basketball coach who figures out a way to take advantage of his physical gift. • Finally, many channels are bringing back some of their original programming for the summer including USA's **Burn Notice** (June 4), Showtime's **Weeds** (June 8) and HBO's **True Blood** (June 14).

need to know info

Television stations nationwide will begin broadcasting exclusively in a digital format by June 12th. On the plus side, the switch will mean crystal-clear picture and sound, and more programming choices than ever before. But millions of households risk losing television reception altogether unless they take the steps to receive a digital signal. So what do you need to do?

Well, if you already subscribe to cable or satellite service, you're all set. But, if you're in one of the 70 million households that use an antenna to watch TV or have secondary television sets in your bedroom or kitchen that aren't hooked up to cable, you'll need to do something before the 12th to ensure you won't miss your favorite shows. You have three options: get cable, buy a TV set with a built-in digital tuner or purchase a DTV converter box for your existing set.

Since times are tough and money is tight, a converter box is probably your cheapest option. Congress created a TV converter box coupon program which allows U.S. households to obtain up to two coupons, each worth \$40, which can be applied toward the cost of eligible converter boxes. The bad news is those applying for coupons this late will be placed on a waiting list until funding becomes available to send out more.

In the end, the headaches and the money spent will all be worth it. TV stations will improve their services with enhanced closed captioning, better pictures and sound, and offer several channels of programming at the same time. That's a better TV experience for all. For more information on the digital switch and the coupon program, visit dtv2009.gov.

dvd releases

June 2

Avenging Angelo (Rated R)
Revolutionary Road (Rated R)
Defiance (Rated R)
He's Just Not That Into You (Rated PG-13)

June 9

Gran Torino (Rated R)

June 16

Friday the 13th (Rated R)
Nerdcare Rising (Not Rated)

June 23

Bob Funk (Rated R)
Confessions of a Shopaholic (Rated PG)
The Code (Rated R)
Inkheart (Rated PG)

June 30

Princess Protection Program (Rated G)
Two Lovers (Rated R)
Jonas Brothers: The Concert Experience (Rated G)

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network upfronts

Last month we got a peek at what will be airing next year thanks to the network upfronts, an industry meeting of television executives, major advertisers and press. Head to our website for a sneak peek at each network's new shows. In the meantime, here's a look at what established series are staying and which got the axe. **by kellie abrahamson**

nbc

NBC brought back most of their comedies including *30 Rock*, *Parks and Recreation*, *The Office* and *SNL Weekend Update Thursdays*. *Law & Order*, *Law & Order: SVU* and *Southland* got a reprieve, along with reality shows *The Apprentice* and *The Biggest Loser*. Some pleasant surprises were the returns of the rumored-dead series' *Chuck* and *Friday Night Lights*. And, despite a drop in the ratings, NBC is keeping *Heroes*.



We bid farewell to Howie Mandel's rule over NBC- both *Deal or No Deal* and *Howie Do It* met their end. *ER* had its series finale this year as well. Struggling series' *Kings*, *Knight Rider*, *Life*, *Lipstick Jungle* and *My Own Worst Enemy* all got axed as did reality shows *America's Toughest Jobs*, *Momma's Boys* and *The Chopping Block*. Finally there are the dismissed comedies *Kath & Kim* and *My Name is Earl*. I don't have the space to express the depth of my disappointment that these two terrific shows are canceled. Thursdays just won't be the same, and not in a good way.

abc

The Alphabet Net is bringing back several of their shows, some obvious (*The Bachelor*, *Brothers & Sisters*, *Dancing with the Stars*, *Desperate Housewives*, *Extreme Makeover: Home Edition*, *Grey's Anatomy*, *Lost*, *Private Practice*, *Supernanny*, *Ugly Betty* and *Wife Swap*) and some not so obvious (*Better Off Ted*, *Castle*, *Scrubs* and *True Beauty*). For the most part, we're thrilled about what they're keeping, especially the newer gems like *Better Off Ted* and *Castle*.

The cancellations of *Dirty Sexy Money*, *Pushing Daisies*, *Life on Mars* and *Eli Stone* were announced last year so no surprises there. Also not at all shocking were the endings of ratings-stunted alternate series' *Cupid*, *In the Motherhood*, *Surviving Suburbia* and *The Unusuals*. Long-running shows *According to Jim* and *Boston Legal* both ended, as did reality shows *Opportunity Knocks* and *Homeland Security USA*. Perhaps the only truly disappointing departure from ABC is that of the plucky comedy *Samantha Who?*, which will air its final episodes starting June 5th.



cbs

For the most part CBS is bringing everything worth watching back for another season. Crime drama is what this network seems to do best and they plan to hold onto that title with the returns of *Cold Case*, *Criminal Minds*, *CSI: Crime Scene Investigation*, *CSI: Miami*, *CSI: NY*, *Flashpoint*, *NCIS*, *Numb3rs* and *The Mentalist*. Solving crimes from beyond the grave is still the job of the



Dollhouse

Ghost Whisperer but she'll get some competition this year when *Medium* moves from NBC to CBS. Comedies *Gary Unmarried*, *How I Met Your Mother*, *Rules of Engagement*, *The Big Bang Theory*, *The New Adventures of Old Christine* and *Two and a Half Men* will all bring the funny once again. Finally, fan favorites *Survivor* and *The Amazing Race* will continue.

As with ABC's cancellations, the Eye didn't surprise with their cuts. Dramas *The Eleventh Hour*, *The Unit* and the long-running but definitely done *Without a Trace* are gone as are comedies *The Ex List* and *Worst Week*. Finally, *EliteXC Saturday Night Fights*, *Game Show in My Head* and *The Price Is Right Primetime* all went to TV heaven.

fox

We literally cheered when *Dollhouse*, *Fringe* and *Lie to Me* were renewed. Thanks Fox! Animated heavyweights *American Dad!*, *Family Guy* and *The Simpsons* will live to see another day, as will reality shows *So You Think You Can Dance*, *Kitchen Nightmares* and, of course, *American Idol*. Rounding out the renewals are *24*, *Bones*, *House* and *Til Death*.

Fox didn't cut anything we can't live without. *Do Not Disturb*, *Hole in the Wall*, *King of the Hill*, *Prison Break*, *Sit Down*, *Shut Up* and *Terminator: The Sarah Connor Chronicles* are all over and we're ok with that.

the cw

The C-Dub will keep their loyal viewers happy with the return of *One Tree Hill*, *90210* and *Gossip Girl*. The boys of *Smallville* and *Supernatural* will also be back, as will the ladies of *America's Next Top Model*.

The CW cut quite a few shows this time around including newbies *13: Fear Is Real*, *Easy Money*, *In Harm's Way*, *Privileged*, *Stylista* and *Valentine*. *The Game* and *Everybody Hates Chris* got the axe as well. The one sad cancellation this time around is *Reaper*, the only comedy on the netlet that was actually funny.

june movies



NOW SHOWING

UP Ever want to just get away? Carl Fredrickson does. The retired balloon salesman spent his entire life dreaming of exploring the globe and experiencing life to its fullest. But at age 78, life seems to have passed him by, until he ties thousands of balloons to his house and sets off on an adventure to South America. But he discovers, too late, that his nightmares have come true when he finds a persistent 8 year old stowaway, a Junior Wilderness Explorer named Russell. Featuring voices of: Edward Asner, Jordan Nagai, Christopher Plummer and John Ratzenberger. Rated PG

JUNE 6

HANGOVER Two days before his wedding, Doug and his three friends drive to Las Vegas for a blow-out bachelor party they'll never forget. But, in fact, when the three groomsmen wake up the next morning, they can't remember a thing. For some reason, they find a tiger in the bathroom and a six-month-old baby in the closet of their suite at Caesars Palace. The one thing they can't find is Doug. With no clue as to what transpired and little time to spare, the trio must retrace their hazy steps and all their bad decisions in order to figure out where things went wrong and hopefully get Doug back to L.A. in time to walk down the aisle. Starring: Bradley Cooper, Ed Helms, Zach Galifianakis, Heather Graham and Justin Bartha. Rated R

LAND OF THE LOST Space-time vortexes suck. Will Ferrell finds out how much as scientist Dr. Rick Marshall who gets sucked into a warp and is spat back through time. Way back. Now, with no weapons, few skills and questionable smarts, Marshall must survive in an alternate universe full of marauding dinosaurs and fantastic creatures from beyond our world. Sucked alongside him for the adventure are a crack-smart research assistant named Holly and a redneck survivalist called Will. Chased by T. Rex and stalked by psainfully slow reptiles known as Sleestaks, Marshall, Will and Holly must rely on their only ally -- a primate called Chaka to navigate out of the hybrid dimension. They're trying to get back to the future, but nobody has a DeLoren. Starring: Will Ferrell, Anna Friel, Danny R. McBride and Jorma Taccone. Rated PG-13

» continues on page 46 »



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MY LIFE IN RUINS A Greek tour guide named Georgia attempts to recapture her kefi (Greek for "mojo") by guiding a ragtag group of tourists around Greece and showing them the beauty of her native homeland. Along the way, she manages to open their eyes to the wonders of an exotic foreign land while beginning to see the world through a new set of eyes in the process. Starring: Nia Vardalos, Richard Dreyfuss, Harland Williams, Rachel Dratch and Caroline Goodall. Rated PG-13

JUNE 12

TAKING OF PELHAM 123 Denzel Washington stars as New York City subway dispatcher Walter Garber, whose ordinary day is thrown into chaos by the hijacking of a subway train. John Travolta stars as Ryder, the criminal mastermind who, as leader of a highly-armed gang of four, threatens to execute the train's passengers unless a large ransom is paid within one hour. As the tension mounts beneath his feet, Garber employs his vast knowledge of the subway system in a battle to outwit Ryder and save the hostages. But there's one riddle Garber can't solve: even if the thieves get the money, how can they possibly escape? Starring: Denzel Washington, John Travolta, John Turturro, Luis Guzman, Michael Rispoli, and James Gandolfini. Rated R

IMAGINE THAT Evan Danielson (Eddie Murphy) is a successful financial executive who has more time for talking on his blackberry than talking to his seven-year-old daughter. When he has a crisis of confidence and his career starts going down the drain, he finds the solution to all his problems in his daughter's imaginary world. Let's take a day-trip with Eddie to Never Never Land. Starring: Eddie Murphy, Thomas Haden Church, Nicole Ari Parker, DeRay Davis, Ronny Cox Rated PG



TAKING OF PELHAM 123

JUNE 19

YEAR ONE Why are we here? What is the meaning of man's existence? Over the millennia, some of the world's greatest thinkers have speculated on life's biggest mysteries, looking for nothing less than an answer to the ultimate question to life, the universe and everything. All they had to do was ask Jack Black! Join Jack Black and Michael on a road trip of Biblical proportions. When the lazy hunter-gatherers are banished from their primitive village, they set off on an epic journey through the ancient world to discover the true meaning of life. Rated PG-13

THE PROPOSAL When high-powered book editor Margaret faces deportation to her native Canada, the quick-thinking exec declares that she's actually engaged to her unsuspecting put-upon assistant Andrew, who she's tormented for years. He agrees to participate in the charade, but with a few conditions of his own. The unlikely couple heads to Alaska to meet his quirky family and the always-in-control city girl finds herself in one comedic fish-out-of-water situation after another. With an impromptu wedding in the works and an immigration official on their tails, Margaret and Andrew reluctantly vow to stick to the plan despite the precarious consequences. Starring: Sandra Bullock, Ryan Reynolds, Denis O'Hare, Malin Akerman and Mary Steenburgen. Rated PG-13

JUNE 26

MY SISTER'S KEEPER From the best-selling novel written by Jodi Picoult. Anna is not sick, but she might as well be. By age thirteen, she has undergone countless surgeries, transfusions and shots so that her older sister, Kate, can fight the leukemia that has plagued her since childhood. The product of preimplantation genetic diagnosis, Anna was conceived as a bone marrow match for Kate - a life and a role that she has never questioned... until now. Like most teenagers, Anna is beginning to question who she truly is. But unlike most teenagers, she has always been defined in terms of her sister - and so Anna makes a decision that for most would be unthinkable, a decision that will tear her family apart and have perhaps fatal consequences for the sister she loves. Starring: Cameron Diaz, Alec Baldwin, Abigail Breslin, Sofia Vassilieva, Joan Cusack. Rated PG-13

TRANSFORMERS 2: REVENGE OF THE FALLEN After saving the world with the Autobots, Sam Witwicky (Shia LaBeouf) is off to college. He hopes to leave his overprotective guardian, Bumblebee, behind and tries to keep in touch with his girlfriend Mikaela (Megan Fox). Adding to his stress, he begins to see visions in the Autobot language. As the Decepticons regroup to fight our heroes on Earth, Sam finds he'll have more to deal with than meets the eye. Starring: Shia LaBeouf, Megan Fox, Josh Duhamel, Tyrese Gibson and John Turturro.



YEAR ONE



FROM THE DIRECTOR OF 'THE NOTEBOOK'

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abigail breslin

my sister's keeper

alec baldwin jason patric sofia vassilieva joan cusack

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NATIONAL LAMPOON'S ANIMAL HOUSE

SPECIAL MOVIE SHOWINGS

June 5-11 Jacksonville 48 Hour Film Project The 48 Hour Film Project has returned to Jacksonville. In a wild, sleepless weekend, teams will write, shoot, edit and score an original 4-8 minute film in just 48 hours. On Friday, June 5, the teams will get a character, a prop, a line of dialogue and a genre, all to include in the movie. By Sunday, the movie must be complete and turned in. All completed films will be screened the following week at the Florida Theatre. You may still be a part of the project by going to the Jacksonville Landing on Friday, June 5 and joining a team at the Kick Off event. Come to the screenings and vote for your favorites June 9, 10 and 11 at the Florida Theatre. Tickets for the Award Screening are only \$10 or \$25 for all three. 622-6800, 48hourfilm.com/Jacksonville

June 8 Monthly meeting of the Leave 'em Laughing Tent The theme of June's meeting will be Cheese Factor, movies in which L&H are undone, not by their own bungling, but by shoddy special effects. The program will begin with the Popeye cartoons *Hospitality* (1938) and (for the upcoming Father's Day) *Goonland* (1939), followed by the L&H short subject *County Hospital* (1932) and the feature film *The Dancing Masters* (1943). Pablo Creek Branch Library, 13295 Beach Blvd. (between Kernan and Hodges Blvds.), 6:30 to 8:30 pm. Info: Steve Bailey, 246-0312, leaveemlaughingtent.com

June 19 NATIONAL LAMPOON'S ANIMAL HOUSE The classic comedy about college life in the early 60s will be shown in downtown Jacksonville. Break out your bed sheets for a toga party like no other! Live entertainment by Alpha Delta Nik Tribute to Animal House Band. The Florida Theatre, festival begins 5:30 pm and movie begins 8 pm. Tickets \$5. For more info visit, makeascenedowntown.com |

June 25 KOREA: FORGOTTEN WAR, REMEMBERED HEROES - Jacksonville Salutes Korean War Veterans Korean War Veterans will be honored in on the 59th Anniversary of the start of the Korean War June 25th in a program consisting of 1950s Korean War era music and the premier of the documentary *Korea: Forgotten War, Remembered Heroes*. The documentary film was produced by Michael Rothfeld, President of FVPP, and directed by Dr. Nadia A. Ramoutar, Academic Department Director of the Digital Filmmaking & Video Production Department of the Art Institute of Jacksonville and her students. The film shares the Korean War experiences of five local Korean War Veterans. Main Library- Hicks Auditorium, Downtown Jacksonville, Noon. Info: Michael Rothfeld, 829-0381, anyvet-eran.org.

Summer Movie Classics at the Florida Theatre Enjoy great selections from cinematic history in the beautiful setting of one of Jacksonville's own classics. Every Sunday, from June 21 through August 16, at 2 pm, the Florida Theatre will be the place for Summer Movie Classics. Tickets: \$7 Single Admission; \$40 Movie Card (good for any ten admissions). On June 21 see the WWII classic, **THE BRIDGE ON THE RIVER KWAI** and on June 28 see Barbara Streisand in **FUNNY GIRL**.

FREE MOVIES

Not Just for Baby Boomers Film Series Enjoy free showings of Boomers' favorite films on the 2nd and 4th Thursdays each month at 5:45 pm in the Main Library's Hicks Auditorium. Info: 630-1741. On June 11 check out **THE ODD COUPLE**. Jack Lemmon and Walter Matthau star as two divorced men sharing a New York apartment - with hilarious results. June 25 see **THE MALTESE FALCON** with Humphrey Bogart as tough-talking private eye Sam Spade.

Night Owl Cinema in St. Augustine On June 5 **DIRTY DANCING** (PG-13) will be screened. Doors open at 6:30 pm and movies begin at 8 pm. Food is available from local restaurants. St. Augustine Amphitheatre, A1A South, staugamphitheatre.com/cinema.php

Moonlight Movies Series at Jacksonville Beach Enjoy classic movies outdoors under the stars. Come early to get a good spot. Refreshments available. Children's play area is open 6 - 8 pm and films shown 9 - 11 pm. June 5 - **SLEEPLESS IN SEATTLE**, June 12 - **HARRY POTTER & THE SORCERER'S STONE**, June 19 - **INDIANA JONES AND THE LAST CRUSADE**, Sea Walk Pavilion, jacksonvillebeach.org.

Summer 2009 Beaches Trolley and Moonlight Movies The Beaches Trolley is back by popular demand this summer! The Beaches Trolley is a weekend service that runs from A1A and Third Street to the Atlantic Village Shopping Center on Atlantic Boulevard and back. It's a great way to attend Moonlight Movies without the hassle of parking. Find a parking space anywhere along the route and hitch a ride. The Trolley runs through Labor Day (September 7). Pick up a Beaches Trolley map at any of Beaches City Halls. The fare for the trolley is fifty cents each way.

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WHILE QUANTITIES LAST • LIMIT ONE PASS PER PERSON - NO PURCHASE NECESSARY

OPENS IN THEATRES JUNE 12

THE CITY OF JACKSONVILLE PRESENTS
FREEDOM, FANFARE AND FIREWORKS

**GO FOURTH
 & ROCK!**

**JULY 3-5, 2009
 DOWNTOWN JACKSONVILLE**



MAKE A SCENE
DownTown!



FRIDAY, JULY 3

5 - 9 p.m.

Ice skating and family activities including arts and crafts, face painting, strolling entertainment, and interactive games.

Jacksonville Veterans Memorial Arena
 Ice skating, \$3 (includes skate rental)

SATURDAY, JULY 4

10 a.m. - 5 p.m.

Ice skating and family activities including arts and crafts, face painting, strolling entertainment, and interactive games.

Jacksonville Veterans Memorial Arena
 Ice skating, \$3 (includes skate rental)

2:30 p.m.

Freedom Ride 2009
 Adamec Harley-Davidson and
 City of Jacksonville Freedom Ride



Gates open at 4 p.m.

Concert featuring Pat Benatar and Neil Giraldo
 Concert featuring Richard Marx

Metropolitan Park

9:45 p.m.

Fireworks on the Downtown Riverfront

SUNDAY, JULY 5

10 a.m. - 5 p.m.

Ice skating and family activities including arts and crafts, face painting, strolling entertainment, and interactive games.

Jacksonville Veterans Memorial Arena
 Ice skating, \$3 (includes skate rental)



For more information, call (904) 630-3690
 or visit www.MakeASceneDowntown.com



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