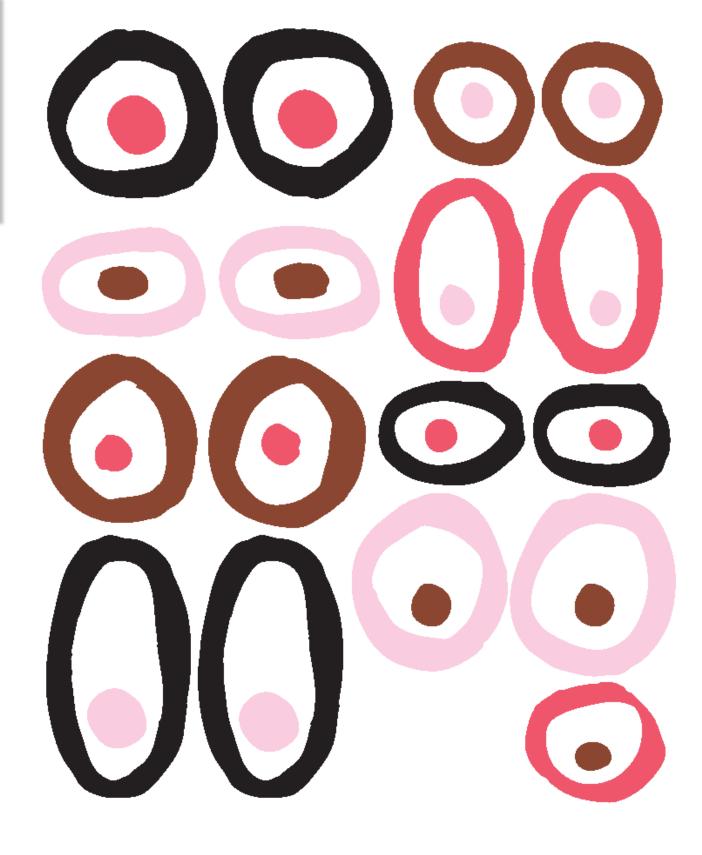
# JACKSONVILLE

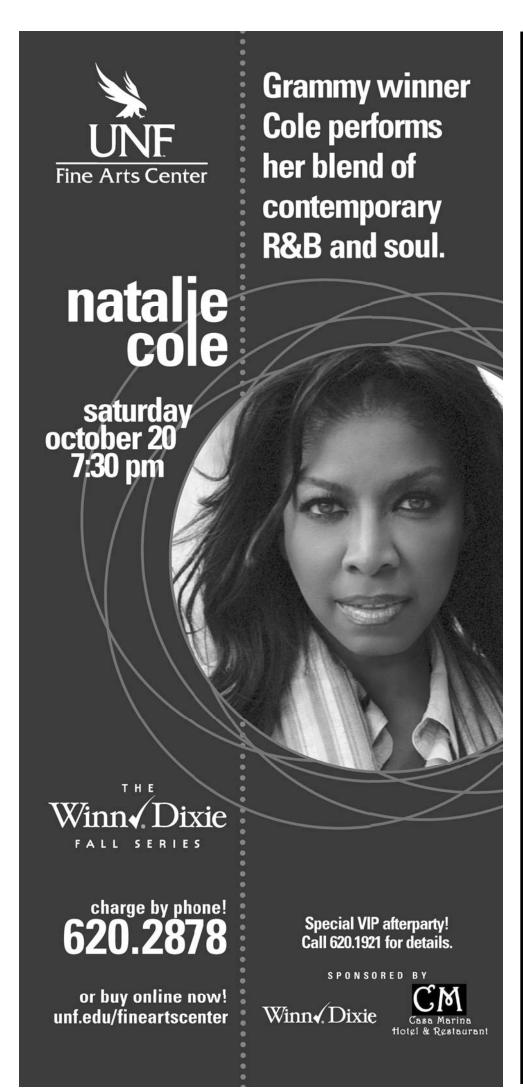
# breast cancer awareness issue

- · Donna Hicken
- · Dr. Edith Perez
- · Mayo Clinic
- · Breast Defense
- · Buddy Check 12
- Making Strides
- Beating Cancer
- · Local Resources

our breast issue yet.

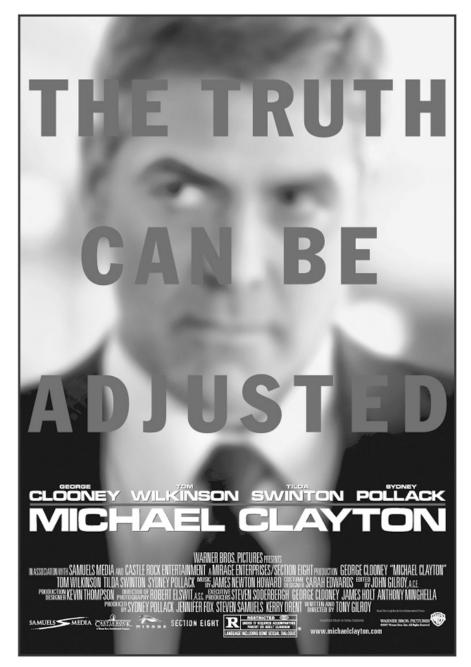








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**IN THEATRES OCTOBER 12** 

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# thisweek



# thursday october 4

#### The Believers

Reminiscent of a young Linda Rondstadt and a twangy Elvis Costello, Cynthia Frazzini and Craig Aspen's (a.k.a. The Believers) voices blend together like the Louvin Brothers on fire. Their music will swing, sing, lament, honky-tonk, bluegrass and rock you right in to their own little world of indie-Americana. See them live at the European Street Listening Room next Thursday. European Street-8:30 pm Info: (904) 399-1740

#### Yellowman

Jamaica's first dancehall superstar, Yellowman ushered in a new era in reggae music following Bob Marley's death. His early-'80s success brought the popularity of toasting- the reggae equivalent of rapping- to a whole new level, and helped establish dancehall as the wave of the future. The future is now and Yellowman is back in Jacksonville to remind fans why he's still the king of dancehall. Mystic Dino and the Reggae Swat Team will also perform. Tickets: \$15/advance, \$20/day of show Freebird Live- 8 pm Info: (904) 246- BIRD

#### **OCTOBER 4 - 7**

#### **Amelia Island Book Festival**

Are you a book lover? Then you don't want to miss this four day festival with lively programs, socials, and special events. Book lovers and writers will enjoy mingling with noted authors and publishing professionals in a casual, friendly setting.

Admission: Many programs are free; tickets are sold for certain events Amelia Island/ Fernandina Beach

Info: (904) 491-8176 or bookisland.org

#### **Fall Home and Patio Show**

Those with homes and/or patios will want to head over to the Prime Osborn next weekend for the annual Fall Home and Patio Show, a four-day event that will put you, the consumer, face-to-face with literally hundreds of vendors ready to help you with all of your home and/or patio needs. Tickets: \$9/regular adult admission, \$5/children 6-12 and senior (Thursday only), free/children 5 and under Prime Osborn Convention Center Info: (904) 730-3356 or jacksonvillehomeshows.com

# friday SEPTEMBER 28

#### My Getaway

My Getaway is fast-tracking out of Central Florida and is comprised of five best friends. This past summer the band recorded in Chicago and had their final product mixed by Jeff Juliano (Lifehouse, Jason Mraz, John Mayer). With their live show "being an excellent display of raw emotion, bursting with enthusiasm," the boys are excited about the future and their potential. See them live with Sonoma and many more this Friday! Tickets: \$8 Jack Rabbits- 7 pm Info: (904) 398-7496

#### Lo-Fi-Fnk

Lo-Fi-Fnk are two kids hailing from Malmo, southern Sweden. Before long they were trying their hand at what could only be described as instrumental soft house disguised as Bruce Springsteen. "They've got exactly the same kind of My Bloody Valentine gone frat, rocking out on party street vibe going on as Love Is All or even Go! Team... you know that ketamine-daze-washed-out-quality? No? oh." is what NME magazine said about Jacksonville's own Black Kids, who will be joining the Stokholm duo on stage at TSI in downtown Jacksonville. Tickets: \$6 TSI 333 E Bay Street Info: (904) 424-3531

# Saturday OCTOBER 6

#### **Soul Food Festival**

Bring the family and friends for a day full of food, fun and excitement! A parade kicks off the event and the festival immediately follows. Enjoy arts & crafts, softball, sweet potato pie contest, horseshoes, children's fashion show, music and plenty of entertainment. Vera Frances Hall Park, Green Cove Springs- 11 am Info: (904) 622-7903

Boys Like Girls

Arts Alive 2007

#### **Boys Like Girls**

Boys Like Girls is a four-piece rock band from Boston, Massachusetts. The group completed nationwide tours with Cute Is What We Aim For, Hit the Lights and Butch Walker and topped the Top Unsigned Artist chart on PureVolume, within a few months from forming in late 2005. They're headlining their own tours these days. Opening acts this time around include All Time Low, The Audition, and more. Tickets: \$15/advance, \$17/day of show Freebird Live- 8 pm Info: (904) 246-BIRD

# Join us for an evening of arts spectacle- Arts Explosion will paint three original pieces during the event, an international interactive drum cafe will perform in the ballroom, sand sculpture in the courtyard, walk through the living garden, enjoy creative cocktails and tasty treats throughout the evening, dance under the stars and more. Admission: \$100 The Cultural Center at Ponte Vedra Beach- 7 pm Info: (904) 280-0614 or ccpvb.org



## Sunshine District Barbershop Quartet Finals & Parade of Champions

Quartets from all over Florida will compete to become District Champions followed by the Parade of Champions. Bring the kids, the in-laws, your friends and neighbors and immerse yourself in four-part harmony for a glorious Saturday's entertainment. Barbershop Harmony is always Rated-G for everyone. Tickets: \$20/adults, \$7/students with student I.D. Times Union Center for the Performing Arts- 7 pm Info: Christopher Baker at FUN-290-3452 or email barbershopper@bellsouth.net.

#### **Angie Stone**

In the ever-changing universe of contemporary music, there are very few artists who have remained as creatively consistent as singer, songwriter, producer and actress Angie Stone. Whether belting out tunes on Broadway or crafting new songs on the tour bus, Angie Stone fiercely manages to bring real soul to the table. Hear for yourself this weekend when Angie Stone performs at the Florida Theatre. Tickets: \$36-\$44 Florida Theatre- 8 pm Info: (904) 355-2787

#### **OCTOBER 6 - 7**

#### Man vs. Road Tour featuring Deas Vail

The dreamy indie pop of Deas Vail (Brave New World Records) is complemented by The New Frontiers, Wherefore, Loss of an Artist, and The Twelfth Chapter (featuring members of Forever Changed) for a night full of indie rock, washy distortion and outstanding haircuts. Murray Hill Theatre- 932 Edgewood Avenue Info: (904) 388-7807

#### San Marco Art Festival

For two days San Marco Square will be transformed into an outdoor art gallery. That's because on Saturday and Sunday artists from across the nation and right here in the River City will gather there for the San Marco Art Festival. Fine art on display will range from a broad spectrum of media, including copper sculptures, hand-crafted fine jewelry, functional and decorative pottery, original paintings, photography and more. San Marco Square- 10 am to 5 pm Info: (904) 541-1340

#### The 18th Annual Colonial Arts and Crafts Festival

Learn about the techniques and history of heritage crafts and daily living in Old Spanish St. Augustine when colonial craftspeople from throughout Florida, dressed in period clothing, will demonstrate lost arts such as weaving, basket making, lace making, and woodcarving. Colonial Spanish Quarter, 53 St. George Street, St. Augustine-10 am to 5 pm Info: (904) 825-6830

# Sunday october 7

#### **Jeff Dunham**

Jeff Dunham is a ventriloquist and stand-up comedian. He has amassed legions of loyal fans throughout the United States and abroad with thousands of sold-out theater and comedy club performances. countless television guest spots – including numerous Tonight Show appearances with both Leno

and Carson- and with two top-rated specials on Comedy Central. He continues to win great accolades and success for one simple reason: He and his stuffed buddies are funny as hell! Tickets: \$35

Times-Union Center- 7 pm Info: (904) 630-3900

#### Sean Kingston

Sean Kingston, the 17 year-old Miami born, Jamaica bred artist, is not just a new face in popular music; he's accomplished the rare task of creating a new genre where rap, reggae, pop, doo-wop and remarkable songwriting all combine into something totally refreshing. See him live with special guests Shop Boyz and Fabolous Tickets: \$25 UFN Arena- 8 pm Info: (904) 620-2460

#### Theatreworks presents Max & Ruby

Ruby, a seven-year-old rabbit, loves her Grandma very much and wants to do something special for her. She gets the brilliant idea to put on a show, with music and costumes and a castle and everything! She'll need some help, though, so she tries to enlist her little brother Max. Follow the escapades of bunny siblings Max and Ruby in this new

musical inspired by Rosemary Wells' books and based on the popular top-rated Nickelodeon television

program "Max and Ruby." Tickets: \$6 Florida Theatre- 2 pm (904) 353-3500 or theatreworksjax.com



Sean Kingston

#### **OCTOBER 7 - 14**

#### Vegan Potluck

Every Sunday at the new Inertia Records location inside of Springfield's Buyers Market Lodge on Main Street. Bring some raw foods, flip through some records and rub elbows with both of Jacksonville's scenesters. From 1 until the food is gone.

Inertia Records- 1520 N Main St Info: deadtank.wordpress.com

#### The Les DeMerle Amelia Island Jazz Festival

Hot? Cool down at this weeklong festival. The October weather may be cooling off but Fernandina Beach, Florida, will be heating up to the sounds of the 2007 Les DeMerle Amelia Island Jazz Festival. Please visit the website for each day's events and ticket prices.

Various locations in Fernandina Beach- 2 pm to 7 pm. Read interview with Les DeMerle on page 28. Info: (904) 504-4772 or ameliaislandjazzfestival.com

tuesday october 9

#### Tea Leaf Green

Following the 2005 release of their critically acclaimed album, "Taught to be Proud," Tea Leaf Green toured North America becoming one of the most exciting and fastest growing rock bands today. Check them out Tuesday to see why. Tickets: \$10/advance, \$15/day of show Freebird Live- 8 pm Info: (904) 246-BIRD



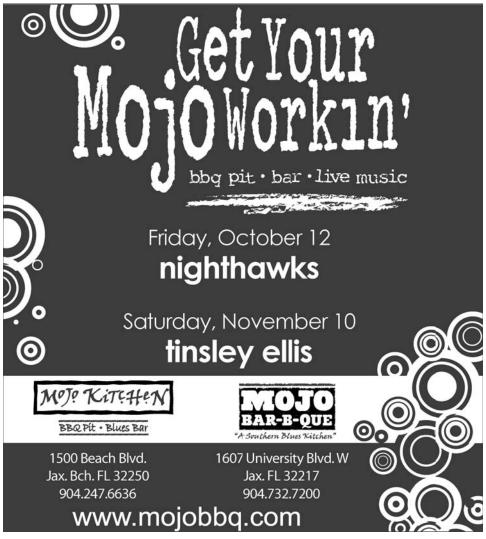
Tea Leaf Green

# Wednesday OCTOBER 10

#### Joseph and the Amazing Technicolor Dreamcoat

See the Biblical saga of Joseph and his coat of many colors live at the Alhambra beginning this Wednesday! The production will run until November 25. Alhambra Dinner Theatre Info: (904) 641-1212





#### **MOVIES OPENING**

SEEKER: THE DARK IS RISING Based on the acclaimed novel by Susan Cooper and the first film adaptation of the author's acclaimed The Dark is Rising Sequence. The film tells the story of Will Stanton, a young man who learns he is the last of a group of warriors who have dedicated their lives to fighting the forces of the Dark. Traveling back and forth through time, Will discovers a series of clues which lead him into a showdown with the forces of unimaginable power. With The Dark rising, the future of the world rests in Will's hands. Rage PG

THE HEARTBREAK KID This remake of Elaine May's The Heartbreak Kid stars Ben Stiller as Eddie, a man who as the film opens is getting married to a woman he proposed to after knowing her for just one week. While on their honeymoon he discovers that his new bride is in many ways a horrible person, and at the same time meets a woman (Michelle Monaghan) who he begins to realize he should have married. Rated R

#### **FEEL THE NOISE**

A 21-year-old aspiring hip-hop star from the Bronx is forced to put his career on hold when a gang of local thugs threatens his life and he is forced to seek refuge with his estranged father in Puerto Rico. Musical appearances: Vico, Volito, Wyclef Jean, Alexis and Fido. PG13

JANE AUSTEN BOOK CLUB As five women and one enigmatic man meet to discuss the works of Jane Austen, they find their love lives playing out in a 21st century version of her novels. Rating: PG-13.

#### SEA MONSTERS: A PREHISTORIC ADVENTURE IN 3D

This stunning photo-realistic computer-generated animation transports audiences back to the Late Cretaceous, when a great inland sea divided North America in two. The film follows a curious and adventurous dolichorhynchopsas she travels through the most dangerous oceans in history. Along the way, she encounters long-necked plesiosaurs, giant turtles, enormous fish, fierce sharks, and the most dangerous sea monsters of all, the mosasaur.

#### **NOW SHOWING**

**3:10 TO YUMA** A rancher struggles to support his ranch and family during a long drought. Desperately needing money to build a well, he takes an assignment to transport a notorious felon, in the hands of authorities, to Yuma for imprisonment. But, once the two meet, the criminal tries to tempt him with--in exchange for allowing him to escape--an offer of much more money than the rancher ever expected, the result of hidden loot. Starring: Russell Crowe, Christian Bale, Alan Tudyk, Peter Fonda, Gretchen Mol Rating: R for violence and some strong language

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# age-old love springs to life

The Jane Austen Book Club

BY **HILARY JOHNSON** 

hilary a johnson@yahoo.com

Rated PG13 106 min.

The Jane Austen Book Club, based on the book by Karen Joy Fowler, and written and directed by Robin Swicord, is definitely a movie for Jane Austen lovers. While the film carries enough depth and significant plot structure to carry itself on its own and entertain the masses, the connection between Austen, her novels, and the film are not to go unnoticed.

Knowing quite a bit about Austen, it was not



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hard to embrace the movie from the very start. Mimicking Austen's style, the movie opens with insight into the characters lives. Running on a treadmill, pumping gas, buying lingerie. However, each of these moments is more revealing than just the mere snapshot of the action itself, through small occurrences of embarrassment. Almost falling off the treadmill, the gas pump refusing the credit card, or setting off the alarm while leaving the lingerie store. And the characters responses, while still unknown to the viewer, give insight into who these characters are, and what their unique storylines will be.

Also mimicking Austen is the way in which each of the characters has their own unique tale to be told, but how they all intertwine with one another, pulling in the viewer and pulling on the heartstrings at nearly every moment. The connection between the characters never gives for a moment, blending

seamlessly from one storyline to the next. In essence, the film is a page-turner, just as Austen would have written it.

The stories of the characters center around romance, love, relationships and heartache, as with all of Austen's novels. There is the tale of the troubled marriage, of the lonesome matchmaker, the fleeting lover, the pursuer and the pursued. And while this seems sap-filled and made for women, one of the main characters of the film and book club member is a man, Grigg, played by Hugh Dancy. His perspective on Austen is fresh and provides a man's insight into her works as well as relationships and love in general.

Overall this movie is well made, endearing, and the characters are strong. There are many moments of humor and a connection between plot and purpose that creates a deeper significance for the movie as a whole.

The only thing this film could use is a packet of Cliff's Notes to go along with it. It appears that each of the movies six main characters, or the members of the book club, is intended to represent a character in one of Jane Austen's six novels.

Jocelyn's character, played by Maria Bello, is most obviously connected to the Austen character of Emma, the beautiful blond matchmaker who never matches herself. Other than that, I was able to discern bits and pieces of the different characters of the film in the various characters of Austen's novels, but it was difficult to sift through and pointedly identify a definite connection. The plot of the movie is self-sustaining, but would have graciously opened up all of its small windows of metaphors with more familiarity of the author and her novels.

However, the film is remarkable, and as with any Austen novel, worth watching again and again. It is the story line that never gets old, the little idiosyncrasies that were missed the last time around, or the plot that unfolds more deeply each time it is revisited. If you love Austen, this is a movie for you. A modern day version of her age-old love stories has sprung to life, making any Jane Austen lover feel a rejuvenated presence of the legendary tales. Love stories are not just for yesteryear, but exist within each of us, as this film clearly portrays. And as always with Austen, there is always the happy ending.





# we all crave love

#### Feast of Love

BY RICK GRANT

rickgrant01@comcast.net

Rated R 102 min

Robert Benton's film, Feast of Love, based on a book by Charles Baxter, asks the question-Is love a basic human need, or is it nature's way of insuring procreation? This is the concept of the scenario--an examination of our deep need for love that transcends all other aspects of our lives. Allison Burnett's screenplay and Benton's unpretentious filmmaking style created a scintillating drama surrounding a group of characters living in Portland, Oregon. Its lumbering pace requires some patience by viewers, but it's worth investing the time. Burnett's script allows the characters play out the love theme without gushing sentimentality-a remarkable achievement.

Baxter's central theme underscores why love conquers all, even if it causes unbearable emotional pain. Burnett's script delves deeply into how lives are adversley affected by failed relationships and how love can happen when we least expect it-even when the love-struck person is in a relationship with someone else.

Viewers can hear the Beatles signing, "All you need is love," in their heads as this exploration of love plays out. Morgan Freeman plays Harry Stevenson, a college professor and wise sage of the group of characters. Greg Kinnear portrays unlucky-in-love, Bradley Thomas, who owns a coffee shop called Jitters, where Harry holds court with his daily cup of joe. Harry ruminates on love as he takes long walks speaking to the viewer of how the Greek God's invented love as a cure for boredom-an oversimplification of this crushing force. Meanwhile, Bradley is living his life thinking that his wife Kathryn (Selma Blair) is in love with him, but as she says, he doesn't really see her for who she really is. He

doesn't even know the color of her eyes. When she falls in love at first sight with another woman right under Bradley's nose, he's oblivious to her lesbian sexual orientation. Wake up and smell your own coffee, chump!

This realistic notion of being trapped in an unfulfilling relationship and suddenly falling in love with someone else is played out with the other characters, who go through at least one relationship before they find their soul-mate. Of course, Freeman's character Harry is the voice of the author who spun a web of intrigue to make his points. All the while, there are surprises, but the story follows a predictable path. Just as insecure Bradley rushed into another relationship, the author asks the question, is his need greater than anyone else's? In other words, Baxter is saying that love is a basic human need that gives us life-without it we are shells of ourselves, adrift in a sea of uncertainty and loneliness.

Viewing this film will stimulate debate and serious conversation between people who question whether their partner is really the love of their lives. The scenario suggests that yes, it may take one, two, or more relationships before one finds that cosmic love which leaves no doubt that one has found his or her life-partner. But like Kathryn in the story, it can happen without warning at an inconvenient time when it may cause major complications in one's life.

Benton's film clearly condensed the book into a manageable 102 min. The way the characters interact gives impetus to the author's premise that love is a basic human need we all crave like food. Yes, people get hurt but the other alternative for a partner living a lie can be many years of unhappiness. The author is saying it's better to find the one person that fulfills all one's deep emotional and physical needs even if it means a serious disruption in one's life.



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**ORANGE PARK 24** 

PRESENTED IN DIGITAL PROJECTION
THE HEARTBREAK KID (R) ✓ (11:00, 11:45 @ \$5), 2:00, 3:15, 4:50, 6:15, 7:45, 9:00, 10:40

3:19, 4:50, 0:15, 7:45, 9:00, 10:40

FEEL THE NOISE (PG13) ✓ (1:30 @ \$5), 12:15, 1:30, 2:15, 3:00, 4:00, 4:45, 5:30, 6:30, 7:15, 8:00, 9:00, 9:45, 10:40

THE HEARTBREAK KID (R) ✓ 12:30, 4:10, 7:00, 9:45

THE SEEKER: THE DARK IS RISING (PG) ✓ (11:35 @ \$5), 2:10, 4:40, 7:35, 10:15

FEAST OF LOVE (R) ✓ 10:05 PM

THE GAME PLAN (PG) ✓ (11:20 @ \$5), 1:30, 2:15, 4:15, 5:00, 7:30, 7:50, 9:50, 10:35

THE KINGDOM (R) ✓ (11:15 @ \$5), 1:00, 2:10, 4:00, 5:00, 7:05, (745, 9:55, 10:50 GOOD LUCK (R) (11:15 @ \$5), 2:05, 4:35, 7:15, 9:50 RESIDENT EVIL: EXTINCTION (R) (11:55 @ \$5), 2:45, 5:30,

RESIDENT EVIL: EXTINCTION (R) (11:55 @ S5), 2:45, 5:30, 7:30, 80.0, 9:55, 10:35 7:30, 8:50, 10:35 7:30, 8:50, 10:35 7:30, 8:50, 10:35 7:30, 8:50, 10:35 7:30, 8:50, 10:30 7:30, 8:50, 10:30 7:30, 10:3

1:45, 4:30, 7:35, 10:15 IN THE VALLEY OF ELAH (R) 1:15, 4:30 EASTERN PROMISES (R) 7:50, 10:25

REGENCY SQUARE 24

PRESENTED IN DIGITAL PROJECTION THE GAME PLAN (PG) / (11:30 @ \$5), 2:15, 5:00, 7:45,

10:30

FEEL THE NOISE (PG13) ✓ (11:00, 11:45 @ S5), 12:35, 1:25, 2:10, 3:05, 3:50, 4:45, 5:45, 6:45, 7:30, 8:30, 9:15, 10:20, 10:50

THE HEARTBREAK KID (R) ✓ (10:45, 11:55 @ S5), 1:15, 2:30, 3:45, 5:15, 7:700, 8:00, 9:45, 10:35

THE SEEKER: THE DARK IS RISING (PG) ✓ (11:20 @ S5), 1:45, 4:20, 7:15, 10:10

FEAST OF LOVE (R) ✓ 10:15 PM

THE GAME PLAN (PG) ✓ (10:50 @ S5), 1:00, 3:55, 7:05, 10:00

THE KINGDOM (R) ✓ (11:15 @ S5), 12:15, 1:50, 2:50, 4:35, 5:30, 7:10, 8:10, 10:05, 10:45

5:30, 7:10, 8:10, 10:05, 10:45 GOOD LUCK CHUCK (R) 12:20, 3:00, 5:25, 7:45, 10:20 RESIDENT EVIL: EXTINCTION (R) (11:05 @ \$5), 1:20, 3:40,

RESIDENT EVIL: EXTINCTION (R) (11:05 @ \$5), 1:20, 3 €00, 7:20, 8:20, 9:40, 10:40 SYDNEY WHITE (PG13) (11:50 @ \$5), 2:40, 5:10 THE BRAVE ONE (R) (10:55 @ \$5), 1:40, 4:25, 7:10, 10:05 DRAGON WARS (PG13) 12:40, 2:55, 5:05 MR. WOODCOCK (PG13) 12:45, 3:35, 5:50, 8:05 3:10 TO YUMA (R) 7:45, 10:30 HALLOWEEN (R) 7:55, 10:30 BALLS OF FURY (PG13) 1:230, 2:45, 5:05 SUPERBAD (R) 7:00, 10:25 RUSH HOUR 3 (PG13) 1:35, 4:15, 6:55, 9:25 THE BOURNE ULTIMATUM (PG13) 7:25, 10:10 UNDERDOG (PG) (11:00 @ \$5), 1:05, 3:30

UNDERDOG (PG) (11:00 @ \$5), 1:05, 3:30 I NOW PRONOUNCE YOU CHUCK & LARRY (PG13)

I NOW PRONOUNCE YOU CHOCK 2:05,7:40
HARRY POTTER AND THE ORDER OF THE PHOENIX (PG13) 1:55, 4:55
TRANSFORMERS (PG13) 1:20, 4:30

\*\*\*AMC SELECT\*\*\*
THE JANE AUSTEN BOOK CLUB (PG13) / (1):45 @ \$5), 1:10. 3:50, 7:05, 10:05

1:10, 3:50, 7:05, 10:05 IN THE VALLEY OF ELAH (R) (11:25 @ \$5), 4:50 EASTERN PROMISES (R) 7:40, 10:15 ONCE (R) 12:55, 3:10, 5:20, 7:35, 9:40

✓-SPECIAL ENGAGEMENT No passes or discount coupo

BALLS OF FURY In the unsanctioned, underground, and unhinged world of extreme Ping-Pong, the competition is brutal and the stakes are deadly. Now, this outrageous new comedy serves up this secret world for the first time on-screen. Starring: Dan Fogler, Christopher Walken, George Lopez, Maggie Q, Thomas LennonRating: PG-13

THE BOURNE ULTIMATUM Jason Bourne is hunted by the people who made him what he is-a legendary assassin. Having lost his memory and the one person he loved, he is undeterred by the barrage of bullets and a new generation of highly-trained killers. Starring: Matt Damon, Joan Allen, Julia Stiles, David Strathairn, Paddy Considine. Rated PG-13

THE BRAVE ONE Neil Jordan's The Brave One stars Jodie Foster as a happy woman whose life changes irrevocably after a brutal assault leaves her partner (Naveen Andrews) dead. The woman, feeling that the police investigation will be unable to catch the perpetrators, begins to live in constant fear. This outlook results in the woman eventually dispatching vigilante justice. Terrence Howard co-stars as the officer in charge of the investigation. Rated R

DRAGON WARS A beautiful young woman possesses the power to transform a legendary giant serpent into an almighty dragon who can only ascend into heaven with the woman's ultimate sacrifice. But the forces of darkness are out to claim the young woman as their own. Rated PG-13

**EASTERN PROMISES** Naomi Watts is a London midwife who looks into the death of a patient, putting her in the sights of a ruthless Russian mobster. Viggo Mortensen as the mysterious and charismatic Russian-born Nikolai Luzhin is a driver for one of London's most notorious organized crime families of Eastern European origin. Rated R

FEAST OF LOVE From venerable, multiple Academy Award winning director Robert Benton, comes a kaleidoscopic ode to love in all its funny, sad, sexy, crazy, heartbreaking and extraordinary facets. This thoroughly modern version of a Midsummer Night's Dream erupts in a tight-knit Oregon neighborhood as local professor Harry Stevenson (Morgan Freeman) witnesses love whipping up mischief among the town's residents -- who include Greg Kinnear, Selma Blair, Radha Mitchell, Billy Burke, Alexa Davalos, Toby Hemmingway and Jane Alexander - all their stories intertwine into one remarkable romantic fable. Rated R

THE GAME PLAN Gridiron Gang star The Rock picks up the pigskin once again for this sportsthemed family comedy concerning a football superstar who abandons the gridiron to answer the call of fatherhood after learning that he has a daughter he never knew. Kyra Sedgwick stars as the professional athlete's ruthless agent who would rather see her client scoring touchdowns than cementing familial bonds. Rated PG

**GOOD LUCK CHUCK** A man breaks up with his long-time girlfriend only to see her get engaged to the next guy she dates. The same pattern occurs with his next girlfriend, and continues to repeat. All of a sudden he finds himself becoming a lucky charm for women, who all want to date him. Starring Jessica Alba, Dane Cook, Dan Fogler, Michelle Harrison, Ellia English. Rated R

**HALLOWEEN** Under the direction of Rob Zombie there is a new take on the legend and a new chapter in the Michael Myers "Halloween" saga. Starring: Daeg Faerch, Danielle Harris, Malcolm McDowell, Danny Trejo, and Sheri Moon. Rated R

I NOW PRONOUNCE YOU CHUCK AND LARRY Two single Brooklyn firefighters, Chuck (Adam Sandler) and Larry (Kevin James) are best friends. Larry saves Chuck's life and he is willing to do anything to even the score, even masquerading as a gay couple to receive benefits for Larry's kids, which means they have to go through a ceremony, have a honeymoon, and live together.

IN THE VALLEY OF ELAH On his first weekend back after serving in Iraq, Mike Deerfield goes missing and is reported AWOL. When Hank Deerfield and his wife Joan get the phone call with the disturbing news, Hank sets out to search for their son. Emily Sanders, a police detective reluctantly helps him in his search. As the evidence grows, the case begins to look like foul play, and soon Sanders finds herself in a fight with the military brass. Starring: Tommy Lee Jones, Charlize Theron, Jason Patric, Susan Sarandon, Jonathan Tucker. Rated R

THE KINGDOM In the aftermath of a deadly attack on American forces in Riyadh, Saudi Arabia, diplomats are slow to act, but meanwhile, FBI special agent Ronald Fleury (Jamie Foxx) assembles a secret team of U.S. counter-terrorism investigators to enter the city and find the criminal behind what has quickly become an international incident. The crew, however, finds their attempt to capture the perpetrators stalled by bureaucracy and their presence unwelcome. Also starring Jennifer Garner, Chris Cooper, Jason Bateman, Jeremy Piven. Rated R

MR. BEAN'S HOLIDAY In his latest misadventure, Mr. Bean--the nearly wordless misfit who seems to be followed by a trail of pratfalls and hijinks--goes on holiday to the French Riviera and becomes ensnared in a European adventure of cinematic proportions. Starring: Rowan Atkinson, Willem Dafoe, Emma De Caunes, Jean Rochefort, Karel Roden. Rating: G

**MR. WOODCOCK** John Farley, author of a best-selling self-help book, returns to his hometown to receive the community's highest honor. While there, John learns that his widowed mother, Beverly, is engaged to Mr. Woodcock, the gym teacher whose sadistic exploits were the bane of John's youth. Abetted by his old pal, Nedderman, John plots to break-up the relationship. Starring: Billy Bob Thornton, Seann William Scott, Susan Sarandon, Kurt Fuller, and Amy Poehler. Rated

MY BEST FRIEND François is a middle-aged antique dealer. He has a stylish apartment and a fabulous life, but at a dinner with a group he considers his dearest acquaintances, he is blindsided by the revelation that none of them actually likes him. His business partner Catherine challenges him to produce his best friend which doesn't come easy for Francois. Ultimately, he learns the cost of cheating at friendship. Rated PG-13

RESIDENT EVIL: EXTINCTION Alice, now in hiding in the Nevada desert, once again joins forces with Carlos Olivera and L.J., along with

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# a marriage mix-up

#### The Heartbreak Kid

#### BY KELLIE ABRAHAMSON

C Rated R 108 min.

With the success of Knocked Up, The 40-Year-Old Virgin and most recently Superbad, Judd Apatow has resurrected the R-rated comedy and the Farrelly Brothers have taken notice. Their latest offering, The Heartbreak Kid, hits theaters this week, but does it live up to Apatow's recent triumphs? Or even their own?

Eddie Cantrow (Ben Stiller) is hopelessly single and no one will let him forget it. With his best friend (Rob Corddry) and father (Jerry Stiller) both pushing him down the aisle with two hands, he finally settles on a woman to spend the rest of his life with- the beautiful, seemingly perfect Lila (Malin Akerman) who he met only a few weeks earlier. It soon becomes clear that their whirlwind romance left them little time to get to know each other's annoying character traits and Eddie's charming hot wife suddenly becomes a crazy shrew with a checkered past- all during the car ride to Mexico where they will be honeymooning. Three days into what should be a blissful vacation with his wife, Eddie meets Miranda (Michelle Monaghan) and is convinced he's made a huge mistake in getting married. Miranda, he's sure, really is the one. Now Eddie must figure out a way to dump his nightmare of a bride without losing the girl of his dreams

The Heartbreak Kid is a remake of the 1972 Oscar-nominated film of the same name written by Neil Simon. After a string of relatively successful PG-13 films that left critics and fans divided, the Farrelly Brothers are back in their R-comedy comfort zone hoping to win back the affections of movie-goers who loved There's Something about Mary but lost faith in them when Fever Pitch debuted.

Having never seen the original, I can't say for certain that The Heartbreak Kid stands up to its predecessor but if the Oscar nods are any indication, the Farrellys' interpretation has got to be several steps down. The performances aren't bad, but they certainly aren't worth any major awards. Stiller pulls back a bit from his angry man routine (see: every other movie

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he's ever made), which is a pleasant surprise. Another shocker is Carlos Mencia, who plays the concierge at the Mexican resort where the newlyweds honeymoon. He's also a lot less annoying than usual, providing a few decent laughs along the way. Akerman and Monaghan are both great in their own ways, with the former channeling Cameron Diaz during the first half of the film and the latter taking over during the last

The main problem I had with The Heartbreak Kid was that Eddie is never likable or endearing, so the audience doesn't know if they should be rooting for his blossoming relationship with Miranda or hoping he gets busted in a big way by Lila, whose idiosyncrasies are obnoxious, but not necessarily deserving of her new husband's scorn. It makes it even harder to take when we see her actually trying to make the relationship work and Eddie brushes her off in favor of spending more time with this new woman. There's no doubt that Miranda would be better for our leading man, but his willingness to jump ship on his marriage so soon is disconcerting. Perhaps if Lila was more outrageously wrong for Eddie I'd be more sympathetic, but as it is, he just seems like an indecisive jerk. And maybe that's what they were going for, but the imbalance took away from the funny and proved to be a big handicap for the film.

As with any Farrelly Bros. comedy, don't plan on bringing your grandma or your ten-year-old. There's plenty of raunchy humor including, but not limited to, a donkey show, two crazy sex scenes with lots of dirty talk and Jerry Stiller repeatedly coaching his son on chasing tail in far more derogatory language than I just used. This would be a great film to see with a big group of friends, but if I watched it with, for example, my mom; I'd probably be pretty uncomfortable.

It doesn't have the feel of an instant Farrelly classic, but The Heartbreak Kid isn't a stinker either. It's simply another R-rated adult comedy that works on certain levels and fails on others. Don't go out of your way to see it opening day, but be sure to check it out on DVD if it sounds like your bag.







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RUSH HOUR 3 The unlikely duo is headed to the City of Lights to stop a global criminal conspiracy and save the life of an old friend, Ambassador Han's now-grown daughter, Soo Yung. Starring: Jackie Chan, Chris Tucker, Max von Sydow, Noemie Lenoir, Hiroyuki Sanada. Rating: PG-13

THE SIMPSONS MOVIE The Simpsons finally make it to the big screen. Homer mistakenly pollutes Lake Springfield and sets into motion a government plot to destroy their city. D'oh! He must somehow manage to save Springfield and restore his family's faith in him. Rated PG-13

SUPERBAD Two co-dependent high school guys want to hook up with girls before they graduate and go off to different colleges, but, after a calamitous night just trying to buy alcohol for a school party, overcoming their separation anxiety becomes a greater challenge than getting the girls Starring: Seth Rogen, Jonah Hill, Michael Cera, Christopher Mintz-Plasse, and Bill Hader. Rated R

SYDNEY WHITE Gorgeous freshman Sydney White has come to Southern Atlantic University to pledge her late mom's once-dignified sorority But while surviving the pledging process wrought by evil campus witch Rachel, Syd finds out this version of sisterhood isn't remotely what it's cracked up to be. Banished to a condemned house on Greek Row, Syd finds her rightful place with a band of seven very socially challenged guys. Starring Amanda Bynes, Matthew Long, Sara Paxton, Jeremy Howard, Crystal Hunt. Rated PG13

#### SPECIAL SHOWINGS

#### First Friday Fun

The first First Friday, a monthly event in 5 Points, will be held Friday, Oct. 5. Area shops will stay open until 9 pm, offering wine, cheese and sales promotions and art shows. The evening will be capped off with a 9:15 film screening or Alfred Hitchcosk's **REAR WINDOW** at 5 Points Theatre for \$5. Bring blanket or chair because the theatre does not have seating.

#### MOCA Underground

The Museum of Contemporary Art will be showing Real World: Documentaries Oct. 10, 17, and 24. CHINA BLUE will be shown on Oct. 10. This clandestinely-shot documentary provides insider access to a blue jeans factory where the working conditions Jasmine and her teenage friends must endure are harsh beyond imagination. So when the factory owner strikes a deal with a Western client and demands around-the-clock production to meet the deadline, a confrontation becomes inevitable. Not rated. Info: 366-6911or mocajacksonville.org.

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#### new on dvd

#### THE JUNGLE BOOK- TWO-DISC PLATINUM EDI-Tion (78 min.)

A Disney classic gets the Platinum treatment! This Platinum Edition includes everything from the standard bonus features like interactive games, music videos, and deleted songs to exciting and sometimes rare commentaries by everyone from modern day animators to Walt Disney himself, multiple featurettes about specific aspects of the film and its production, and a lengthy deleted scene featuring lost character Rocky the Rhino. This film is rated G.

#### THE WAR (840 min.)

The War, a seven-part series directed and produced by Ken Burns and Lynn Novick, tells the story of the Second World War through the personal accounts of a handful of men and women from four quintessentially American towns. The series explores the most intimate human dimensions of the greatest cataclysm in history- a worldwide catastrophe that touched the lives of every family on every street in every town in America- and demonstrates that in extraordinary times, there are no ordinary lives.

#### FANTASTIC FOUR- RISE OF THE SILVER SURFER (92 min.)

"Invisible Woman" Sue Storm (Jessica Alba) and "Mr. Fantastic" Dr. Reed Richards (Ioan Gruffudd) are about to be married when a mysterious alien, the Silver Surfer (Laurence Fishburne), crashes the proceedings and heralds Earth's impending destruction. With time running out, the Fantastic Four reluctantly teams up with the nefarious Dr. Doom in a thrilling effort to save our planet. Rated PG for sequences of action violence, some mild language and innuendo.

#### **1408** (94 min.)

A writer (John Cusack) renowned for debunking infamous paranormal events is confronted by a force that he cannot explain upon checking into room 1408 of the notoriously haunted Dolphin Hotel. Rated PG-13 for thematic material including disturbing sequences of violence and terror, frightening images and language.

#### THE COMEDIANS OF COMEDY (134 min.)

It's a night of comic anarchy as 15 of today's edgiest comedians perform at Los Angeles' legendary Troubadour rock 'n' roll club! You're guaranteed to laugh, and occasionally gasp with shock, as new comic frontiers are crossed. The humor is always fresh and funny as Patton Oswalt, Brian Posehn, Zach Galifianakis, Maria Bamford, David Cross, Sarah Silverman, Blaine Capatch, Jon Benjamin, Jasper Redd, Andy Kindler, Morgan Murphy, Bob Odenkirk, Doug Benson, Dana Gould and Eugene Mirman share their unique styles of comedy. This DVD is not rated.

#### JINDABYNE (123 min,)

Stewart Kane (Gabriel Byrne) is on a fishing trip with three other men when they discover the body of a murdered girl in the river. Rather than return to the town immediately, they continue fishing and report their gruesome find days later. Stewart's wife Claire (Laura Linney) is the last to find out. Deeply disturbed by her husband's action, she tries to make things right. In her determination to help the victim's family Claire sets herself not only against her own family and friends but also those of the dead girl. Rated R for disturbing images, language and some nudity.

## tarantino's half of grindhouse

#### Death Proof dvd review

#### BY KELLIE ABRAHAMSON

Grindhouse, the double feature box office flop from Quentin Tarantino and Robert Rodriguez, is making its way to DVD as two separate films. First up is *Death Proof*, Tarantino's dialogue-heavy high speed revenge flick, which is available now.

Stuntman Mike (Kurt Russell) is a seemingly nice guy. He visits bars strictly for the food and the conversation, is for the most part a gentleman when chatting up the ladies and is kind enough to offer up a ride when a pretty young thing is stranded. Unfortunately for the people he comes in contact with, Stuntman Mike's nice guy routine is all a ruse. In reality, the aging has-been is a serial killer, using his "death proof" car as his weapon. We meet Stuntman Mike as he stalks his prey. A group of three good looking 20-somethings in short shorts and clinging tops has caught his eye, and after a carefree night of boozing it up at a local bar, the girls discover the truth about their new acquaintance a bit too late. The psychopath then moves on, choosing a new set of unsuspecting victims. What Stuntman Mike doesn't know, however, is that his latest targets are far more formidable: two of them are stuntwomen. What happens next is quite possibly one of the best car chases ever to be caught on film, as the girls set out to revoke Stuntman Mike's driving privileges.

To say Quentin Tarantino and Robert Rodriguez's *Grindhouse* experiment was a disappointment at the box office is like saying *Reservoir Dogs* is a tad violent. The B movie double-feature proved to be

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too much for mainstream audiences, making only \$25 million of its \$53 million budget. A flop in the US, the films got separated for their international release in what many consider a move to recoup some of the money the studio lost, drawing the ire of fans who didn't want to pay twice for a film American audiences saw for the price of one. Still, the split must have made the powers that be happy because it's carried over to the DVD release. While we all have to wait a couple more weeks for Rodriguez's *Planet Terror*, Tarantino's high-octane thrill ride *Death Proof is* now available on DVD.

Those who saw and liked *Death Proof* in theaters will be happy to hear that an additional 25 minutes or so has been added to the DVD release. Much of the new scenes are extended dialogue, a problem for those who found this particular QT offering too talky. Those folks may perk up when they see the sexy lap dance one of the girls (Arlene- played by Vanessa Ferlito) performs for Stuntman Mike around the half-way point, a scene deleted in the theatrical cut. Another welcome addition is a scene that happens a little later where we see the extent of Mike's creepiness. I won't get into the details but I'll tell you it involves Rosario Dawson's feet, a drooling Stuntman and the sweet sound of Mary Elizabeth Winstead singing "Baby It's You" a cappella.

As for extras, the two-disc extended and unrated edition is the way to go (your only other option is a single-disc version available for rent at Blockbuster which has next to nothing as far as supplements go). First up is "Stunts on Wheels," a 28 minute featurette that pays tribute to the stuntmen and women and the stunt coordinator. Next is "Introducing Zoë Bell," where the stuntwoman-turned-actor and the rest of the Death Proof family reflect on her initial reaction to the script, her relationship with QT and the cast, and doing her own stunts. "Kurt Russell as Stuntman Mike" is much of the same, with everyone showing Russell his fair share of love. "Finding Quentin's Gals" is next. This 21 minute featurette explains how and why Tarantino chose his female leads. The men get their turn in "The Guys of Death Proof," which





clocks in at around 8 minutes. The entire cast says "hi" to Sally Menke, QT's go to editor in "Quentin's Greatest Collaborator: Editor Sally Menke." This cute extra is the closest the disc gets to bloopers, with all of the actors breaking character to say a quick and sometimes creative hello to the often underappreciated woman behind the scenes. The DVD is rounded out with the entire uncut version of Winstead's serenade and the trailer for the documentary *Double Dare*, about Zoë Bell's rise to stuntwoman super stardom

Initially, I was annoyed that Planet Terror and Death Proof were split up for the DVD but the more I think about it, the more it makes sense. Back in the days of actual grindhouse cinemas, people would go in and catch a double feature of exploitation films. Once home video caught on, those films would go on to receive single releases (if they were ever released at all). Splitting up the films keeps with the grindhouse tradition, something I'm certain Tarantino and Rodriguez were planning the whole time, poor numbers at the box office notwithstanding. In terms of this release, the big disappointments here are no audio commentary and no fake trailers, which were a big hit with fans back when the flick was in theaters. Hopefully both will find there way on the inevitable double dip (it's been rumored that one is already in the works for next summer). The extras that are present are entertaining, especially when Tarantino shows up and drops some film knowledge. This guy is first and foremost a movie buff, so it's always funfor me anyway- to see him speak so passionately about the films and genres he loves.

Grindhouse was a terrific time at the movies. I personally saw it three times in theaters and could have gone again. The Death Proof DVD isn't as much of an "experience" as the theatrical release, but it is a terrific throwback to the era and very much a "Tarantino" movie in tone and pacing. You may be tempted to hold out for a double feature DVD release, but I wouldn't. This one is definitely worth owning now.





# the sun will come out

#### It's Always Sunny in Philadelphia

#### BY JON BOSWORTH

jaxvillain@yahoo.com

The funniest show on television is back on the air and it has finally been awarded a real season. It's Always Sunny in Philadelphia is the most underrated show on prime time cable. Much like the smarter and more complicated Arrested Development, I spent every off-season fearing that the show will never return, but It's Always Sunny in Philadelphia didn't just get renewed for a third season, it got a real fall premiere instead of the short summer sessions that the last two seasons got.

And it's funnier than ever.

Just when you thought this outrageous crew of self-centered dimwits couldn't do anything crazier than the antics they got into in previous seasons, they top it again with side-splitting scenarios that even Seinfeld and Larry David couldn't have thought up. In the first season they tried to sell Dennis (the cute one) and Dee's grandfather's Nazi uniform to a history museum. In the second season the twins Dennis and Dee became crackheads for welfare money and the gang got juiced up on steroids to be part of a street fighting ring. It was during that second season that Danny DeVito joined the cast as Frank Reynolds, saying that the writing reminded him of Taxi. But Taxi was never this funny, this inappropriate, or this clever in its commentary about the average

If you don't know the show, it is simply the story of three guys that went to high school together that own a bar in a rough neighborhood in Philadelphia. Charlie is the nerdy poor kid that eats Hot Pockets out of the trash, hates kissing and fancies himself a filmmaker even though he is all but illiterate.

That door is marked Pirate. Do you think they really have a pirate in there?"

"That door, Charlie? That door is marked pri-

Mack is the jock-ish wannabe hustler who has being seeing a pre-op transsexual for all three seasons because he/she is hot and Mack wants to be in good when he/she finally gets the surgery. Dennis is the pretty-boy rich kid that was popular in high school and always got the ladies, a triumph he is slow to let ao.

"I'll come back tomorrow!" Dennis says to

"No, please don't," she replies.

"Those words have never worked on me." And then there is Dennis' twin sister Sweet Dee, who is the bartender at Paddy's Irish Pub, the bar

Charlie, Mack and Dennis own together. This is the

core of the "gang" but there is also Danny DeVito. He was introduced last season as Dee and Dennis' father, although that was dispelled in the season finale last summer and this season it looks as though he may actually be Charlie's father. Charlie's mother tried to abort Charlie after her affair with Frank Reynolds but it "didn't take."

"I'm an abortion survivor!" Charlie is eager to inform.

Every Thursday at 10 pm they are playing two new episodes of Sunny back-to-back, so get ready to laugh until you are red in the face as the gang solves the North Korea situation, tries to find some new "guy friends" to party with them in their mansion through a flier shaped like a bicep, or maybe it's a penis. ("Whatup? We're three cool guys looking for other cool guys to hang out with us in our party mansion. Nothing sexual. Dudes in good shape encouraged. If you're fat, you should be able to find humor in the little things. Again nothing sexual.") That's not even half of the humor in this season. Frank and Mack have already run a sweat shop, the gang found a dumpster baby, they tried to play with the Philadelphia Eagles "like the guy in that New Kids on the Block Movie," and Dee catches Charlie masturbating to a picture Dennis drew. All this is only a portion of the hilarity found in the first three Thursdays of the new season.

I admit that The Office is a very funny show and I am on the edge of my seat waiting for 30 Rock to come back with new episodes, but the truth is that the only show on television that even holds a candle to the humor of It's Always Sunny in Philadelphia is Larry David's own Curb Your Enthusiasm. But if you don't have HBO, then this is as funny as it gets. Just imagine self-involved characters with no particular drive, like on Seinfeld, but make them twentysomethings that never made it through college and you have one helluva comedy that will keep you in stitches. If you can't wait until Thursday night (if you miss the 10 pm episodes, they play them both again at 11) then just hop online and watch some clips at fxnetworks.com/shows/originals/sunny.

I don't know why everyone isn't talking about this show, but I think it's time you told your friends about it. When I watch shows like this, I can't figure out how anyone could stand television back in the days of Cheers. In a world where shows like Arrested Development get canceled but shows like Prison Break survive, you got to get the good stuff in when it's around.

# video games

BY **NORM STOVALL** 

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#### LocoRoco Cocoreccho For Playstation 3

Loco Roco Cocorecho is one of the few amazingly unique Japanese games great enough to warrant a localized port to English-speaking locales. If you have ever played a game like Katamari Damacy, Parodius, or Wario Ware: Smooth Moves, you will know what I'm talking about. As a psuedo-sequel to the well-received LocoRoco for the PSP, LocoRoco Cocoreccho brings



back all the zaniness that made the original great, while bringing in an all-new gameplay style that will confuse, annoy, and eventually entrance you and have you addicted. In Loco Roco Cocoreccho, your goal is to lead your LocoRocos to the end, while navigating them through the colorful world that seems to be a Rube Goldberg-inspired creation. A LocoRoco, by the way, is a small yellow blob-like creature that looks kind of like a Snork head with a happy face slapped on it. (Remember Snorks? I loved that show.) To control your LocoRocos, you use the left thumbstick on your controller to move your butterfly-shaped cursor about the screen. When you hold the circle button, your butterfly will emit rays of light, attracting the attention of the LocoRoco, encouraging him/her/it to follow.

That is basically it; just attract as many LocoRocos as you can, leading them through a maze. As you go along on your adventure, your LocoRocos will sing the constantly looping theme song in unison. Eventually, you will find new colors and shapes of LocoRoco, all with different abilities and singing voices. It's all very cute, but not cute in a way that makes you want to pull your eyes out and deafen yourself. In addition to leading your little guys around their environment, you can also control various parts of the world by doing things like shaking, tilting, and jerking your Sixaxis controller. It's all very fun to learn, and the download is quick and pretty inexpensive. So if you have a PS3 and a few bucks to spare, check out Loco Roco Cocoreccho-Especially if you are a fan of unique, out of the box games that don't rely on violence or adult subject matter to maximize sales.



#### What's Hot on Xbox Live Arcade this week?

Xbox Live certainly has accumulated a good number of solid classic hits, with such titles as the 1989 hit Teenage Mutant Ninja Turtles, Galaga, and Pacman Championship Edition. For me, I have really put some time into the older score-based games of yesteryear, and I have been playing a lot of Centipede/Millipede and Galaga. I always wrote these games off as too old school and just plain old boring, but I have to admit- the draw of MS achievement points really did help me gain an appreciation for these games that I probably wouldn't have tried otherwise. For anyone who is a fan of classic games, you really should check out these reiterated titles available for download. And for those who aren't sure, just check out the free demos. This week, EA Games is releasing its newest edition of Tetris entitled Tetris Splash. Tetris Splash promises great control mechanics, vibrant colors, and multiplayer online game modes. For a fraction of the cost of the Xbox 360 game Tetris Evolution, puzzle fans will certainly find Tetris Splash worth their while.



# the big picture

Heroes dvd set

BY ERIN THURSBY

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Sometimes it's putting stuff together that helps you see the big picture. That's the way it was with the box set of the first season of *Heroes*. You start noticing things you might not have noticed with commercial interruptions and a week between episodes.

I noticed the symbolic presence of roaches after I had watched it through, and that was before I went back and watched the pilot, which featured the original *Heroes* logo, complete with a roach. Take special note of when a roach appears and what is done with it. In the opening episode, the Dr. Suresh's lecture about these meta-humans, he talks about how the cockroach is the most advanced being on the earth because it can survive things we can't. The villain of the series, Sylar, is often associated with the roach

The show tells the story of ordinary people who discover that they have extraordinary abilities such as time travel, telepathy, flight and spontaneous regeneration. These people soon realize they have a role in preventing a catastrophe and saving the world, as in the seemingly idiotic yet intriguing catch phrase: "Save the Cheerleader, Save the World." It emulates American comic book story arcs, with "short, multiepisode story arcs that build upon a larger, more encompassing arc." In other words, it features lots of little stories that ultimately matter when it comes to the big picture.

Here's a tip for *Heroes* fans who are jonesing for their next *Heroes* fix. Go to their website. In the past they've put up comic books pertaining to the back stories of even minor characters and there are even dummy websites

for Dr. Suresh's research and a convincing company website for Primatech Paper, among others. Right now there's a "documentary" on the website, featuring a PBS-esque series on the legendary Japanese hero—Takezo Kensei, who looks remarkably like the time-traveling Hiro.

We've been waiting since last season for the hapless Hiro to meet Takezo Kensei, only for us to find in the first episode of season two that his hero isn't so heroic. My theory—the original Takezo Kensei dies and Hiro feels that he has to take his place in history because he somehow will feel responsible for his death.

The season one set is chock full of DVD extras. Each disk on the seven disk set has something to offer in that department, be it deleted scenes or audio commentaries. The last disk has the most, with a "making of," something on special effects, the stunts and a profile of the artist who did all the paintings featured in the season.

Judging from all the extras that have been on the website, there really could have been even more on the *Heroes* season DVD. I'm wondering if they will eventually release a super deluxe DVD set with all of the web exclusive

I loved watching the series in DVD form because I could pick up on all those little things in the background that I may have missed while watching it. I can also rewind just to make sure I'm not seeing things.

One warning though: Heroes is addictive. That's why it was so successful as a series and why you will spend too many hours in front of the TV set, mumbling "Just one more episode."





# tell me you love me

# HBO's provocative exploration of couples' intimacy issues

BY **RICK GRANT** rickgrant01@comcast.net

Created by Cynthia Mort, this daring HBO series delves deep into the complexities of couples' intimacy dysfunctions based on Dr. May Foster's (Jane Alexander) sex therapy cases. The age groups represented are from twenty to seventy, as couples deal with sexual issues. The series includes nudity and simulated sex as each couple struggles to find sexual peace of mind. It features exemplary writing and acting from a stellar cast.

Indeed, tackling this sensitive subject was a bold move for creator Mort and co-executive producer Gavin Polony. Nonetheless, the series is captivating because it dares to examine a subject that most people will not talk about, even to their closest friends— problems inside the secret garden of a couples' bedroom.

In the pilot episode, Carolyn's (Sonya Walger) biological clock is going off like London's Big Ben. Her husband Palek (Adam Scott) wants a child but perhaps not as desperately as Carolyn. She is putting pressure on him to have sex during her most fertile times, but now sex has become his grudging duty as a sperm donor. Carolyn sits on the bed waiting for him to service her. The spontaneity and fun has gone out of Carolyn and Palek's lovemaking.

Therapist Dr. May Foster counsels couples on how to break the silence and get down to the real issues in their sex lives. Dr. Foster has a healthy sexual relationship with her retired husband, Arthur (David Shelby), so she can honestly relate to the couples who are having sexual difficulties. It's a serious problem in many marriages, and if the couple doesn't address it, they can drift apart and start seeing other partners to fulfill their needs.

The most common problem Dr. Foster encounters from her patients is the wife or husband complains that they are not having enough sex. So what is enough? That varies according to each person's libido. In the case of David (Tim DeKay), he hasn't touched his wife Rita (Sherry Stringfield) in months, yet she witnessed him masturbating. She is hurt

that he would pleasure himself and not her. So she signs up for couples' therapy with Dr. Foster. David refuses to go because he doesn't feel that not having sex in months is a big deal, but obviously, there is a problem that needs addressing. Dr. Foster tells Jamie to keep her appointments without David, and eventually, he will be so curious as to what they are talking about, he will join them.

The series is shot like a documentary and is meticulously researched so that the fictional Dr. Foster is giving accurate advice according to today's accepted psychiatric practices on the subject. However, frequency of sex or no sex is a complicated matter that depends on many factors within the relationship. Exploring these complexities in the context of this series opens up a pandora's box of questions which can be addressed on the HBO website for the series.

Interestingly, Dr. Foster counsels all age groups and one young couple Hugo (Luke Farrell Kirby) and his fiancee Jamie (Michelle Borth) are madly in love. They have sex frequently in their car and in other dangerous places. However when Jamie overhears Hugo talking to his friends about having one partner for life, he indicates that it may not last that long, but for the foreseeable future, it's wonderful. Jamie takes that to mean he is not as committed to the relationship as he had stated when they became engaged. They have a big fight, but instead of splitting up, they wisely go to see Dr. Foster for her advice.

Of course, this series exposes a common misconception that young couples harbor when their honeymoon is over and reality hits them like a train. They must adjust to the changing situations of their lives together, like having kids. Viewing this show is entertaining, informative, and will stimulate debate between couples as to the health of their own sex life. Sure, it's a touchy subject, but it's worth examining in the context of this fictional series.

*Tell Me You Love Me* runs Sundays at 9 pm on HBO On Demand.

# the naked south

#### Soul Catcher

#### BY ERIN THURSBY

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"An important book . . . as richly detailed and beautifully written as the best Civil War-era novels. —REHARD RUSSO, winner of the Pulitzer Prize

MICHAEL

WHITE

The mythology of the old South lays naked in this book, as its prettiness is stripped away from the mind of a man, piece by piece. It might seem impossible to us today, but there were men of honor who supported slavery. In the world of the antebellum South, accepting and supporting slavery was part of the moral fabric. Author Michael White immerses us in this mindset, using the hard-but-honor-bound character of Cain, a sometime slave catcher and n'er-do-well.

White excels at capturing quickly sketched characters. It doesn't hurt that most of these characters are seen through the sharp eyes of Cain, who takes the time to observe and categorize people. Through Cain, the reader gets a sense of the sort of people who inhabit this world of the author's imagination and that particular slip of time, when the Civil War was just over the horizon, but not quite inevi-

The title, Soul Catcher, is an old name for those who captured runaway slaves and brought them back to their master. The author, who has done his research, brings in the somewhat obscure historical figure of harsh John Brown, a white abolitionist.

Cain had thought himself retired from slave catching, a task he'd come to dislike, if only for the men it attracted and the danger of the job. But after one drunken night of playing cards against a wealthy planter, he finds himself deeply in debt. The planter, Eberly, threatens to take away his horse, but then offers to settle the debt if Cain will hunt Eberly's runaways. Cain reluctantly agrees.

Cain begins the journey with two brothers in the employ of Eberly (Strofe and Little Strofe), a cruel man simply known as the Preacher, two tracking dogs and Cain's beloved horse, Hermes. It's clear from the Preacher's introduction that Cain and the Preacher are bound to have at least one or two ugly

While we journey with Cain and his fellow hunters, bits and pieces of his past are revealed—his lost love, past battles and how he came to be a slave catcher. Despite his occupation, he considers himself to be an honorable man. Indeed, he is a paragon of what a Southern man should be to their slaves. He doesn't get personal and he thinks of these slaves as property. He doesn't feel that he should have to defend his occupation; after all, he's only following the law.

The hunt leads them to a black settlement, filled with freemen and hopeful runaways looking for a new start. From there, they hunt one of the runaways to the notorious abolitionist John Brown's farm. They then track the second slave, an unusual female slave named Rosetta, who has distinctive blue

It is from Rosetta that Cain finally understands what might be done when one person owns another. He understands that there is no recourse, no moral ground upon which to stand, when one person

Along the way, Cain meets a would-be Tiresias, a blind abolitionist who warns Cain of the choice he will soon face. Mixed in with the mythology of the journey are all sorts of strange characters and the

A book like this is bound to be compared to Huck Finn's journey, as Cain comes to many of the same conclusions, albeit with much less boyish innocence and far more cynicism. At the heart of the book, you'll find the same kind of sentiment. Slavery is part of the moral foundation of the South, part of the natural order of things. To work against slavery is to be dishonorable. Unlike *Huckleberry Finn*, above all, *Soul Catcher* is the tale of a redemptive journey.

#### about the author

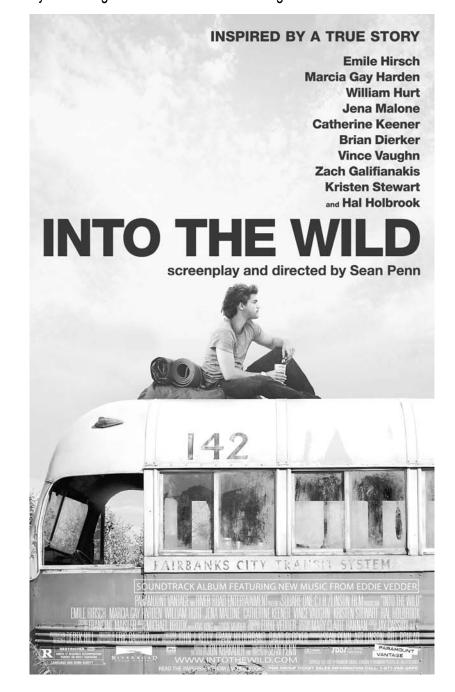
Michael White has penned at least five novels, some of which, such as his Dream of Wolves, have received accolades. Mystery and historical fiction make up a good portion of his work. He often deals with the theme of a lost child, taken from their parents by force, circumstance or killed in an accident. Sometimes this features as a central theme and sometimes, as in the case of Soul Catcher, it's an important part of the story.



And



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**THEATRES OCTOBER** 





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# caring chefs profile

## Tom Gray of Bistro Aix by erin thursby

WHAT: Caring Chefs

WHEN: Sunday, Oct. 21st @ 7-9:30 pm WHERE: The Avenues Mall

Caring Chefs is certainly the premier food event of the year here in Jacksonville.

All proceeds go to the Children's Home Society, so ticket holders can have both the satisfaction of helping those less fortunate and of being able to sample food from some of the First Coast's finest restaurants. Leading up to the event, we've been profiling local chefs participating in the event. This week, we're profiling Chef Tom Gray of Bistro Aix.

#### EU: Why do you participate in Caring Chefs? How many years have you done the event?

**Gray:** Bistro Aix has supported the Caring Chefs event every year since we opened in 1999. It is a wonderful food-oriented event to support and we look forward to helping the Children's Home Society in their mission each year.



#### EU: What are the three ingredients you can't live without?

Gray: Fresh, seasonal vegetables, excellent fish and salt.

#### EU: Appetizer entree or dessert? Why?

Gray: Entree - as the "heart" of the meal, it is what I enjoy preparing most.

#### EU: What's the strangest dish you've ever prepared?

**Gray:** Angulas, or baby eels, are a great delicacy from the Basque region of Spain. I prepared them in the traditional way, just as I had enjoyed them when I traveled in the Basque country, by cooking them in olive oil, garlic and red chili flakes.

#### EU: What's your favorite dish to eat? Prepare?

**Gray:** I love cooking and eating fish the most. When simply prepared and served with ingredients such as ripe tomatoes, olives and fresh herbs, the flavors are allowed to really stand out. Dishes such as these frequently appear on our menus at Bistro Aix.

Tickets for the event are \$60, but it's best to buy them in advance, since they are generally sold out by the night of the event. Go to chsfl.org/buckner to register for tickets or call (904) 493-7739 for more info.

#### october feasting

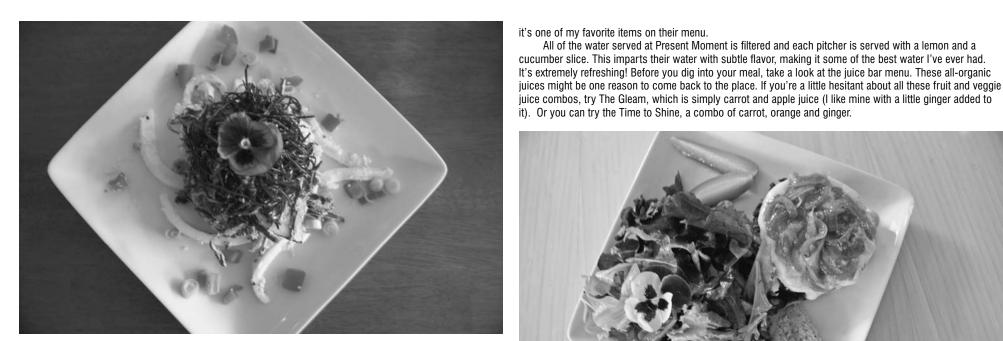
**Rock Shrimp Festival** (October 6) Waterfront, St. Marys, Ga. Shrimp dinners, juried fine arts festival with more than 100 craftspeople, entertainment, rides and a parade. Info: (912) 868-8687.

Soul Food Festival (October 6 @ 11 am) Bring the family and friends for a day full of food, fun and excitement! Arts & Crafts, softball, sweet potato pie contest, horseshoes, children's fashion show, music and entertainment. Parade at 11 am and Festival immediately following. Vera Frances Hall Park/ Green Cove Springs Info: (904) 622-7903

**6th Annual Charity Oktoberfest** (October 6) The annual charity Oktoberfest event returns to World Golf Village for its

sixth year on Saturday, October 6. Located along the World Golf Hall of Fame's Walk of Champions, the car show allows auto enthusiasts the opportunity to observe over 100 European automobiles, motorcycles, and race cars. The show takes place from 10 am to 2 pm and features European-style food and live entertainment from an Umpah band. The event is free and open to the public. Oktoberfest showcases vehicles from national and local car club members as well as private investment collections. Held at the World Golf Village Info: (904) 390-3200 or visit www.abouturitedway.org

**7<sup>th</sup> Annual Greek Festival** (October 12 –14) Everyone can be Greek for the weekend at the Seventh Annual Greek Festival hosted by Holy Trinity Greek Orthodox Church. Festival hours are from 3 to 9 p.m. on Friday, 11 am to 9 pm on Saturday and noon to 7 p.m. on Sunday at the Special Events Field on Castillo Drive



## raw and vivacious flavor

#### Present Moment Café

BY ERIN THURSBY

scopes1925@msn.com

Some places have it all- great service, excellent atmosphere, to-die-for food and beautifully plated meals. Present Moment in St. Augustine is one such place, and it is not the place to come for a quick bite. You'll wait a little longer for your juice and everything else, because they make everything right there, right then. Service is attentive and slow, but this is all part of the atmosphere. They take the time they need to make it perfect and fresh.

Up on the walls are vibrant oils of what look like modern sand-paintings. There's a Japanese print in one corner. Blue and green stained glass is hung over the big picture windows, adding to the laid-back perfection of the atmosphere. The walls are painted in earth-tones, a great backdrop for the large scale paintings.

The eatery advocates the Raw Food Movement. Though there are Raw Foodists who advocate eating raw meat, Present Moment promotes Raw Veganism. This means you won't be eating any raw meat when you go there. Instead, the place is 100% Vegan. Even if you're a dedicated carnivore, the food at Present Moment will win you over with its vivacious flavors. They start with organic

ingredients, and nothing is cooked. When you eat their "breads" or crackers, even those aren't cooked, but dehydrated with heat. I think that's cheating, personally, but it's an accepted notion of the Raw Food Movement. As long as nothing is heated over 115 degrees Fahrenheit, it's still considered raw.

Traditionalists will be a little freaked by the menu, since many items won't be familiar to them. My answer to that: just let go of your preconceived notions and TRY something. You just might like it. Get your meat-eating friends to order the Sunlight Burger, which is nothing like a burger, though it does have the same hearty and satisfying heft as a burger. You've got to eat it with a knife and fork instead of with your hands, but

in St. Augustine. Enjoy a delicious assortment of Greek foods, pastries and beverages along with nonstop entertainment with live Greek music by The Hellenic Band of Jupiter and traditional Greek dances by the Nisiotes dance troupe. Admission is \$2. Holy Trinity Greek Orthodox Church Info: (904) 823-5906 or holytrinitygoa.org/greekfest/main.html

Brunswick Rockin' Stewbilee (October 13 @ 9 am to 11 pm) The day long schedule of events begins at 9 am with a  $5\mathrm{K}$ road race, a March of Dimes walk and a Pooch Parade through Historic Brunswick. The parade of canines has turned into an instant hit with dog owners and their favorite friend. Prizes are awarded for the best costumes. And all registration money for the parade goes to the local animal control and humane society. After the road race/pooch parade awards ceremony the Brunswick Stew Tasting Contest begins at 11:30 am as

more than 75 teams vie for top honors of the tastiest stew. Also throughout the day, visitors will have many activities to enjoy at Brunswick Rockin' Stewbilee. Those include an antique car show, vendor browsing and the ever popular, Junior Stewbies fun zone. Brunswick Rockin' Stewbilee culminates from 6 until 11 pm with an outdoor live music concert on the waterfront featuring New Orleans sensation, The Neville Brothers with local favorite, the Brunswick, GA Info: brunswickstewbilee.com

The 12th Annual Catch Bubba Catfish Tournament (October 13 @ noon) Benefits the Downtown Ecumenical Services Council (DESC). 100 fishing spots for 2 anglers at each. Entry fee is \$250 per spot. First prize for the first angler catching a Big Bubba – a catfish weighing 30 pounds or more is \$5,000. If Big Bubba is not caught, a first prize of \$3,000 goes to the angler

Vic Waters Band opening. Located at Mary Ross Waterfront Park,

Most of the people seated around me were obvious regulars. The customers are friendly and willing to talk. Before I ended my meal, the woman sitting next to me at the bar had offered a taste of her hummus. I

gave her a taste of my Sunlight Burger, which was an item she hadn't tried before. One of the most popular dishes on the menu is the Tacos of Life. Two Romaine shells are home to pine-nut chili and walnut puree, fresh salsa, guacamole with coconut sour cream and a jalapeño vinaigrette. I watched this attractive dish go out to a number of different tables as I sat at the bar, drinking my carrot apple juice with a touch of ginger. Presentation is key here. Not only are the dishes tasty, but they're placed on the plate with delicate care.

The prettiest and most colorful salad pick is the amazing Oceania Sea Vegetables salad. Set on a base of creamy coconut noodles (which in taste and texture are a bit like sweet strips of egg white), shaved red cabbage and arame seaweed top this tasty wonder. Arame, in case you're wondering, is kelp often used in Japanese cuisine. Their crispy and mild arame is slightly spicy and a little sweet, because it's marinated with

Sushi lovers should take a taste of their Vegetable Sushi Maki Roll. Instead of processed white rice, they use a combination of parsnip and cauliflower. I don't even like cauliflower, and I loved the stuff. It's rolled in nori seaweed and then filled with avocado, carrot, cucumber and yellow pepper. Served up with a kind of soy-type dipping and sauce and a creamy wasabi, it's an incredible veggie roll. I could have done with a little more kick to the wasabi, but it was well flavored and well balanced even without that extra kick.

For dessert, I was torn between the pecan apple cobbler, the blueberry parfait and the chocolate marble torte with drunken bananas. I nixed the cobbler, because in pictures cobbler rarely looks as pretty as it tastes. Then it was between the blueberry and the chocolate bananas. I haven't had anything blueberry in a while, so I went with the blueberry parfait. I'm going to recommend the chocolate marble tort with drunken bananas though, just based upon the fact that they use organic bananas. Since I've experienced the goodness of organic bananas, they've ruined me for regular, pesticide filled bananas. The lovely blueberry parfait, though, made up for any banana longings I may have had.

If you want to make some of the same tasty dishes at home, stop by their market next door, where they sell the raw materials and tools to make your own Tacos of Life. Everything is organic, of course. While I was at the market they were playing a video about the horrific life of cows and chickens prior to their being slaughtered. The Café though, was blissfully free of anti-carnivore propaganda. I'd have to say the food itself was the best argument against a life of wanton meat eating.



Mortgage Bankers Association of Jacksonville Luncheon (October 16) The Mortgage Bankers Association of Jacksonville will be having a luncheon October 16th, registration with be held at 11:30 am and lunch at 12:00 pm. The luncheon will address "Anti-Phishing-How to Protect your Data". The event is \$30 for members \$35 non-members and will be held at the San Jose Country Club. Info: mbaofjax.org

> The Art of Decorative Dining (October 20) Learn about elegant dining displays at this presentation featuring twenty designer table settings by noted local hosts and designers displayed in

> catching the largest catfish of the day. Second prize is \$1,000 for

the second largest catfish and \$500 for the third largest catfish.

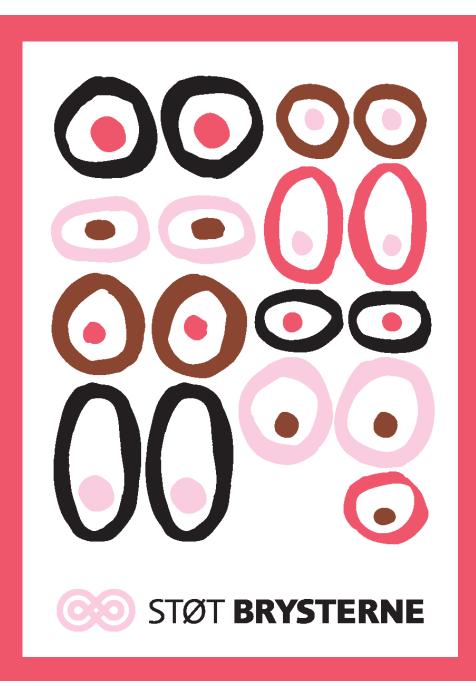
Donated gifts go to 4th through 10th place catches. Info: (904)

five historic houses. Each setting demonstrates how to create a special and attractive tablescape using an artful mix of affordable and collectible antiques as well as treasured family heirlooms. The Art of Decorative Dining is from 5 to 9 pm at the Kenneth W. Dow Museum of Historic Houses (formerly Old St. Augustine Village) located at 149 Cordova Street in St. Augustine. Admiss is \$50 per person and includes an elegant cocktail party with scrumptious hors d'oeuvres and live music. Info: (904) 823-9722

Annual Caribbean Carnival (October 27) Celebrate Caribbean culture at this street party and festival. Enjoy great food, music, drinks, arts & crafts and more. Metropolitan Park, 1410 Gator Bowl Blvd., Jacksonville. Info: (904) 465-1989.

Germany in October Southside's Blue Bamboo features Germany this month. Info: (904) 646-1478

All of the water served at Present Moment is filtered and each pitcher is served with a lemon and a



# defeating the big c

#### our breast issue yet

Breast cancer is seriously endangering the lives of many people on the First Coast. But Jacksonville is uniquely equipped to face this threat. From national fundraiser and awareness programs that originated here in Jacksonville to breakthrough treatments by local oncologists that are leading the world in the fight against breast cancer, our city is deeply entrenched in fighting "The Good Fight," as Donna Hicken's book was titled.

Donna Hicken is especially aware of the struggle as she has only recently had surgery to remove another tumor. This third emergence in Donna is shocking and has this town reeling, but she is a fighter and she fights on. She spoke with EU about the marathon after learning of this tumor but before undergoing surgery. Her oncologist, and one of the leading breast cancer researchers in the world, Dr. Edith Perez also spoke to us recently, and she provides a promising reassurance as to Donna's health following the surgery.

With all of the activities going on this Breast Cancer Awareness Month, EU felt it was time to support those activities with the information you need. St. Augustine's First Friday Art Walk will have many exhibits and events, but one of the most anticipated is the Breast Defense event going on at the Casa Monica Hotel where the casts of famous burlesque dancers painted by a number of international celebrities will be on display. From Iggy Pop and Kim Gordon to Mark Mothersbaugh and Derek Hess (our interview with him is on page 23), this event is world class.

Downtown Jacksonville's ArtWalk is also dedicating its theme to breast cancer awareness through the support of the 26.2 with Donna marathon that Donna Hicken, Jeff Galloway and Dr. Edith Perez are putting together. There is also Race for a Cure, Making Strides against Breast Cancer 5K Walk, a motorcycle tour and many other opportunities for you to help a great cause. So read through this feature and find out how you can help. There are plenty of opportunities and we are excited to share them with you.

# to find a cure for breast cancer

#### interview with Dr. Edith Perez by lynn skapyak harlin

Edith A. Perez, MD, is always running on her job and to keep in shape.

A Professor of Medicine at Mayo School of Medicine, in Rochester, Minnesota, and the Director of the Breast Clinic at Mayo Clinic in Jacksonville, Florida, her work keeps her flying too.

Her passion is finding a cure for breast cancer and one of her patients and her running partner is First Coast News anchor, Donna Hicken, a two-time survivor now battling her third bout with cancer.

Dr. Edith Perez is recognized as one of the top breast cancer researchers in the world. She led a clinical trial which, last year, produced what is arguably the most significant breakthrough in breast cancer research in 30 years: a 52-percent decrease in the recurrence of HER-2 positive invasive breast cancer in patients who received trastuzumab (Herceptin) and chemotherapy vs. chemotherapy alone.

Her latest research includes incorporation of new therapies and identifying genetic markers to find the best treatment for each patient. Author of more than 150 research articles in journals and books, she is a frequent lecturer at numerous national and international meetings each year.

Recently, between trips to Spain to present her research, she found time via phone in Rochester airport to talk about 26.2 with Donna: The National Marathon to Fight Breast Cancer, "The only U.S. marathon dedicated solely to raising funds to end breast cancer."

In her phone interview Dr. Perez spoke about Donna's cancer, surgery and her upcoming treatment.

"We haven't started her on any treatment yet. We want her to totally recover from surgery and then

"We haven't started her on any treatment yet. We want her to totally recover from surgery and then we are looking at options of the best effective medicine to decrease the risk of the cancer returning," Dr. Perez said.

Donna's tumor was in her lungs. Dr. Perez explained that tumors can spread in a variety of ways including in the blood and also the lymph node system.

"So it could happen either way, it's not that surprising to us when this happens because we see this quite commonly, but we would like it never to happen," Dr. Perez said.

"The tumor got to the lung somehow, and that's why even though all of the visible tumor was removed, we need to use additional medications for some microscopic tumor cells that we cannot find. That's the idea of giving anticancer treatments after surgery."

The treatments are different for different people. Some get chemotherapy. Some get anti-estrogen treatment, and some people get other types of targeted therapy for their cancers.

"In Donna's particular case we need to try to use the best science possible, but I have not made the specific decision of what agents I'm going to use. I'm thinking of a new class of agents, which we use in clinical trials, that do two things to the blood vessels.

"It diminishes the number of blood vessels to the tumor and also improves the quality of the blood vessels and by doing that, these drugs also help enhance the delivery of chemotherapy drugs to the tumor.

"Based on studies that have been conducted so far, these drugs, they're call anti-angiogenesis drugs, if given alone, they have low reactivity so they're best when used combined with chemotherapy.

"The idea is to decrease the number of blood vessels delivering new blood to the tumor. That's one of the hallmarks of cancer, so this is a new avenue for patient management compared to what we used to have five years ago. The idea is to change the ability for us to deliver effective therapies to the tumor.

"Research in this particular area has been going about 20 years. But only over the last few years have these drugs entered into the clinical trial system and some of the drugs are already approved for other tumor charts, approved by the FDA for treatment of patients with cancer of the kidney, cancers of the lung and cancers of the colon, but the status of these drugs in the setting of breast cancer is still investigational," Dr. Perez said

"Donna won't need to participate in this specific study because there are not enough patients like her around, patients with the recurrent tumor that we can take completely out. We are developing clinical trials though; in her particular case we're going to use every well known therapy not within the context of the trial itself.

"Many advances have been made over the last few years, however we must continue on this same path of discovery to improve outcomes for our patients. The only way to do this is with the help of the patients, with the help of foundations, the help of the government.

"We have the proper channeling of people like me who think of new possibilities, but we need to evaluate the new possibilities through conducting clinical trials and conducting basic research, and that's one of the reasons the Donna Hicken Foundation and the collaboration that we have established for this breast cancer marathon is going to be so important.

"You know Donna has given to so many others for so many years and now over the last two years, we've coordinated this marathon idea that would not only bring funds for under-served women who really need some help while they're undergoing therapy but we are going beyond that, we're raising funds to put into more structured and thought out breast cancer research that, again, will help to further the field of individualized medicine.

"We want to find the best therapy for each patient. That's the hope of the future."

Some folks think this may keep Donna down, particularly during the marathon preparation, but Dr. Perez thinks differently.

"I tell you, well, she's down in some ways, but up in many others because Donna is really an example of hope and dedication and giving to others.

"At the same time she takes care of herself, so this is a setback, but we're continuing the fight and we



have new possibilities for management that will allow her to lead the best possible life."

In Donna's book, *The Good Fight* she talks about "running to keep ahead of her cancer," this marathon is all about running to help find a cure for breast cancer and Dr. Perez's research plays a big part in that goal.

"I'm working on that and everyday people here and there are being cured, but we want to continue expanding that number. We're going to accomplish this together, through our partnership. This marathon, it's truly such a fantastic idea we're raising money for research, but people will get in better shape as they prepare for this event.

"People need to get up in arms and get off their couches and get involved because we can all observe what's happening around us and we all have a responsibility to help ourselves and society. The 26.2 with Donna: The National Marathon to Fight Breast Cancer is a great opportunity for people to get involved. Be positive about what we're doing, be positive about the research being done and support each other in this cause."

Perez hopes it will create some cohesiveness in our city and also create a bridge between our city and other cities in the United States and around the world.

"It's one of those win-win situations with the hopes that we'll get closer to improving the care of our patients," Perez said.

Everyone always wonders what to do when someone they love is diagnosed with cancer.

"Continue in faith, but let's participate as part of the solution," Dr. Perez said.

# early detection and risk factors

#### at the Mayo Clinic by erin thursby

Early detection is the most important factor in determining the treatments necessary to survive cancer. Because of this, there has been a tight focus on early detection and treatment in many medical organizations, including the Mayo Clinic. There's plenty of reason for optimism as far as breast cancer is concerned, because women have far more options than ever before and the technology for detection has improved considerably.

If you have one or more of the risk factors that up your chances of developing breast cancer, you should be especially vigilant. Chances for breast cancer increase after the age of 50. Chances also increase if one gets pregnant after 30, menstruated before age 12, and a host of lifestyle choices such as smoking, birth control and obesity. Go to mayoclinic.com/health/breast-cancer/DS00328/DSECTION=4 for a full list of risk factors.

A family history of breast cancer should be a big red flag for any woman trying to determine risk factors. If you have a daughter, sister, mother or male relative who got breast cancer, you should be vigilant about getting a yearly exam. The more relatives that have been diagnosed with breast cancer before menopause, the higher your chances of developing it yourself. Although Stephanie L. Hines, M.D. of the Multidisciplinary Breast Clinic says that "Only 5 to 10% of all breast cancers that occur are related to an inherited genetic predisposition," if you're in that percentage bracket, you should make sure you're tested annually and immediately if you find a lump during self exams. You can also get genetic testing to determine if you carry the genes for breast cancer.

"The most common genetic mutations that increase a person's risk for breast cancer are in BRCA 1 and BRCA 2. These mutations are passed down through a family in a dominant fashion and can also increase the risk of ovarian cancer or breast cancer in the other breast (in women who've been diagnosed with breast cancer in one breast). Therefore, women with a personal history of premenopausal breast cancer or with a

#### information please!

Mayo Cancer Resource Room

There's no question that a breast cancer diagnosis can often be devastating to the women who receive it. Luckily, Mayo Clinic has a staff of understanding oncologists who are trained to both comfort and provide information. Dr. Vallow says that "The majority of women suffer intense emotional stress immediately following their breast cancer diagnosis. The emotional support I can provide is most critical when patients are most fearful and confused."

Information on breast cancer and cancer in general can come from both your physician and from the Cancer Resource Room located on the 8th floor of the Davis Building in the Mayo Clinic Complex.

Although Dr. Vallow says that "Frequent physician visits... alleviate patient concerns as they have multiple opportunities to ask questions," the Cancer Resource Room helps arm patients with the questions they should be asking before their visit.

The room's resources also help patients answer practical questions that are not necessarily the doctor's responsibility. The quiet, comfortable room provides a spot where you can surf Mayo's online information pages and register with the American Cancer Society to receive free services such as literature or support group information. You'll also find a wig display, books, take-home pamphlets, a local phone fax and printer. You can also get info about wigs and prosthesis from the American Cancer Society "Gift Closets" and vendors.

"At Mayo Clinic Jacksonville, we believe in the power of education. Once women understand their diagnosis and their options, they can focus on the job ahead of them and getting well."

For convenience, a volunteer is available to help with the computer and answer questions. The Cancer Resource Room is open 10 am to 2 pm Monday through Friday.

suspicious family history of breast and /or ovarian cancer should consider testing for this condition."

Besides genetics, Mayo clinic also performs breast MRIs in women who have just been diagnosed with breast cancer. According to Dr. Laura Vallow, Assistant Professor of Radiation Oncology at Mayo Clinic Jacksonville, "We have...found MRI detects additional disease in 16% of women. This is additional disease not detected by routine mammography and/or ultrasound. We also detected mammographically occult cancer in the opposite breast in 4% of women. This translates to 20% of women [who] will have additional disease detected only by breast MRI."

The sensitivity of breast MRIs is also a pitfall, because "many non-cancerous abnormalities are also detected." Women have to go through extra evaluations "with further ultrasound and possibly biopsies." While it does increase patient anxiety, it can also catch things other methods cannot.

"We continue to review our experience with pre-operative breast MRI and are hopeful a more accurate evaluation of the extent of the breast cancer can improve surgical planning and patient outcomes."

Not having risk factors doesn't mean you won't develop breast cancer. It seems the only prerequisite for getting breast cancer is having breasts (although some men can develop it as well). With tools like MRI, genetic testing, risk factor evaluation, self exams and yearly mammograms, women have a better chance today of detecting the onset of breast cancer.

#### about the cover artwork

The artwork at the front of this story and on the cover of this issue of EU is by Danish woman and graphic designer Sidsel Gaustadnes. The artwork was originally designed for this year's Breast Cancer Campaign for The Danish Cancer Society.



On her blog she explains, "This is the pattern - based on the fact that 1 out of 9 women suffer from breastcancer. I made 9 pair of breasts in different shapes and colours- with one breast missing in the last pair (because that's how I remember my grandmother - who lived happily for many years with only one breast after her breast cancer

operation). "Last year I wrote this post about how Octo-





ber is the Breast Cancer Awareness month - and why breast cancer is an issue close to my heart, since both my mother and grandmother has suffered from it and survived it! (and since my aunt on my fathers side died from it a few years ago.) Well this year I designed the logo & patterns for this years Breast Cancer Campaign for The Danish Cancer Society. I've been working on this project during the last year - and it's so nice to be able to share it now- and to see my design on t-shirts, sil scarfes, rubberboots etc."

## Are You Worried About

# Breast Cancer?

Most women are, so remember to see your health care professional for regular check ups and screenings.

Early detection of breast cancer saves lives. It's that simple.

If you are diagnosed with breast cancer, rest assured you will receive the most advanced treatment available; close to home and close to your support system of family and friends.

With More Practice Locations, More Physician Specialists and More Services than any other cancer group in the region, our multidisciplinary team of medical and radiation oncologists provides the most modern technologies and treatment options available; with patient comfort and convenience in mind.

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Radiation Therapy
Laboratory Services
Pharmacy

Advanced Diagnostic Tests
Financial and Mental Health Counseling
Clinical Research Trials
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# donna's running for her life

#### interview with Donna Hicken by lynn skapyak harlin

"This marathon is dedicated solely to ending breast cancer in our lifetime and to caring for those who are living with the disease right now," said Donna Hicken

And Donna Hicken is one of them.

A two-time breast cancer survivor and now she is fighting it again. Recently cancer was found in her lung.

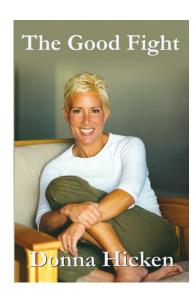
Hicken, an evening news anchor for Gannett Broadcasting's NBC and ABC affiliates in Jacksonville founded The Donna Hicken Foundation, which funds the critical needs of underserved women with breast cancer, and the "26.2 with Donna" marathon.

She is author of *The Good Fight* which details her second bout with breast cancer and has sold more than 20,000 copies to help women on the First Coast battling breast cancer.

She is also an avid marathon runner, completing several after her cancer diagnosis.

26.2 with Donna: The National Marathon to Fight Breast Cancer was started by Hicken, together with Mayo Clinic Multi-disciplinary Breast Clinic Director Dr. Edith Perez and former U.S. Olympian Jeff Galloway.

Galloway has directed more than 100 races, including the



Peachtree Road Race in Atlanta. His monthly column appears in Runner's World Magazine, and he has authored several best-selling running and fitness books. Through programs and seminars, he has coached hundreds of thousands to their goals.

Donna gave this interview two weeks before her surgery to remove the cancerous tumor. (For an update on her condition read the interview with Dr. Edith Perez on page 16.)

Although she has been a longtime runner, she started raising money with running when she was first diagnosed with breast cancer back in 1999. It started with a small running group, called Run with Donna that ran the River Run.

"It was very small. Then one year I met Jeff Galloway, at the River Run expo. He is a an incredibly magnetic person who has coached more than a quarter of a million people on how to run a marathon by using a method where just about anybody can come off the couch and run it if they just set their mind to it and kept to his system," Hicken said.

Galloway asked if she wanted to train a group to run a marathon to raise money for the Foundation. She did. If they had six people, he'd consider that a success. They had eighty the first year. After that was so successful and the second year grew even more, Donna had an idea.

"Actually I was having coffee with Dr. Perez, with Edith, my oncologist and I said, 'Sounds like a crazy idea, right, but what if we started our own marathon?'"

Dr. Perez thought it was a wonderful idea. Donna contacted Galloway and they set their minds to 26.2 with Donna: The National Marathon to Fight Breast Cancer.

A year later they have registered a little over 2000 runners.

"A very small percentage of those are half marathoners, which they usually say you get more half marathoners than full marathoners, so we're anticipating at least 5000 people for the first race," Hicken said.

"We've raised just under a million and a half dollars toward the race. It is entirely paid for by sponsorship," Hicken said.

"Every single dime that people pay for their registration goes to the fight and every dime they choose to raise, because this is not a mandatory fundraiser, but anybody who chooses to fundraise can, 100 percent of that goes as well," Hicken said.

Sponsorship and volunteers are fueling the upcoming marathon.

"Keith Brantley, former Olympian has just joined us. Keith has agreed to coordinate our elite athletes. He's doing this totally gratis, so is Jeff Galloway," Hicken said.

Brantley's mother is being treated by one of the oncologists at Mayo. She has breast cancer and he is doing this for her.

"Because she loved him enough to fight death, he wants to do whatever he can," Hicken said. Hicken has good help.

"We have a really impressive team: Theresa Price is the Special Events Director for the City of Jacksonville, she's basically our event coordinator. She has coordinated with all the different police departments and the EMTs. Mayo has their own team of doctors and others that will host the finish line. And, Jim Gilmore has headed up our sponsorship, he's a local businessman who does so many wonderful things. Jane Alred, the better half of Doug Alred is doing our expo. Doug Alred is doing our timing," Hicken said. The Donna Hicken Foundation has helped over 600 women and families fighting breast cancer. They spend \$20,000 a month on recipients.

And that's why this marathon must be a success.

"It's great we are helping so many but obviously it's a lot of money so we gotta' keep up. That's why I want the community to embrace this in a huge way," Hicken said.

How can you help if you aren't a runner?

She needs 5,000 volunteers.

"All they have to do is go to the website and click on volunteers and it gives them a million different options of things, kids can get their service hours that way, we're even going to have a curb crew where we just have people who stand out and cheer on the course," Hicken said.

The course runs right along the coast and Jacksonville Beach with a 2 mile section that actually runs on the beach at low tide.

"We've had some people freak out about that and so I feel the need to tell people that we have carpet runways that are going to cover the entire run space. They go out to the soft sand and onto the hard packed sand so that people won't have to worry about being on an unsteady surface." Hicken said.

For more info on how you can help and on Donna's progress, the DHF or the marathon, visit donnahickenfoundation.com or breastcancermarathon.com. **To read the entire interview go to eujacksonville.** 

# making strides against breast cancer by hilary johnson

#### buddy check 12

There comes a moment in people's lives when they are faced with harsh realities that change us forever. For local Channel 12 News Anchor Jeannie Blaylock, that moment came fifteen years ago. Her best friend, Kay, was pregnant and diagnosed with breast cancer.

Kay's doctor asked how old she was, and when she told him she was only twenty-nine, the doctor told her she was too young for breast cancer. Kay had her baby, a little boy, and then passed away soon after due to the cancer in her body that supposedly could not possibly be there.

"I was just so upset," says Blaylock. "Pink was not the color for breast cancer back then. Women didn't have the chance or the information available to them that we have now."

So, faced with a moment that changed her life forever, Jeannie Blaylock decided to make some changes too. She called her mom and said, "Why don't we pick one day out of the month to remind each other to

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check ourselves, it will be a buddy check." They chose the 12<sup>th</sup> of every month as the day of their reminder, and that's how Buddy Check 12 came to be.

Blaylock created Buddy
Check 12 with the partnership
of Baptist Health in the hopes
of educating women on the
importance of early detection
of breast cancer. The odds of
beating Breast Cancer are about
90% if found early, but if women
rely on their annual check-up
for detection and don't perform
self-exams, that percentage
grows smaller and smaller.



Buddy Check 12 Kits were

made available through Baptist to help women get started with their own Buddy Check 12 system. The Kit includes reminder stickers for the 12<sup>th</sup> of every month as well as for annuals and other gynecological issues. It also includes educational material on Breast Cancer and how to know what a lump will feel like.

The Buddy Check 12 system works in three steps. First, it is important to call the Buddy Check 12 Hot Line at Baptist Health (904) 202-CARE to receive your own Buddy Check Kit.

Then, it is crucial that you pick your buddy. "Your buddy can be anyone," says Blaylock. "It can be your mom, your sister, your friend, or your husband." What's important is that you have a buddy who you trust and cares about you.

Finally and most importantly, on the 12<sup>th</sup> of every month you will need to call your buddy and perform a self-examination. This is the call that could potentially save your life or the life of someone close to you. If you find a lump, make sure to call your doctor right away.

Today, Buddy Check 12 has saved the lives of 270 women locally, and those are just the ones that have come forward with their stories. It has also swept across the nation, now in 39 cities across the United States. The Buddy Check 12 system was working, and people were talking.

"Women are smart and sharp and want to stay alive for their families," says Blaylock. "It's the power of women [that spread Buddy Check 12]. I know men complain about women talking too much, but this time it was good."

#### walk for the cure

On Saturday, October 13, 2007 Making Strides against Breast Cancer will be marching down the streets of San Marco in protest. It is a protest against a disease that will affect more than 200,000 women this year alone, and claim the lives of 40,000. But it is also a march for change and a march for hope.

Since 1993, the American Cancer Society has used Making Strides as a way to gather the troops in the fight against breast cancer. Due to better technologies, advances in breast cancer treatment, and education on the importance of early detection, fewer and fewer will suffer at the hand of breast cancer this year. And every year, with the help of programs like Making Strides, the statistic will continue to get better and better.

The walk is typically around five miles long and most of the funds are raised through walker's pledges and sponsorships. The walk will go on rain or shine and people are encouraged to walk as far as they can. You can also get involved by organizing a team of walkers and contacting the American Cancer Society for a Team Leader Kit. It is also an option to volunteer your time as either a committee member or on the day of the walk itself

Since the onset of Making Strides 2.5 million people have walked across America in the fight against breast cancer, raising more than \$160 million. That money goes toward research, education and early detection, genetic testing and risk reduction, treatment and access to care.

To become involved call 1-800-ACS-2345 or register online at acsevents.org/stridesonline. The website offers information on how to become involved in the event, event resources, and education material on what breast cancer is. It is never to late to fight the good fight.

# community cancer resource

#### Florida Oncology Associates by erin thursby

By specializing in cancer, Florida Oncology Associates, a division of Integrated Community Oncology Network, can provide many resources as far as treatment is concerned. They can provide a lower cost alternative for cancer treatment than many hospitals can and they have the added benefit of many centers scattered throughout the North Florida area.

"The thing that sets us apart," says Dr. Thomas Marsland, President of Florida Oncology Associates "is that we can offer quality care...in the whole Northeast Florida area. We have practices everywhere from Brunswick all the way down through Palatka, St. Augustine and Palm Coast."

For chemo patients, having a treatment center in your neighborhood can be a real boon, since the treatment is often tiring and it's important to have each treatment at a precise time.

FOA offers the majority of their treatments under one roof and the various doctors who treat the patients with simultaneous therapies communicate with each other to boost the effectiveness of the treatment and gauge the effects on the patient.



For the first time ever the legendary Freddy Krueger, Jason and Leatherface are the main attractions of Universal's Halloween Horror Nights...It's the greatest exhibition of pure terror unleashed anywhere with MORE haunted houses, MORE live shows, and MORE flesh-ripping gore than ever before.

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Mark Mothersbaugl

# keep a breast

#### interview with artist Derek Hess by donald dusinberre

Derek Hess is a renowned artist from Cleveland, Ohio. Having visited Jacksonville numerous times, Hess is a favorite with folks around here. His drawings, album covers, and posters have become quite well known in the independent music community. To learn more about Derek Hess, visit his website at derekhess.com. Derek Hess is one of the many locals and celebrity artists contributing to the Breast Defense exhibit. Other artists include Mark Mothersbaugh of Devo (pictured), Iggy Pop, Kim Gordon of Sonic Youth, KRK Ryden, Attaboy, Anne Owens and local artists Ian Chase, Mark George and Tonya Lee.

#### EU: How did you get involved with the Breast Defense show, and what enticed you to decorate a bust?

**Hess:** Well, Rob [DePiazza] from Screen Arts contacted me. I've shown my work there before, and he's awesome. He gave me a call and I agreed to do it.

#### EU: Do you have a specific connection with the cause, outside of this show?

**Hess:** No, but I happen to be involved with another show for Breast Cancer Awareness. But no, I have not been touched by the problem in my own life.

#### EU: Have you met the woman whose breasts you're decorating?

**Hess:** No, Rob invited me to go to Vegas, and I thought I was going to be able to cast the mold myself. He told me I was only supposed to decorate the breasts, but it's a cool project. I'm glad he asked me to do it.

#### EU: Did your design idea come easily?

Hess: You know, I was stumped at first. It sat there in my studio for a while. I went with what I tend to do- sketching, and I went ahead with an angel. It came out pretty raw, so I tore out pages of sketch-books and pasted them on, sort of making another cast over the plaster, wetting the paper and brushing it with glue to make it stick and form to the cast.

#### EU: Do you get asked to do these kinds of projects often?

**Hess:** Yeah, people ask me to do them a lot. Actually, I'm part of a show coming up in Atlanta. They had us paint skateboard decks, and they'll raise money to build a new skatepark in Atlanta.

## EU: From the preliminary pictures I've seen, the busts seem to lack, ahem, certain anatomical details. Did you feel like you were decorating a real person's bust, and was that important to your process?

Hess: Well, if I cast it, it would have been better (laughs). It was a really cool idea, and you can tell they're from a real person, so it really was like a collaboration.

#### EU: Was it difficult, as a man, to connect with an issue that mostly concerns women?

**Hess:** I often get asked why all the figures I draw are men, and I've got a friend who likes to tease me about being a racist because they're mostly white men. Obviously, I'm a man with a male perspective, so I can't easily draw from a female point of view, but for this project, I tried to do it as objectively as I could. As far as being involved with the show, it has at least made me consider the cause in a way that I didn't before.

Look for Derek Hess' contribution to the Breast Defense art show on October 5. An opening reception will take place at the Casa Monica Hotel in St. Augustine, followed by a showing of all the decorated busts at the Gallery at Screen Arts on King Street.

"The approach is very much an integrated approach." says Dr. Marsland "because of the communication between the physicians. I'd say it's sort of one-stop shopping...you're not going somewhere for radiation, somewhere else for your chemotherapy...It's all provided within the same practice."

FOA treats more than 6,000 patients a year at their various practices and they also conduct clinical tri-

"We're actively involved with clinical research...we've placed over 200 patients on clinical trials just this year so far."

They have VeridexCellSearch, a newer diagnostic tool that counts cancer cells in the blood. VCS is especially important for metastatic breast cancer. It's often used after the first round of chemo, to determine if immediate changes need to be made in the treatment, so that the cancer doesn't progress and is killed off more quickly and efficiently.

"We're one of the very few community practices that actually has this capability....We try to be on the cutting edge of state-of-the-art...quality care."

The practice is also serious about providing support to their patients, whether it's a breast cancer support group, or advice on how to lower the cost of treatment and how to handle insurance.

"We have medically trained social workers that are an integral part of our practice. They help us in terms of reimbursement issues for patients...The cost of cancer treatment can be extremely prohibitive for many patients, so we provide assistance to the patient in trying to identify co-pay foundations and other sources that will help defray the cost of medications."

For more information on Florida Oncology Associates visit the website of their parent organization at iconspecialists.com or call their local number at (904) 363-2113.

# after

#### SURVIVING CANCER by debbie ricks

To say we live in a looks-driven society is an understatement. Quite honestly, it's stated so much it's cliché. Many women identify themselves through body parts. Hair and cleavage being on the list. When Brittany Spears shaved off all her hair, we gasped and gossiped about how unattractive it was. Breast implants are so commonplace they can be financed. Now, suddenly faced with breast cancer, a woman stands to loose two of the very things that are the most feminine parts of her: her hair and her breasts. It's hard enough for a healthy woman to maintain good self-esteem. So in a looks-driven society, how does a breast cancer patient survive the loss?

Ingrid Kicklighter is upbeat. She hasn't thought twice about her decision to have a mastectomy. She recalls a doctor's visit. She was visiting her new primary care physician for the first time. Kicklighter warned the doctor about her mastectomy. Then she did something she says most mastectomy recipients wouldn't do. Instead of turning her back to the doctor, she stripped off her gown right square in front of her.

Kicklighter attributes some of her confidence to her husband. He put it in perspective for her.

"It's just a boob," he told her.

Post mastectomy research shows that having a breast removed is psychologically excruciating. Feelings of un-wholeness haunt most patients. They feel less sexually attractive. However, in 2006 The Cleveland Clinic Foundation conducted a study of 218 women.

"Because of the value our society places on breast in terms of sexual attractiveness, loss of a breast through mastectomy was believed to be more psychologically devastating than most other kinds of cancer treatments."

Surprisingly they found that only twenty percent of the women screened reported body image issues. The key to finding self esteem again is to return to some sense of normalcy. The researchers concluded that the women who had reconstructive surgery after their mastectomy were less like likely to have body image issues.

"The doctor's jaw dropped. She could scarcely believe I had a mastectomy," said Kicklighter.

She was lucky. The plastic surgeon did a beautiful job. In 1956 her mother had breast cancer and the doctors butchered her, according to Kicklighter. Implants were not an option. Afterward she stuffed her bra, which looked fine in most situations, but when she wore a bathing suit it was obvious. Nowadays, with post mastectomy clothing you can't tell. Her mother's experience didn't stop her from making her decision to have a mastectomy.

"You got to do it for yourself. For your kids. Teach your kids you are a survivor."

If an implant is not an option, getting fitted for a prosthesis can be an alternative.

"It will make you feel better," says Susan Loosberg, from The Pink Door, a post mastectomy lingerie shop in Palatka. "A woman has to take care of herself."

She tries to make the shopping experience pleasant. She services customers from Putnam, St Johns, Duval and Clay counties. (Visit pinkdoor.org for more information on post mastectomy clothing.)

"Women come in thinking 'oh geez, I have to wear my grandma's bra.' This is not your grandma's bra anymore."

A wig is the obvious choice for hair loss. Not everyone has the courage of Mellissa Ethridge. Wig technology and styles have advanced, and the right wig can look flawless. Brandi's wigs and Boutique on 103rd Street has been in business for twenty-five years. She caters to cancer patients.

"They come in at a low point. The hair loss is more traumatic than the treatment," Brandi says.

A woman's hair is her crown and glory. She cares for it, curls it straightens it, colors it. Wears it up one day, down the next. It is the first thing she sees in the mirror in the morning. Then suddenly it's gone.

"Hair is very obvious." Brandi explains.

People see them as victims, most do not want to be seen that way. When someone going through chemotherapy comes into her shop, they are seeking something far more important than the wig itself. Brandi does not just sell wigs; she gives back self esteem.

"They feel attractive again. More like a woman again."

In an excerpt from the book *Why I Wore Lipstick to My Mastectomy*, the Author Gerralyn Lucas writes, "If I were awake I would tell them how proud I am that I decided to cut off my breast to hopefully save my life. If I were awake I would tell them that I know I will still be a woman." Earlier in the excerpt she clings to the last thing she feels still makes her feminine: her lipstick. It becomes her "war paint."

However the biggest self-esteem builder is friends, family and a good support group. There is no shortage of support groups in Jacksonville. Surrounding oneself with positive energy is the best thing anyone can do.

### breast cancer awareness events



Cesar Perales from Energy Lab Studios

#### First Wednesday Art Walk **Celebrates Breast Cancer Awareness**

Wed., Oct. 3, 5-9 pm, MOCA Jacksonville will kick-off breast cancer awareness month with 26.2 with Donna, The National Marathon to Fight Breast Cancer at the October Art Walk. This is the perfect opportunity to get the inaugural commemorative marathon poster, and have it signed by local artist, Kurtis Loftus. Also making an appearance at the Art Walk will be the official marathon VW Beetle Convertible. Don't forget to purchase a raffle ticket for this one-ofa-kind car. Come out and start the month off taking strides against breast cancer! Info: www.DowntownJacksonville.

#### St. Augustine's First Friday Art Walk and breast cancer awareness event October 5, 2007- 5 pm to 9 pm

Art galleries and merchants in the downtown St. Augustine area will host events centered on the impact of breast cancer on its sufferers and loved ones. The event is free and open to the public. Funds raised will benefit The Donna Hicken Foundation, Keep a Breast, Art Breakers and Bosom Buddies of the Women's Health Center of Jacksonville. Downtown St. Augustine

Info: artwalkforbreastcancer.com.

#### **Keep-a-Breast Fundraiser**

Opening October 5, 2007

"Breast Defense" celebrity artist show featuring busts painted by Derek Hess, Gary Baseman, Mark Mothersbaugh, Iggy Pop, Joe Coleman, Liz McGrath, and more. The opening party is on October 5, with the exhibition continuing through October at The Gallery at Screen Arts, 228 W. King Street, St. Augustine.

Casa Monica Hotel, St. Augustine Info: keep-a-breast.org/home.htm or (904) 829-2838

#### **The Making Strides Against Breast** Cancer 5K Walk

October 6, 2007 - 8 am to noon The Making Strides Against Breast Cancer 5-kilometer walk

will take place Saturday at the SeaWalk Pavilion in Jacksonville Beach. Walk, run or bike to celebrate life and breast cancer survivorship. Funds benefit the American Cancer Society's programs of education, patient services, advocacy and research. Info: 249-0022

#### Polka Dot Motorcycle Tour

October 6, 2007

Riders will be revving up for the fight against breast cancer on this year's week long Polka Dot Tour, 2007. Pink polkadot ribbons will be flying as survivors and supporters hit the streets on motorcycles and RVs, circling the state of Florida to bring awareness to the growing number of women diagnosed with breast cancer each year. This incredible team of riders is on a mission to impact America, one community, one woman, and one mile at a time. Beginning in Tampa. with scheduled stops in Ozello, Panama City, Wakulla Springs, Jacksonville, Daytona, Boca Raton, Ft. Lauderdale, Miami, Key Largo, Miccosukee Reservation, Naples, Ellenton and New Port Richey, this team of supporters, survivors, doctors, friends, family members and other concerned leaders will take the message to the streets that this deadly disease must end.

#### Think Pink - A celebration for Breast **Cancer Awareness Month**

Monday, October 8, 2007- 7 pm to 9 pm

Info: polkadottour.org/

This remarkable evening will feature passed hors d'oeuvres prepared by Executive Chefs Charles Charbonneau and Brett Smith, sparkling beverages and a silent auction specially created to benefit The Donna Hicken Foundation which serves the critical needs of women on the First Coast battling breast cancer. Tickets: \$50 (proceeds from the ticket sales benefit The Donna Hicken Foundation) The Spa at Sawgrass Marriott, 1000 PGA TOUR Blvd. Ponte Vedra Beach Info/R.S.V.P.: soniad@sawgrassmarriott.com or (904) 285-7777 x 6051 by October 5th

#### Cruise for a Cure!

October 9-13, 2008

This 4 night Bahaman cruise benefits The Donna Hicken Foundation, Celebrate Breast Cancer Awareness Month 2008 on Carnival's ship the Fascination on one of her first voyages from Jacksonville! Ports of Call: Freeport and Nassau, Bahamas. Prices include port charges and taxes. Tickets: \$329.08-\$899.08 (depending on room selection) Info: 1-866-499-4074 or email yourcruiseagents@aol.com

#### 2007 Making Strides Against Breast **Cancer Walk**

October 13, 2007- 7:30 am registration (San Marco Square, Jacksonville)

This 5 K walk is to celebrate life and breast cancer survivorship. Funds benefit the American Cancer Society's programs of education, patient services, advocacy and research. Info: makingstrides.acsevents.org

#### Komen Race for the Cure®

October 20, 2007- 6:30 am registration In 2008, Susan G. Komen for the Cure celebrates the 25th anniversary of the Komen Race for the Cure, the largest series of 5K runs/fitness walks in the world, with well over 1 million participants since 2005. The Komen Race for the Cure Series raises significant funds and awareness for the fight against breast cancer, celebrates breast cancer survivorship, and honors those who have lost their battle with

Metropolitan Park, Downtown Jacksonville Info: (904) 448-7446 or komennorthflorida.org

An Upbeat Pink - On the Run - A

#### **Musical Tribute to Breast Cancer** Survivorship

October 21, 2007 - 3:00 p.m.

This concert is in support of the National Marathon to Fight Breast Cancer. It features the UNF Wind Ensemble, conducted by Dr. Gordon Brock.

Lazzara Performance Hall, University of North Florida Info: (904) 620-2878 or donnahickenfoundation.org and breastcancermarathon.com

#### **Dancing with the Local Stars**

February 1, 2008- 7 to 11 p.m.

Six local celebrities have been teamed with six professional ballroom dancers. They will perform the night of the dance and a winner will be crowned! General dancing is open to the public. Master of Ceremonies will be Sheriff Shoar and

Tickets: \$75 per person (Seating is limited. Reserve your tickets now!)

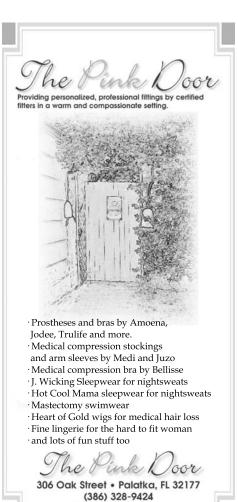
Fountain of Youth, St. Augustine Info: donnahickenfoundation.org

#### 26.2 With Donna - The National Marathon to Fight Breast Cancer

February 15-17, 2008

This inaugural run of the 26.2 with Donna: The National Marathon to Fight Breast Cancer benefits the Mayo Clinic and women living with breast cancer. The weekend-long event will include a health expo, community celebration event, VIP event, marathon, half marathon and fun-run. Jacksonville Beach

Info: breastcancermarathon.com



www.pinkdoor.org

#### "Breast Cancer is the #1 Killer Amongst Women Today."

Every woman diagnosed with breast cancer deserves the most thorough care no matter age, status, or severity of diagnosis. That's why we've made it our mission to provide those touched by breast cancer and other carcers; the support, knowledge, and treatment needed to fight their battle.

We're "bridging the gap" between complementary and conventional medicine with a cutting edge, scientifically supported biological protocol, Controlled Amino Acid Therapy (CAAT).

Physicians and patients alike are realizing surgery, chemo and radiation are just not enough when it comes to fighting cancer. CAAT is an amino acid, carbohydrate and glucose reduction cancer therapy, which is administered to patients in the comfort of their own home. It strategically and scientifically utilizes the chemical reactions and interactions between amino acids, foods and nutritional supplements to impair the development of cancer cells. CAAT works in concert with conventional medicine or alone, offering enhanced quality of life and longevity.





To find out more about CAAT, please visit our website at www.apjci.com, email us at: fc@apjci.com or call toll free 1(877) 260-1588.

# holistic treatment and prevention by erin thursby

Most of the time holistic treatment for cancer (such as diet and exercise) is used in conjunction with more traditional treatments such as chemotherapy and surgical removal. More and more physicians are seeing the value in these "wacky" holistic treatments, and most are seeking supplementary training in these sorts of alternative treatments. Even if a physician isn't trained in this discipline, they can usually refer you to another doctor or pharmacist who specializes in complementary alternative treatment.

#### controlled amino acid therapy

Here in Jacksonville, there are a number of resources to help those with cancer, including Florida Oncology Associates of the Integrated Community Oncology Network, the Mayo Clinic and a branch of the A.P. John Cancer Institute, among others. According to their website, the A.P. John Cancer Institute is "bridging the gap" between complementary and conventional therapy by offering cancer patients "an additional weapon to fight their cancer."

They use something called Controlled Amino Acid Therapy (CAAT), the only scientifically supported bio-nutritional cancer protocol available today. This battery of amino acid pills and dietary adjustment works to "feed the body and starve the cancer."

The Institute, which has been foremost in alternative therapies, has helped make diet and vitamins a part of any cancer regimen.

"We strongly believe integrative and complementary medicine will become mainstream within the next decade. More and more physicians will continue to recognize the benefits for their patients and will be 'prescribing' these therapies routinely, while being reimbursed for both conventional and complementary medicines. You will no longer have to wonder if you're doing the wisest thing by going to an MD or a doctor of herbal medicine, or chiropractor, or naturopath, etc. You'll get the best of all possible worlds with integrated medicine and conventional medicine living together in harmony."

For more info on the A.P. John Cancer Institute go to apjci.com or call toll free at (877) 260-1588.

#### over-the-counter & dietary

#### **Weise Prescription Shop**

One local proponent of over-the-counter medications and natural remedies is pharmacist Gill Weise Sr.





He's a consulting pharmacist, which means that he is licensed to not only fill prescriptions but also to advise patients on what they should be taking. Today, the pharmacy includes a nutritional bar, a small market and a compounding pharmacy. The store is one of the oldest in Jacksonville; his family has been providing healthy alternatives since 1939. Weise helps patients to customize their diet, homeopathic and prescription regimen, for integrated treatments of cancer and other diseases.

"We do a lot of natural remedies," says Wiese "which have a broad range...anywhere from supplemental vitamins to homeopathics...to enzymes....and foods."

He's a resource for preventative measures against cancer of all types, as well as complementary care. Many of the remedies employed aren't necessarily approved as treatments, but they are things that anecdotal evidence, some science and years of experience can back up.

"These are things that we have done for years...Right now the literature says that salmon is a good preventative of breast cancer. It also says shark cartilage is good for breast cancer—prevention and while you're on medication [in treatment] for it."

Weise is a wealth of information when it comes to interesting preventatives that are easy to attain or part of an ACESZ program, a special formulation that Weise's father made to help current cancer patients and keep the susceptible healthier.

Here are just some of the things that Weise says you can eat to prevent cancer: olive leaf extract, garlic, shitake mushrooms, cold pressed flaxseed oil, broccoli, soy, citrus and a host of other foods.

Weise can help any patient formulate a diet and battery of vitamins that works with their current medications. They also have a number of books available for purchase.

For more info on the Weise Prescription Shop go to their location at 4343 Colonial Ave in Riverside, check out their website at weiserx.com or call (904) 388-1564.

#### going raw!

Weise, as well as many other scientists, agree that a Raw Diet is one of the healthiest things you can do to prevent cancer and to mitigate the spread of cancer.

According to rawchef.com "Living (or Raw) Foods are those plant-based foods that are still abundant with living, active enzymes. When we heat up foods to anything above 116 degrees Fahrenheit, we breakdown and destroy these living enzymes, stopping all enzymatic activity within the food."

Most foods, in their raw form, contain everything we need to run our bodies efficiently. Cooking foods breaks down some important enzymes and nutrients that can keep us healthy. Also, when food is cooked, that changes the food's makeup on a molecular level. Overcooking food or even cooking it to regular specifications often introduces carcinogenic elements, particularly in the case of meat.

Although most Raw Foodists are often vegans or vegetarians, there are many different types of Raw Foodists, some of whom do eat meat. Many cancer survivors (or those who are just looking to follow a more healthy diet) will sometimes incorporate a Raw Food diet into their regular diet, with Raw Food accounting for about 60-80% of their overall diet.

Raw doesn't have to mean boring though; well-prepared Raw dishes can be more flavorful, potent and vibrant than their cooked counter-parts. See the review of Present Moment Café, a St. Augustine Raw Vegan Food restaurant on page 15.

#### Here's Wikipedia's breakdown of the types of Raw food diets:

Instinctive eating (anopsology) – fruit, vegetables, nuts, seeds and meat (typically excludes dairy). Fruitarianism – fruit, nuts and seeds (including sprouts)... grains & legumes.

Primal diet – fatty meats, dairy and vegetable juices.

Raw foodism – unheated food from all food groups.

Raw Paleolithic diet - "wild" game/meat, fish, plants, fruit, nuts, seeds, honey and eggs.

Raw veganism – fruit, vegetables, nuts, seeds and sprouts (usually includes grains and legumes but excludes ANY animal byproducts).

Raw vegetarianism – fruit, vegetables, sprouts, nuts, seeds, grains, legumes, dairy, eggs and honey. Wai diet – fruit, nuts, fish, and eggs.

The Garden Diet - fruit, vegetables, sprouts, nuts, seeds, honey, Celtic sea salt, olive and flax seed oils.





# local flavor

#### Wudun and Airport Factory at TSI

BY HILARY JOHNSON

hilary a johnson@yahoo.com

When going to a show at TSI, the well-known indie dance club in downtown Jacksonville, people can expect a few things. First, the music will be obscure. It's actually a requirement in order to get booked. Radio airwaves will not waft through their rooms. Secondly, it's an intimate setting and you can expect to stand. There's a low stage, a dance floor, and a few booths, so the band practically blends in with the audience. And finally, you can expect to find a great beer and wine selection, as well as cheap PBRs.

Friday, September 28th, was no different. Two local bands, Wudun and Airport Factory, came out and showcased two very different styles and experiences, but captivated the same audience none-theless.

Wudun, a three-piece band of keytar, guitar and drums, took to the stage first, or rather, took to the floor. Their simple set-up was actually on the ground in front of the stage. A few black lights, a couple amps, a guitar, and a small keyboard velcroed to the

base of an acoustic guitar surrounded a small drum kit. The band was dressed in all white and khaki and from the first note, the simplistic vibe eased the audience for what was an otherwise complicated and artful expression of noise.

"Our sound is not very easy and approachable," said Jeremiah Johnson, the band's leader, vocalist, and resident keytarist. "I want our music to be puzzling and mysterious, something that requires the asking of questions."

Unlike a typical concert, Wudun's unconventional approach made their songs less like songs and more like paintings in an art gallery, leaving the audience with an image rather than a memory of sounds.

"I think not being very good at visual art has somehow made me obsessed with making music that can almost be seen," said Johnson.

The music was beautiful and complicated, although at times weird, pulling in and connecting the audience to each song separately. The vocals were more like another instrument than actual sing-

Restaurant Open
Mon. - Thurs. 11 am-10pm
Fri. & Sat. 11 am-11pm
Sunday Noon-9pm
Package Store & Lounge Open
Mon. - Sat. 10am-2am
Sunday - Noon-9pm
Sunday -

ing. This was not party music; this was mood music that required full immersion to be appreciated. And the audience followed suit. They stood in silence and complete focus, clapping after every song. The band was impressively in sync with one another and at one point, Johnson switched places with Adam Mills, the drummer, but the transition was seamless. Aside from Johnson's slightly more aggressive approach to the drums, had one not been looking, it's possible the switch might have gone unnoticed. Cory Loop rounded out the sound with the guitar.

The second band, a four-piece indie band called Airport Factory, was a great departure from Wudun. They used a more conventional song structure and upbeat rhythms and tones. However, each song contained its own unique composition that departed from convention as well, welding together the two acts.

The songs were creative. Airport Factory's lo-fi indie sound was enhanced by segments of stomping, harmonized laughter and a cappella group singing. Chris Williams, the band's leader, even played a large brown piano he found on Craigslist and somehow managed to get it onto the stage.

"You can't buy a keyboard that is going to sound like that piano," said Williams. "If we could, then maybe we could fit more people in the band."

"He uses [the piano] totally out of context," said Mark Lynn, the band's drummer, referencing the way Williams effects the piano with distortion, delay, and other pedals.

Williams also sings lead vocals and plays the guitar. Diedra Beck plays the melodica, at times even sitting on the floor of the stage. Nick Osgood plays bass and guitar.

A large majority of Airport Factory's songs center both lyrically and sonically around Jacksonville. One song in particular, 'Dear Sad Jacksonville,' references aspects of Jacksonville's culture throughout the song.

"Out on Girvin Road they built a mountain range/ out of things we throw away/ that city's got topography... Dear sad Jacksonville/They don't fool me." The song discusses some negative aspects of the city, yet somehow highlights what is great about this city as well, through the words they don't say.

It was definitely a night of local music that seemed to resonate, through the songs, the artistic quality, and open-minded approach, how interesting and eclectic this city can really be.

#### David Dondero Christina Wagner, Solid Pony \$7 Sun, Oct 7th

John Gorka

\$8 Thu, Oct 25th Triclops! Nada Surf, Sea Wolf \$12 Sat, Oct 27th Dr. Dog, Delta Spirit \$10 Tue, Oct 30th **Emily Lacy** David Bazan \$10 Tue, Nov 6th (Pedro The Lion) **Kelly Joe Phelps** \$12 Fri, Nov 30th **David Wilcox** \$18 Sat, Dec 8th \$12 Sun, Dec 9th Rev. Billy Wirtz

501 A1A beach blvd. st. aucustine beach

tix on sale at cafeeleven.com [904]460.9311

\$18 Sat, Oct 13th

# live music shows calendar

#### **THURSDAY, OCTOBER 4**

Pianist Tim Nold Seawalk Hotel, Jax Beach (249-9981)

Open Mic w/Colleen Murphy **Trade Winds Lounge**, St. Augustine (829-8646)

Blistur Roadhouse, Orange Park (264-0611)

Chuck Nash My Place, Jax (737-5299)

Big Engine Box Seats, Jax (908-7328)

Von Barlow Springfield Station, Jax

Sidewalk 65 **Sun Dog Steak & Seafood**, Neptune Beach (241-8221)

Open Mic w/Krank Shaft **Overtime Sports Bar**, Jax (786-5466)

The O'Hallions Lynch's Irish Pub, Jax Beach (249-5181)

Mike Sweet & Friends Kingshead Pub, St. Augustine

Matt Collins Urban Flats, Ponte Vedra

Sweet Low Down Aroma's, Jax (928-0515)

Ron Perry **Mercury Moon**, Orange Park (215-8999) Park Street Band **Ragusa**, Jax (443-7888)

Mariachi Guadalajara **Jimadores**, Jax (739-5828)

Boogie Freaks Square One, Jax (306-9004)

Sea Wolf Café Eleven, St. Augustine (460-9311)

Steve Plays Too Loud London Bridge, Jax (359-0001)

David Milam **Shannon's Irish Pub**, Green Cove Springs (230-9670)

Cloud 9 Twisted Martini, Ponte Vedra

Wes Cobb Fly's Tie Irish Pub, Atlantic Beach (246-4293)

Baron Von Bear Jack Rabbits, Jax (398-7496)

Cornerstone The Mill Top, St. Augustine (829-2329)

Ron Rodriguez Mellow Mushroom, Jax (997-1955)

3 Eddie Bahamas, Jax Beach (241-3138)

Little Green Men West Inn Cantina, Jax (389-1131)

The Burning Season  $\,$  Thee Imperial, Jax (425-3835)  $\,$ 

Freeze Frame Fionn Maccool's, Jax Beach (242-9499)

Charlie Walker Twisted Sisters, Jax Beach (241-6453)

Yellowman Freebird Live, Jax Beach (246-2473)

Sweet Little Ditty Spare Time, Jax Beach

Mr. Natural Whitey's Fish Camp, Orange Park (269-4198)

John Winter Duo **Creekside Dinery**, St. Augustine (829-6113)

Soulo Ragtime Tavern, Neptune Beach (241-7877)

Stu Weaver Coffee Roasters, Jax

Full C ircle Kingfish Grill, St. Augustine (824-2111)

#### **THURSDAY-SUNDAY, OCT. 4-6**

Tony O A1A Aleworks, St. Augustine (829-2977)

#### FRIDAY, OCTOBER 5

Nate Holley **Mellow Mushroom**, Jax (997-1955) Amy Vickery **Urban Flats**, Ponte Vedra Beach (280-5515) Scholar's Word **Culhane's Irish Pub**, Atlantic Beach (249-9595) Fusion St. Johns Town Center, Jax

Fat Asprin Twisted Sisters, Jax Beach (241-6453)

My Getaway Jack Rabbits, Jax (398-7496)

C5 Spare Time, Jax Beach

Freeze Frame **Aroma's**, Ponte Vedra (280-2525)

Blue Sage Shoes Kingfish Grill, St. Augustine (824-2111)

Kenhe The Homestead, Jax Beach

The Edge Brewsters Pub, Jax (223-9850)

Mike Sweet & Friends **Mi Casa Café**, St. Augustine (824-9317)

Jager Dave On the Rocks, Jax (685-5268)

Crystal Bessels Kickback's, Jax (388-9551)

Fusebox Funk Freebird Live, Jax Beach (246-2473)

BayStreet West Inn Cantina, Jax (389-1131)

Clayton Bush Pauly's Pizza, Jax (727-9101)

Grindfest Brewsters Pit, Jax (223-9850)

Busted & Confused Box Seats, Jax (908-7328)

#### FRIDAY-SATURDAY, OCTOBER 5-6

Jody & the Driveshafts **Trade Winds Lounge**, St. Augustine (829-9336)

Wild Card The Roadhouse, Orange Park (264-0611)

Pili Pili Caribbee Key, Neptune Beach (270-8940)

Sidewalk 65 Champs Lounge, Ponte Vedra (285-7777)

Quest Players Grille, Orange Park (264-4633)

Livid Overtime Sports Bar, Jax

Hunnert Proof **747 Lounge**, Jax (741-4331)

Dueling Pianos Dick's Wings/Tinseltown, Jax

Wes Cobb Band Lynch's Irish Pub, Jax Beach (249-5181)

Jay Garrett Mercury Moon, Orange Park (215-8999)

Ron Perry Band **Tailgaters**, Green Cove Springs (529-1976)

Retro Kats Ragtime Tavern, Neptune Beach (241-7877)

Big Al & the Kaholics Whitey's Fish Camp, Orange Park (269-4198)

Three Square One, Jax (306-9004)

#### **SATURDAY, OCTOBER 6**

Robby Schenck **Kickback's**, Jax (388-9551)

LeMonde St. Johns Town Center, Jax

Too Many Shoes St. Augustine Pride, St. Augustine

Von Barlow Springfield Station, Jax

No Order Brewsters Pit, Jax (223-9850)

Charlie Walker Twisted Sisters, Jax Beach (241-6453)

Boys Like Girls Freebird Live, Jax Beach (246-2473)

Man Vs. Road, Wherefore **Murray Hill Theatre**, Jax (388-7807)

Matt Still Urban Flats, Ponte Vedra Beach (280-5515)

Jim Brady Kingfish Grill, St. Augustine (824-2111)

Strings of Fire **Jimadores**, Jax (739-5828)

Mike Sweet & Friends **Mi Casa Café**, St. Augustine (824-9317)

Stu Weaver Harry's, Jax Beach (247-8855)

Breach of Peace Jack Rabbits, Jax (398-7496)

Thirteenth Stone Brewsters, Jax (223-9850)

Open Mic w/Larry Broussard St. Johns Pizza Grill

# clearly californian

#### interview with Crystal Stafford

#### BY BELLA CHOW

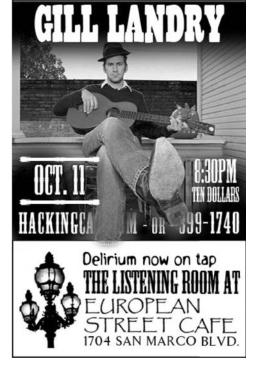
Local singer-songwriter Crystal Stafford recently moved to Los Angeles after years spent plying her trade in Hawaii and Jacksonville, bringing bassist Jared May along with her. Her first album, *In through the Wires*, brought her as far as New York, with good response all around. Her new album, *Love Affair*, is a collaboration with DJ Catharsis and Phil Greene from PC Synergy, and it is soon to be released. She can also be heard on the *Om Chilled* compilation CD. EU recently spoke with her about her move and her plans for the immediate future.

#### EU: How long had you been planning your move? That is, when did you decide that you were definitely going?

Crystal Stafford: I decided that it was definitely time for me to move around December. I had a lot of places going through my head - Portland, New York, San Fran, Los Angeles. I decided it would definitely be LA in April.

#### EU: What, for you, is the specific appeal of LA, as opposed to NYC, where many of our friends are?

**cs:** There are a lot of reasons I chose LA. I have spent a lot of time in New York and I love it. It's a great city. But it's cold, dirty, and grey. For someone who has only lived in Hawaii and Florida, I think New York would have been a shock to my system. I love warm weather and I love to surf so LA was a better fit. I think LA is a much better scene for my music as well. My new album, *Love Affair* (coming out in the fall -with Jared, Jeremy, Zac doing instrumentation and Phil Greene of PC Synergy doing beats and lots



of other stuff) is more upbeat, positive, electronic music.

Also, as you know, I love yoga and there's a lot of great things happening in the yoga scene here AND there are vegetarian and vegan restaurants on every block! It's paradise! Another reason—I didn't know anyone here. I love moving to places where I don't know anyone. I really wanted to focus on myself and it's easiest to do that when there's no one there expecting things of you. Plus I needed to make some west coast connections.

#### EU: Could you imagine ever making NE FL your home base again? If not, why?

**CS:** My family has been in Jacksonville for generations. It IS my home base. As far as living there full time again, not in the foreseeable future. I've spent most my life there. I like to see and experience new things. And I LOVE CALIFORNIA! It's the perfect place for me right now.

#### EU: What could this region to do avoid losing people like you in the years to come?

CS: Jacksonville is beautiful and great. It's just not a center for music and art. There's a lot of great music coming out of the place and it's definitely possible to make things happen from there, I just felt that it was time for me to move on personally. I wanted to be in a place where things were really moving and happening all around me.

#### EU: How are you enjoying LA? More importantly, how is LA enjoying you?

**CS:** It surprises me everyday how much I love LA. I live in Santa Monica, 3 blocks from the beach and

walking distance to lots of healthy, conscious and sustainable businesses and restaurants. There's a farmers market every Sunday a few blocks away from me that is going for zero waste. They compost and recycle almost every bit of trash they produce. It's such a progressive community. They even have a Green Map displaying all the green businesses. I knew that LA was more health conscious and environmentally conscious, but I didn't expect people to be as nice as they are. I have met some truly genuine great people here.

As far as how LA is enjoying me, I haven't played live yet. I took a month off to do a lot of yoga and some reconnecting. But Jared [May] just arrived three days ago (I found out right before I left that he was moving out too. He wanted to surprise me but somebody leaked the info to me). So we've been working on getting the live performance of our new stuff tight. I'll probably start booking gigs really soon.

However, I walked into my yoga studio and noticed that they sell the OM Chilled compilation that I'm featured on - I think that's a good sign :)

#### listen up & chill out

Thursday, Oct. 4 · 8:30pm-12:30am **The Committee** 

\$2 Drafts & Complimentary Pizza

Friday & Saturday, Oct. 5 & 6 · 8:30pm-12:30am **The Committee/Spectre** 

\$6 Late Menu 10-midnite

Sunday, Oct. 7 · 7:30pm-10:30pm **Smooth Jazz & Blues** Complimentary Hors d'oeuvres



#### Monday, Oct. 8 · 7:30pm-10:30pm **Monday Nite Football!** 2 For 1 Drafts

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# reggaecore sound

#### WeakSauce

BY ERIN THURSBY

scopes1925@msn.com

WHAT: WeakSauce WHEN: October 7<sup>th</sup> @ 8 pm WHERE: Freebird

Our Florida band scene is host to incredibly varied and original sounds. Case in point—the Tampa/Clearwater based band WeakSauce, which has played all over the state and has been to Jacksonville a number of times in the past.

Even though the band calls themselves WeakSauce, their sound certainly isn't weaksauce. Urbandictionary.com defines weaksauce as "Paltry, insufficient, and laughable in effort [or] something that is incredibly lame, weak, or uncool." The word

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was in common usage amongst surfers, skateboarders and stoners in California and has finally made its way to good ol' Florida. But the word's usage is changing, sometimes meaning the opposite of its general meaning, as in the word "bad," which in some instances can mean cool or good. I'd like to think that the band WeakSauce has something to do with this reversal of meaning.

Before hitting on the memorable name of WeakSauce, the band toyed with other names such as Stromboli (after the food) and Milhouse (after the character on *The Simpsons*). The other names didn't stick, they've been WeakSauce for about five years now. Lead vocalist Justin Vilardi says that the band



decided on the name after they instantly agreed on it—something that he says is a rare occurrence.

But, he says "It's not in the name, it's in the music."

Since they've got such a background in musical improvisation, music will change from show to show

"The songs that we've written continue to evolve as we play them out live."

You'll find reggae influences were threaded throughout WeakSauce, with a sprinkling of jazz, hardcore and trippy punk. WeakSauce stands out because each band member has a different stage presence and look. They've got excellent on-stage energy and they play with dedication.

"We all have such a strange, diverse background individually...a couple of us come from an improv jazz background and the other half of us from a jamming background."

When describing their sound Justin calls it a "reggae-rock, punkish fushion kinda thing. We call it reaggaecore as a joke...[but] we're not that heavy... We just play what we like."

The band includes Justin Vilardi (lead vocals and bass) and Paul Liparoto (drums), formerly of Muy Gordo, and Eric Douthirt (guitar), formerly of Dysfunktion. They came together in late 2002, jamming and then writing original songs. In 2005, as a prize for winning a battle of the bands, WeakSauce played Warped Tour in St. Pete. The band isn't signed to a label, which suits them just fine. It took them a year to release their CD *Nightmares and Daydreams* in July of 2006, using the funds from playing in clubs to record their album. They also released a live album in July of 2007 and they get play on local and satellite radio.

Their trumpet player, Brad Gilmore, gives the band a Dizzy Gillespie touch. Once I saw that their line-up included a horn, I expected them to be more ska than they were. I soon realized what I should have learned long ago: horns in a punk venue don't always equal pure ska. This band isn't afraid to go hardcore with their guitars, and Paul Liparoto's drum beats are dead-sexy good. At the end of the night Gilmore might need to clean out his spit valve, but overall his trumpet performance is pretty damn inspired.

To find music that is at once laid back and punked out is a rarer thing than I'd like, but it's something that can be found in the sound of Weak-Sauce.



Jax (287-9900)

#### **SUNDAY, OCTOBER 7**

Marcus Roberts Trio w/Wynton Marsalis **Performing Arts Center**. Jax

Those Guys Sunset Grill, St. Augustine (471-5555)

Shop Boys, Sean Kingston UNF Arena, Jax

Dan Shepherd Harpoon Louie's, Jax (389-5631)

Isaac Byrd Jr. De Real Ting Café, Jax

Danka Freebird Live, Jax Beach (246-2473)

David Dondero, Christina Wagner, Solid Pony Café Eleven, St. Augustine (460-9311)

The Western Civilization Jack Rabbits, Jax (398-7496)

Tarik Hassan Sahara Café, Jax

David Milam Mellow Mushroom, Jax (997-1955)

Chelsea Saddler Tiajuana Flats, Atlantic Beach (242-0234)

Full Blown Chaos Thee Imperial, Jax (425-3835)

Bobby Flynn **Culhane's Irish Pub**, Atlantic Beach (249-9595)

Feel the Love St. Johns Town Center, Jax

Jimmy Parrish Carib Key, Jax Beach (270-8940)

Matanzas Trade Winds Lounge, St. Augustine (829-8646)

Flashback Ragtime Tavern, Neptune Beach (241-7877)

Captain Hook **Whitey's Fish Camp**, Orange Park (269-4198)

3rd Bass The Casbah, Jax (981-9966)

Douglas Campbell The Mill Top, St. Augustine (829-2329)

El Toro Loco **Square One**, Jax (306-9004)

Jan Crawford & Friends **Cortesses**, St. Augustine (825-6775)

#### **MONDAY, OCTOBER 8**

Joey Cortesses, St. Augustine (825-6775)

Charlie Walker Mellow Mushroom, Jax (997-1955)

Sam Pacetti **The Mill Top**, St. Augustine (829-2329)

Lary Smith Harmonious Monks, Jax (886-3040)

Band of Destiny Square One, Jax (306-9004)

Nolan Neal Fly's Tie Irish Pub, Atlantic Beach (246-4293)

Goliath & Dorian Lopez Casbah, Jax (981-9966)

Stu Weaver Harry's, St. Augustine (824-7765)

#### **TUESDAY, OCTOBER 9**

Second String **Sun Dog Steak & Seafood**, Neptune Beach (241-8221)

Matanzas Trade Winds Lounge, St. Augustine (829-8646)

Christina Wagner & Friends Mark's Downtown, Jax (355-5000)

Will Pearsall **The Mill Top**, St. Augustine (829-2329)

Dave Massey Kickback's, Jax (388-9551)

Those Guys Hurricane Patty's, St. Augustine (827-1822)

Scenic Void Cortesses, St. Augustine (825-6775)

Ron Perry Fionn MacCool's, Jax Beach (242-9499)

Ace Winn Copelands, Jax

Matt Still Caribbee Key, Neptune Beach (270-8940)

Out of Hand Palace Saloon, Fernandina Beach

Bill Rice Mellow Mushroom, Jax (997-1955)

Tea Leaf Green Freebird Live, Jax Beach (246-2473)

Mystic Dino Lynch's, Jax Beach (249-5181)

Mike Miller Band St. Nick's Lounge, Jax

Jimmy Solari My Place, Jax (737-5299)

Seth Ramsdill Fly's Tie Irish Pub, Atlantic Beach (246-4293)

Ron Perry Harry's, St. Augustine (824-7765)

El Toro Loco Square One, Jax (306-9004)

#### **TUESDAY-WEDNESDAY, OCT. 9-10**

Gene Nordan Mackenzie's, Ponte Vedra (543-9143)

#### **WEDNESDAY, OCTOBER 10**

 $Mr. \ Beam \ \textbf{Casa Marina}, \ Jax \ Beach \ (270 \text{-} 0025)$ 

Dave Massey My Place, Jax (737-5299)

Rip Tide w/Brian Turner **Eddie Bahamas**, Jax Beach (241-3138)

FunKtion Brix, Jax Beach

Wes Cobb Band Square One, Jax (306-9004)

Eric Dawkins Mellow Mushroom, Jax (997-1955)

Jesse & Leaa Cortesses, St. Augustine (825-6775)

Jodies Fiasco Castillo de Mexico, Jax

Soulo Urban Flats, Ponte Vedra Beach (280-5515)

The Mike Miller Band St. Nick's Lounge, Jax (396-3396)

El Toro Loco Aromas, Ponte Vedra (280-2525)

Chuck Nash **Sun Dog Steak & Seafood**, Neptune Beach (241-8221)

Sidewalk 65 Latitudes, Jax Beach (247-6606)

Pili Pili Fly's Tie Irish Pub, Atlantic Beach (246-4293)

Dave Massey My Place Bar & Grill, Jax (737-5299)

# upcoming concerts

Dirty Dozen Brass Band Oct. 11, Freebird Live, 246-2473

Sinbad October 12, Florida Theatre, 355-2787

Thee Crucials  $\,$  Oct. 12, Club TSI, 424-3531  $\,$ 

Clint Black October 13, Florida Theatre, 355-2787

Michael Franti & Spearhead Oct. 13, Freebird Live, 246-2473

John Gorka October 13, Cafe Eleven, 469-9311

Ashford & Simpson Oct. 13, Ritz Theatre, 632-5555

Gregg Allman Oct. 14, Florida Theatre, 355-2787

Dennis DeYoung Oct. 19, Florida Theatre, 355-2787

Medeski Martin & Wood Oct. 19, Freebird Live, 246-2473

The Hives Oct. 19, Jack Rabbits, 398-7496

Alice in Chains Oct. 19, Plush, 743-1845

Little Richard Sat, Oct.20, St. Augustine Amphitheatre, 353-3309

Blues Traveler Oct. 20, Freebird Live, 246-2473

 $\begin{tabular}{ll} \textbf{Natalie Cole} & \textbf{Oct. 20, Lazzara Performance Hall , UNF Fine} \\ \textbf{Arts Center, } \textbf{620-2878} \\ \end{tabular}$ 

Acoustic Alchemy Oct. 23, Florida Theatre, 355-2787

The Samples Oct. 23, Freebird Live, 246-2473

MagnoliaFest with Toots & The Maytals, Donna the Buffalo, Railroad Earth, The Duhks, Bobby Lee Rodgers Band and more October 25–28, Spirit of the Suwannee Music Park, Live Oak, Florida, www.magmusic.com



# performing at the amelia island jazz festival

interview with the Dynamic Les DeMerle

BY RICK GRANT

rickgrant01@comcast.net

WHAT: Amelia Island Jazz Festival WHERE: St. Peter's Episcopal Church Courtyard WHEN: October 7th — 14th

Master drummer Les DeMerle and his lovely wife, Bonnie Eisele, are again jazzing up Amelia Island with a swinging seven days of jazz events around town, showcasing the main event on Saturday, October 13th at the St. Peter's Episcopal Church Courtyard. The event will bring authentic old school jazz to the resort island with the sounds of Dixieland, bebop, big band, Latin, and contemporary jazz.

The music will be performed by a number of jazz greats, including the Bill Allred Classic Jazz Band, Frank Tiberi and the Woody Herman Sax Section, tenor saxophonist Billy Ross, vocalist /trumpeter Bob Pickwood, and the Dynamic Les DeMerle Bands, including the super Big Band with 17 pieces.

To get the skinny on this big huha, I called Les at his home on Amelia Island.

EU: How did you get started with this production? Les: Well, I always wanted to do it, but in 2001...my wife and I [Bonnie Eisele] produced the first annual Les DeMerle Amelia Island Jazz Festival. We did it again in 2002. After that we were on the road for 2003, 2004, and 2005. Then in 2006, we produced another festival. And now it's 2007 and we have pulled it off again with a terrific lineup of top jazz artists. This year we've got our Section 501(c)(3) not

EU: You must get a lot of satisfaction doing this festival while continuing your busy playing schedule. How do you have the energy to keep this event going?

for profit, tax-exempt status.

**Les:** Although it's a lot of work, it pays off—not financially, but in many other ways. We also follow through with educational programs in the schools. It boils down to Bonnie and I getting artistic and spiri-

tual satisfaction from producing the show in which we participate. It's a chance for us to play with the greats of jazz, many of whom are our friends. This year we are combining the Woody Herman Sax Section with some other top players. We will have to rehearse the charts. But for the out of town players, it's a gig at a well-known resort to jam with their friends in a relaxed atmosphere.

# EU: I notice from the schedule that you will be playing at various locations around town. This will create diversity to the event. Was that your intention?

Les: Absolutely, for the kickoff event on October 7, the performance will be held at the Amelia Park Bandstand...featuring the UNF Jazz Ensemble with Dr. Marc Dickman, Director. This is sponsored by Sonny's Real Pit Bar-B-Q. Then there will be an event at The Harbor Front Hampton Inn & Suites and jazz workshops

On Friday, Oct. 12, we are back at the St. Peter's Episcopal Church Courtyard with my band The Dynamic Les DeMerle 8-Piece Band featuring vocalist Bonnie Eisele, with special guests Mike Levine on piano and Billy Ross on tenor sax in a tribute to Stan Getz. Alsot Bill Allred Classic Jazz Band and the Count Basie Tribute: Big Band Grand Jam combining the Allred and DeMerle bands. Across the street at 10:30 pm we'll have a Late Night Jam Session at the Angel's Porch Café, 708 Centre Street. All this happens before the main event on Saturday back at St. Peter's Courtyard.

#### EU: One more thing: is the entire festival free? And how did you finance the festival?

**Les:** No! There are some free events at the park and other paid events at the church courtyard. We financed the festival by getting sponsors, ticket sales from the paid events and selling ads in the program. We rely heavily on sponsors and ticket sales.

Of course, Les DeMerle is a major dude on drums. Les has toured with the Manhattan Transfer and appeared with such music legends as Lou Rawls, Sammy Davis Jr., Frank Sinatra, Mel Torme and Joe Williams. Les' own band, in its various configurations, is a world-class outfit. The Dynamic Les DeMerle Band featuring Bonnie Eisele is booked in many different venues, from clubs to corporate events to big jazz festivals. Les and Bonnie are permanent residents of Amelia Island.



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# murder was the case

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#### Halloween Horror Nights by jonald dusinworth

Universal Studios Orlando opened their 17th installment of Halloween Horror Nights this past weekend, and EU's Professional Partiers got to experience the fake blood, haunted houses and long lines firsthand

Let's get the obvious out of the way right now: there are long lines. We all know it, and it will probably never change. What can you do? There are a few things, actually.

The best (and most expensive) thing you can do is purchase an express pass, which, in case you didn't know, is for the shorter line that skips ahead of everyone else. The second best thing is to wisely choose your company. Go with a bunch of friends, you'll have a great time waiting in lines if you've got other friends to carouse with. It makes the lines feel shorter. Wet blanket friends need not attend, but easily frightened folks are by far the most fun to be around. The last suggestion is optional: as soon as you can, start drinking heavily. Disorientation is a heck of a lot of fun in a fantasy world.

Halloween Horror Nights will not be scary if you try too hard. It will be fun no matter what, but vour best bet is to remember Coleridge and "willingly suspend your disbelief." Let yourself get scared, it's not embarrassing because everyone else is doing it. Every night begins at 6:30 pm, so get there on time. You'll need every moment until the park closes at midnight to soak up all the sights. After all, there are eight haunted houses, numerous shows and most of the usual rides to squeeze into five and a half short hours. Take note, you will not get to do everything, but don't let that fact ruin your evening. Plan out

> Wednesday - Kids Night Deck Music 6-10pm

Kids eat FREE 5-9pm

All-U-Can-Eat Wings 4:30-Close

Thursday - 2 for 1

drinks and appetizers 9pm-bar Live Music w/ Mr. Natural

what you want to see and prioritize the things you haven't seen yet, visiting your old favorites only if you have time. That way, you won't leave wondering what might have been.

But if you need a little help knowing what haunted houses are worth the wait this year, we went to them all to scare you in the right direction. This year's theme was "The Carnival of Carnage." In other words: Murder. Grizzly, bloody, sadistic murder. That's why the houses were predominantly themed after your favorite Hollywood homicidal maniacs: Jason, Freddy Krueger and Leatherface. Obviously, the three most important haunted houses to see are A Nightmare on Elm Street Dreamwalkers, The Texas Chainsaw Massacre Flesh Wounds and Friday the 13th Camp Blood.

An important fact to remember is that these are not animatronic haunted houses. This isn't cutesy horror like Disney's Haunted Mansion. Halloween Horror Nights is an adult night of drunken fear. The murderers are played by live actors and they come for you when they know you don't expect it. In fact, outside of the Texas Chainsaw Massacre Flesh Wounds, some of the Texan maniacs were running loose in the crowd with real chainsaws! So be careful where you purchase your jello shooter or energy drink cocktail, because your blood might splatter onto the Earthquake ride before the alcohol even gets to it

In the interest of saving precious time – don't bother with Dead Silence the Curse of Mary Shaw, Psychoscareapy Home for the Holidays or Vampyr Blood Bath. They are, for the most part, boring. If

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park, do Nightmare and then go straight to Texas Chainsaw and then Friday the 13th. If you still have time, definitely check out Jack's Funhouse in Clown-O-Vision. If you still have time, that's amazing, and you may want to check out one of the lesser houses. like The Thing Assimilation or Psychoscareapy. If you are in the roller coaster mood, take The Revenge of the Mummy for a spin. Who knew a theme park ride could be better than the movie it was based on? Certainly not the makers of Earthquake or Twister, waste your time on those when you are there for the park, not for the threat of being murdered.

Even more daunting than the lines is the cost. park, and 59 dollars per person for admission is a pons all over the place. There is the Frequent Fear Pass that gets you in on every weeknight that you souvenir cups are definitely a rip-off, that's a theme park standard, but when it comes to cocktails you get a lot more liquor for your buck with a big souvenir cup refill. As far as saving on tickets goes - if you've indulged in a cold Coca-Cola within the last few weeks, you might have noticed a coupon for up up. Maybe Halloween Horror Nights would be just the thing.



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Evanescence Oct. 25, Jacksonville Arena, 353-3303

Sam Bush, Jerry Douglas and Edgar Meyer Oct. 25, Florida Theatre, 355-2787

Corey Smith Oct. 26, Florida Theatre, 355-2787

Nada Surf, Sea Wolf October 27, Cafe Eleven, 469-9311

Monotonix Oct. 28, Club TSI, 424-3531

Solid Gold Soul w/Jerry Butler, Gene Chandler, Billy Paul and The Impressions Oct. 28, TU Center, 353-3309

Benise "Nights of Fire" Oct. 29, Times Union Center, 632-3373

Kings of Leon Oct. 30, Florida Theatre, 355-2787

Fall Out Boy, Gym Class Heroes, Plain White T's, Cute Is What We Aim For Oct. 30, Jacksonville Arena, 353-3309

Dr. Dog, Delta Spirit, Emily Lacy October 30, Cafe Eleven,

Ben Harper Nov. 1, Florida Theatre, 355-2787

Reverend Horton Heat/Hank Williams III Nov. 1, Freebird Live,

D.L. Hughley Nov. 2, Florida Theatre, 355-2787

Widespread Panic November 4, Times Union Center, 353-3309

Trans-Siberian Orchestra Nov. 5, Jacksonville Arena, 353-3309

David Bazan Nov. 6, Cafe Eleven, 469-9311

Badfish Nov. 6, Freebird Live, 246-2473

Classic Albums Live - Pink Floyd's The Wall Nov. 7, Florida Theatre, 355-2787

Tallyrand Music Festival W/Spoon, Keller Williams, The Bravery, Pepper, Against Me!, The Polyphonic Spress, Rooney and more Nov. 10. Metro Park

Dan Zanes Nov. 10, Florida Theatre, 355-2787

Nickel Creek Nov. 12, Florida Theatre, 355-2787

**Bob Weir and Ratdog** Nov. 14, Florida Theatre, 355-2787

Cartel Nov. 14, Freebird Live, 246-2473

Viggles Nov. 15, Jacksonville Arena, 353-3309

Slightly Stoopid Nov. 15, Freebird Live, 246-2473

Spill Canvas Nov. 17, Jack Rabbits, 398-7496

**ZoSo** Nov. 23, Freebird Live, 246-2473

Jucifer Nov. 23. Jack Rabbits. 398-7496

Zoso Nov. 24. Freebird Live. 246-2473

Lalah Hathaway Nov. 24, Florida Theatre, 355-2787

The Electric Six Nov. 24, Jack Rabbits, 398-7496

Wynonna Nov. 30, Florida Theatre, 355-2787

Nekromantix Dec. 4, Jack Rabbits, 398-7496

Col Bruce & The Quark Alliance Dec. 6, Freebird Live, 246-2473

Keith Urban December 7, Jacksonville Arena, 353-3309

David Wilcox Dec. 8, Cafe Eleven, 469-9311

Rev. Billy Wirtz Dec. 9, Cafe Eleven, 469-9311

The Avett Brothers Dec. 9, Freebird Live, 246-2473

Jethro Tull Dec.11, Florida Theatre, 355-2787

Johnny Winter Dec. 14, Freebird Live, 246-2473

Derek Trucks and Susan Tedeschi Dec. 27, Florida Theatre, 355-2787

JJ Grey & MOFRO Dec. 28-31, Freebird Live, 246-2473

Taj Mahal Jan. 11, The Florida Theatre

Riders in the Sky Jan. 12, Florida Theatre

Kathy Griffin Jan. 17, Florida Theatre

Cherryholmes Jan. 26, Florida Theatre

Ring of Fire - The Music of Johnny Cash Jan. 28, Florida Theatre

The B-52's Feb. 15, Florida Theatre

Freda Payne - Tribute to Ella Fitzgerald March 6, Florida



# ogres in orlando

Shrek 4-D Universal Orlando

#### BY **DICK KEREKES** dickkerekes@yahoo.com

I recently went to Universal Studios in Orlando to review their latest movie attraction, Shrek 4-D. It was recently added to the many movie themed rides and attractions that have made this park so popular. The grand opening was June 16th, and Shrek 4-D has already become one of the most visited locations in the park. Why? Everybody loves Shrek and can't seem to get enough of the big guy.

Since the film/ride is only twelve minutes long, the wait in line is short. I entered a room that looked like a dungeon, and the doors closed. Two large TV screens set the stage for the forthcoming film/ride. Lord Farquaad told us he had kidnapped Pinocchio and the Three Little Pigs, holding them hostage until they answer his questions.

I then entered the cinema and took a seat. I had been given some special glasses to see the 3-D effect. The film starts where the recent movie left off, with Shrek and Fiona going on their honeymoon. Lord Farquaad is there to spread his revenge, so the honeymoon is not off to a happy start. I don't want to give away too much, but you'll experience a battle between fire-breathing dragons and get to ride over a gigantic waterfall.

The 3-D effects were the best I had ever experienced. When spiders came out of the screen at us, I could see the ladies in the audience squirming to avoid the crawling creatures. When Donkey sneezes, you feel drops of water on your face. This is a ride, so your seats move as if you were actually in a wagon with Shrek as he encourages the horses to go faster and faster over the bumpy road. But for those of you who don't like seats that move, several stationary ones are available in the first row.

The Shrek ride exits into a fantastic gift shop with some really cool stuff, including green ears and donkeys of just about any size. Say, how about a Shrek for President movement?

Shrek 4-D was great fun and I was impressed with the state of the art projection and special effects. I wanted to go on it again, but my companion reminded me we still had Revenge of the Mummy, Spiderman, and Men in Black to experience. I also wanted to visit one of my old favorites "Earthquake". I really miss my all time favorite "King Kong", a ride I went on many, many times in the past. Oh well, the King has made comebacks before and I am sure Universal will bring him back some day.

I know that many Entertaining U Readers are movie fans since we review more movies than any publication anywhere, so Universal Studios should be your destination of choice in Orlando, since it is the largest movie and TV based theme park in the world. Don't miss this great ride.





# civilization in decline

#### Heartbreak House at JU

Jacksonville University is proud to present George Bernard Shaw's Heartbreak House opening October 11 at 7:30 pm in Swisher Theatre on JU's campus. Under the direction of Theatre Professor Deborah Jordan, this period piece about a civilization in decline will resonate with today's audiences.

Set during a party in the home of the eccentric Capt. Shotover and his daughter Hesione, this comedy of manners takes a probing look at the conflict between old-fashioned idealism and

the realities of the modern age. The main topic of debate is one young woman's decision to marry for money rather than love.

The timing of the play, with the imminent danger of bombs dropping at the beginning of the First World War, sets the stage for the philosophical arguments it explores about war. *Heartbreak House* is about the war, even though the war is never mentioned and (until late in the play) never makes its presence felt.

Guest-artist and local actor Dr. Roger Lowe will play the role of Shotover. Lowe has had a wide and varied career on such stages as The



Goodman in Chicago, and Actor's Theatre of Louisville. He is also president of Players-by-the-Sea community theatre in Jacksonville Beach.

The first period play to be presented in the newly renovated Swisher Theatre will also be the first time a Shaw play has been done on campus in more than 13 years. It is also thought to be Shaw's favorite play.

Heartbreak House will run October 11, 12, 13, 18, 19, 20 at 7:30 pm and October 21 at 2:30 pm. Tickets are \$10 for adults and \$5 for students and military. For more information and reservations, please call the College of Fine Arts at (904) 256-7374.





# thrasher-horne center for the arts

My Florida: John Wilton / Our World: John Reed

#### BY **DONALD DUSINBERRE**

Way down yonder in a little town called Orange Park lays an impressive looking building I had never seen or even heard of until recently. It's the Thrasher-Horne Center for the Arts, and it stands statuesquely behind St. Johns Community College, housing two art exhibits to anyone who cares to visit them.

Always open to the public, the two galleries at the Thrasher-Horne are currently showing the works of John Reed and John Wilton. Putting the work of these two artists side-by-side is a fascinating lesson.

As one enters the galleries, the first work visible is that of John Reed. A member of the North American Nature Photographers Association, Reed has been a leading professional photography fixture in Jacksonville. He describes his motivation:

"I am moved by the beauty and wonder that surrounds us each and every day in all subjects, from the most ordinary to the most intricate, from quiet reflection to the most fleeting of moments. My aim is to capture this beauty and share this joy with others." Reed's color photographs are prime examples of precision. I believe color photography is a difficult medium to master, and Reed poignantly captures nature







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with a high degree of expertise. Not only are Reed's photographs well made, they are stunning to look at. Many of his works are mesmerizing, making it difficult to look away.

The work of John Wilton was just beyond Reed's in the adjacent gallery. Actually, my first encounter with the work of John Wilton came back in 1995. when I was attending the University of Florida. One of his paintings hung in the Racket Club dining center, garnishing the corner of the room with a checkered orange glow. Like all of Wilton's work, it was gaudy and tacky- a sight I have obviously never been able to forget. I didn't remember Wilton's name from that painting, but I easily remembered the style.

But here's where the lesson begins. Wilton's work is ugly, but it's really very well done. I can't imagine anyone hanging one of his paintings over their mantle. They're terribly tacky as decoration, but as an artistic idea, they're well thought out and very well executed. That's what makes them great, the fact that they can repulse us with their sight but intrigue us with their concept. Wilton describes his work:

"I strive to find poetic, even epic qualities in the

ordinary aspects of contemporary Florida life. The intent is to transform the accustomed into the unusual, giving the viewer a sense of the complex visual possibilities of the everyday world. My paintings, sculpture and mixed-media works layer images from mass culture with hand-painted and digital passages, replicating the sensory overload we experience in our media-driven age. My motivation is to communicate visually what it means to be living in Florida at this point in time."

The Thrasher-Horne Center for the Arts is located at 283 College Drive in Orange Park. The galleries' visiting hours are Monday through Friday, 10 am - 4 pm, with Thursday's open until 7 pm.

To learn more about the work of John Wilton, visit johnwilton.net or johnwilton.com. To learn more about John Reed, contact him at reedseyefoto@bell-

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#### art events

#### new this week

**Collage et Plus** Terese Marie Muller & Sally Cole Moyers (October 3 - 31) Opening reception Wednesday, October 3, 5 - 9 pm Karpeles Manuscript Museum, 101 West 1st Street,

Patrick Miko: Edifice Beautiful Imposition (Opening reception Thursday, October 4, 5-7 pm) Runs through November 7 Alexander Brest Gallery and Museum at Jacksonville University. (904) 256-7345

St. Augustine Art Walk (First Friday of every month from 5 pm – 9 pm) Tours begin at Rembrandtz Fine Gifts for Fun People (131 King Street) Don't miss the Keep a Breast event at the Casa Monica Hotel (95 Cordova) St. Augustine (904) 829-0065 or staugustinegalleries.com

Marsha Hatcher Drawing with Paint: A collection of Black and White paintings (Wednesday, October 3) The Art Center Cooperative, 31 West Adams Street, Downtown

Molly Mabe Reception at Regions Bank (Opening reception October 4, 6 - 8 pm) North Hampton Branch of Regions Bank, 463775 State Road 200, Yulee RSVP to the North Hampton Branch at (904) 225-1015

**Tactile Art Show for Art Beyond Sight Awareness Month** (Friday, Oct. 5 – Saturday, Oct. 27) St. Augustine Art Association Gallery, 22 Marine Street, St. Augustine. (904)

Citi Smith Barney & Citi present Arts Alive 2007 (Saturday, October 6 at 7 pm) Cultural Center at Ponte Vedra Beach, 50 Executive Way, Ponte Vedra Beach. (904) 280-0614 or

Joseph Jeffers Dodge: A Passion for Art (October 9 - February 2008) Cummer Museum of Art & Gardens, 829 Riverside Avenue, Riverside. (904) 356-6857 or cummer.org

**Beaches Art Walk** (The second Tuesday of every month) Your walk will begin at Brix Tap House on the corner of 2<sup>nd</sup> and 2<sup>nd</sup> at 5 pm in Jax Beach (904) 241-0864 or

#### ongoing

**Louise Freshman Brown** (Through October 5) University Gallery at the University of North Florida, 1 UNF Drive, Jacksonville (904) 620-2534

An Exploration of the Nature of Place by Sarah Crooks Flaire (Through October 6) Douglas Anderson School of the Arts, 2445 San Diego Road, Jacksonville 904-346-5620

**Peace Mural Exhibition** University of North Florida- Fine Arts Center (Through October 6) (904) 620-1899

Flora, Fauna, and Fine Art Presented by the Jacksonville Zoo and Gardens and Fogle Fine Art. Featuring Craig Bone, Olivia Marie Braida Chiusano, Laurin McCracken, Carmen Lagos and John Reed (Through October 13) Fogle Fine Art, 3312 Beach Boulevard (904) 296-1414 or foglefineart.com

Kurt Polkey & Morrison Pierce: Dreaming of Black **Mountain** (Through October 14) Opening Reception Saturday, September 22, 6 pm – 9 pm Jane Gray Gallery, 643 Edison Avenue, Riverside (904) 338-5790 or

David Ponsler Sculpture: Bronze, Steel, Copper and Iron (Runs through October 14) Cultural Center at Ponte Vedra Beach, 50 Executive Way, Ponte Vedra Beach (904) 280-

Fabulous Fiber (Through October 14) Barbara Wroten, Pat Livesay, Cheryl Wencel, Nancy Devereux, Leni Mittelacher, Betty Francis, Sara Barnhill, Diane Hamburg, Melinda Bradshaw, Margot Miller, Katie Schwartz, Lynette Holmes and Caroline Daley First Street Gallery, 216 First Street, Neptune Beach 904-241-6928

Natural Visions: Recent works by John Bunker and Suzanne Magee (Opening Reception September 21, 6 pm - 9 pm -Through October 19) Stellers Gallery Annex, 200 1st Street, Neptune Beach (904) 247-7200



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## culture & arts

#### OCTORER

4 Echo Boom UNF Fine Arts Center, Jax

4 Film Screening: The End of Suburbia Fuel Coffehouse, Jax

4-6 A Midsummer Nights Dream Theatre Jax, Jax

4-6 First Coast Classic Dancesport Championship **World Golf Village**, St. Augustine

4-7 Fall Home & Patio Show Prime Osborn Center, Jax

4-7 Amelia Island Book Festival Various Venues, Amelia Island

4-7 Steel Magnolia's Alhambra Dinner Theatre, Jax

4-14 381 Days: The Montgomery Bus Boycott Story Ritz Theatre, Jax

4-14 Dinosaurs & Ice Age Mammals MOSH, Jax

4-19 Exhibit: Recent Works By John Bunker & Suzanne Magee Stellers Gallery, Neptune Beach

4-27 Mystery Dinner Theatre Dave & Buster's, Jax

4-28 "Frankenstein" Limelight Theatre, St. Augustine

4-NOV. 4 The Cummer Is...Photographs By Ingrid Damiani **Cummer Museum**, Jax

4-NOV. 7 Edifice Beautiful Emposition – Exhibit by Patrick Miko **JU Gallery**, Jax

4-NOV. 9 Tricking Fish: How & Why Lures Work Exhibit **The Lighthouse**, St. Augustine

4-JAN. 6 Sculptor: Minoru Ohira Exhibit MOCA, Jax

4-FEB. 28 Oh Say Can You See: American Art Cummer Museum, Jax

5 First Friday Art Walk Various Venues, St. Augustine

5 Filmscreening: The Power of Forgiveness WJCT, Jax

5 Intercollegiate Choral Festival UNF Lazzara Hall, Jax

5 First Fridays in Five Points Five Points, Jax

5-6 Irish Enchantment-JSO w/Cherish The Ladies  $\,$  Performing Arts Center, Jax  $\,$ 

5-27 Tactile Art Show Art Association, St. Augustine

6 Making Strides Against Breast Cancer Walk **Seawalk Pavilion**, Jax Beach

6 Auditions: "O. Henry Christmas" 1-2pm ABET Adele Grage Center, Atlantic Beach

6 6th Annual Charity Oktoberfest World Golf Village, St. Augustine

6 ARTS Alive Fundraiser Cultural Center, Ponte Vedra

6-7 18<sup>th</sup> Annual Colonial Folk Arts & Crafts Festival **Colonial Spanish Quarter**, St. Augustine

6-7 Author Signing: Diane Till **Barnes & Noble/San Jose**, Jax

7 2007 Fun Day/Camp Out Under the Stars Jack Russell Park, Atlantic Beach

7 Wood Sculpture: Create a Sculpture From salvaged wood MOCA, Jax

8 Auditions: "O. Henry Christmas" 7-8pm ABET Adele Grage Center, Atlantic Beach

9 Joseph Jeffers Dodge: A Passion for Art-Lecture & Discussion **Cummer Museum**, Jax

10 Drawing Live Models with Instructor Jonathan Lux MOCA, Jax

10-NOV. 25 Joseph & the Amazing Technicolor Dreamcoat **Alhambra Dinner Theatre**, Jax

11-13 19th Annual El Pescado Billfish Tournament Camachee

11-21 Heartbreak House Play  $\,$  JU Swisher Theatre,  $\,$ Jax  $\,$ 

12 Rossini & Company-JSO Performing Arts Cetner, Jax

12-14 Les DeMerle Amelia Island Jazz Festival **Various Venues**, Amelia Island

12-14 "Almost Heaven, Songs of John Denver" FCCJ Wilson Center, Jax

12-14 7<sup>th</sup> Annual Greek Festival **Special Events Field**, St. Augustine

13 Buddy Walk Seawalk Pavilion, Jax Beach

13 Gary Burton Jazz Vibraphone Pioneer Clinic **JU Terry Concert Hall**, Jax

13 National College Fair Prime Osborn Center, Jax

13 Film Series "Save Our History" Voices of Civil Rights Ritz Theatre, Jax



# artists of tomorrow

#### BY KELLIE ABRAHAMSON

KAbrahamson1@aol.com

While exploring last month's Art Walk I came across some amazing pieces by talented local artists, many of whom have been honing their craft for years. Seeing an artist's work after decades of perfecting brush strokes and composition is always nice, but seeing one just beginning their artistic journey is thrilling. I had the pleasure and privilege of checking out the work of the Visual Arts students at LaVilla School of the Arts. These promising preteens and teens are the artists of tomorrow and getting a glimpse of the future is as easy as making a trek Downtown.

LaVilla is a Visual and Performing Arts magnet school designed for both beginning and advanced middle school students ready to take their craft to the next level. In addition to their chosen area of art instruction, the kids must also be serious about academics, maintaining a 3.0 at all times to be eligible for the program.

Connie Rink, LaVilla's Activities Director, took time out of her busy schedule to show me around the school and let me take a peek at some of the art classes in action. One thing that became apparent right away is that student art is not confined to the gallery on campus. Murals on the walls of the hallways were all done by students over a three year

period and continue to be a work in progress. Young artists created portraits of major literary figures and famous painters, which lined one hall. Everywhere you turn, there's another extraordinary work of art, all done by a talented young artist.

"They're so guileless at this age and so energetic," Rink commented as we passed by yet another series of remarkable paintings. "I'm told it's a much better product in middle school than it is in college because by college they so want it to be just right that they can't let go... These little 7th and 8th graders just fly into it."

A tour of the gallery proves this. Currently on display are the some pieces from last year's 8th grade class. Many paintings have the theme "Self Expressions," and tell something about the student's lives. While not perfect, for a group of kids not old enough to drive yet, these pieces are very good, showing an understanding of color, shading and composition that some local artists twice their age have failed to grasp.

"By the time they get to Douglas Anderson, they are mega-talented," Rink remarked, and she's right. Looking at the paintings in the gallery, it's hard to imagine how far these kids will come with four more years of artistic instruction. At the rate they're

going, the sky is the limit.

We then popped over to Cheryl Lunger's class-room, where she teaches 2-D Art. On this particular day a group of  $8^{th}$  graders were learning about fore-shortening and contouring. Lunger spoke highly of her newest crop of students.

"This year I would say I probably have a pretty large group of really talented kids that are just naturally talented," she said.

LaVilla typically has four to five gallery openings each school year, usually coordinated with other events, such as dance recitals or plays. The first gallery opening for the 2007-2008 school year is tentatively scheduled for November 15th. At that show, you can expect work from 6th, 7th and 8th grade students. If you simply can't wait that long to see what these kids can do, the school's gallery and halls are available to anyone who wants to check them out.

"The gallery is pretty much always open to people if they want to come look at it," she said. "They just have to come to the front office and somebody will call me and I'll show them around... Anytime they're interested in the art we're happy to show them around."

## taking a page from lavilla's book

If you're child is a budding artist but isn't in the magnet program, you can nurture his or her creativity at home by using some of LaVilla's techniques:

#### equip

All of the classrooms in LaVilla were fully stocked with just about everything a kid needs to create their next masterpiece. Designate an area in your home (a corner of their bedroom or an unused spot in the family room) as your child's studio and keep a stockpile of art supplies in that space. And don't just limit them to crayons and paint. Old magazines and newspapers, ribbons, tissue paper, fabric scraps and virtually anything else can be transformed into something truly amazing in the hands of a burgeoning artist.

#### inspire

In two of the three art classrooms I peeked in on teachers played music while the kids worked and all of them had plenty of art on the walls from previous and current students. Make your child's environment creatively stimulating by doing the same. Take your little artist shopping and allow them to choose some inexpensive prints to decorate their work area. Keep a CD player handy so they can listen to some tunes while they work.

#### encourage

By covering the walls with student art, LaVilla is not only showing off the talent they are helping to cultivate, they are also encouraging their students to do their best by making their work available for the whole school to see. Frame and display some of your child's art in a prominent place in your home and show them just how proud you are of their work.

#### wall

Allow you're child to explore the world around them for inspiration. Each year, the students at LaVilla have the opportunity to step outside and sketch the school's backyard- our wonderfully unique city. These drawing trips result in some really interesting cityscapes, many of which are prominently displayed in the school. Go for a walk around your neighborhood with your young artist to get the creative juices flowing.

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My best friend from basically birth is on the up and up. She lives in New York City. She's a beautiful young fashion designer who helps head up the powerful duo Love Brigade. And their namesake is sweeping the nation, little by little.

Ever since we were very small, my friend has had what some might call a unique sense of fashion, what others might call (or have called) crazy, but everyone has always agreed that she is the only person who could pull off her look. One day in middle school I saw her walking through the hall wearing plum colored tights, a plum skirt and a plum velour turtle-neck with her hair divided into five braids of various sizes. I remember thinking how crazy she looked, how I would never be caught dead wearing an outfit like that, but she had somehow made it work. And had also somehow sidestepped the colossal humiliation that middle-school seemed to represent all because she was sure of herself.

When we were in college she would layer shirts upon shirts, wear lime green and leopard print together, and cut holes in her pants and shirts in ways I would have never imagined. She wore outfits I still wouldn't be caught dead in, but she never cared and always looked good. Just very bold

I'd seen her participate in a few fashion shows while we were in college, but that was the last of my involvement. Most of Love Brigade's success began to occur while I was out in Oakland, so all I experienced of her new fashion line were the phone calls and the occasional photo, which was very occasional because she doesn't even own a camera.

Needless to say, I was excited to attend Love Brigade's fashion show for the Up and Cummer's Fashion Forward event. However, no phone conversation or photograph could have prepared me for what I was going to see. What used to be a girl with a dream was suddenly a girl with a career. She was really a designer. It was dazzling, to put it simply.

As soon as we walked in for the interview (I was also covering the event) I saw her walking

through the hall, a string of beautiful models following behind her.

"I'm going to show them the walk," she said, quickly hugging me. Her outfit was still outrageous, but this time it was chic and smart and made so much sense. This time, I wanted to take the clothes

right off her back and go change my outfit.
"You look so great," I said. Her black and white striped dress hung effortlessly on her now much thinner frame. She had it pinned in the back with a few funky broaches. Her boots crumpled around

her calf. It all looked so easy on her.
"Oh thanks," she said, shrugging it off. "But this isn't what I'm wearing tonight." You can imagine

Later, I went backstage to a room full of models getting sequins glued on their faces, hair was being sprayed to stick straight up into the air. There were people sorting through racks of clothing, half eaten sandwiches sitting on sad paper plates and miniature bottles of water strewn about the room. Everyone looked great. I felt what might have been imagined eyes of wonder on me as I hung out with her and the other Love Brigade crew. I was on the inside of a very elite club. How wonderful.

My friend changed into her new outfit, another Love Brigade creation. She wore an amazing pair

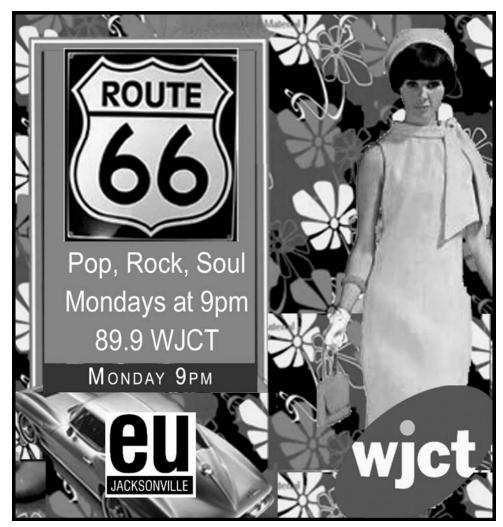
of pants that looked straight out of a space station. Her dream was fully realized and it all worked. Hundreds of people had shown up for the event. A few members of Red Jumpsuit Apparatus were there, looking very rock and roll. Everyone in attendance had at least made an attempt at being fashionable, which is more than can be said for a lot of events in Jacksonville. One woman even wore a dress so short that even crossed legs couldn't hide an indecent snapshot of what was underneath. Perhaps Perez Hilton would take note.

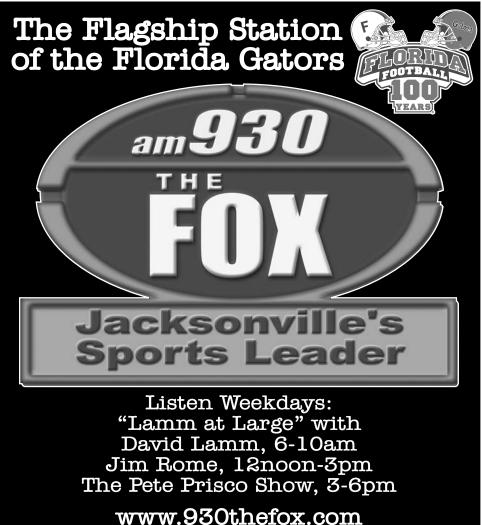
Finally, Love Brigade's models started walking down the runway. Their models were serious and very professional. They knew how to pose for the camera without making it seem like they were posing for the camera.

And the clothes were stunning. It was seriously more amazing than I could have imagined. I wanted to buy everything I saw, if I could actually afford to. I recognized bits of my friend's style in every single piece, and I knew that these were clothes she had been designing for years in her head. It had just taken that long for the rest of the world to catch up, me included.

I feel proud anytime something great comes out of this city, because I think this city is great and

I feel like the world should know it. I never dreamt one of those things would come out of my best friend, practically my sister, but it has. She is off showing the world how fashionable Jacksonville can be by being her same old fashionable self.





# metscapades

by brenton crozier

What images come to mind when you hear, "The World's Most Photographed Squirrel?" Perhaps you are envisioning a giant, freak-of-nature sized squirrel that is terrorizing a small community in Middle America, eating the townsfolk's small pets. I'm not sure how said giant-sized squirrel acquired a taste for blood, but this scenario takes a leap in logic anyway. Maybe you are even conjuring up a 3 armed, 2 tailed squirrel that was the unlucky victim of a nuclear waste run-in. According to my website find this week, the world's most photographed squirrel is the rather debonair Sugar Bush.

#### www.sugarbushsquirrel.com

Sugar Bush's website is a treasure trove of creepy fantastic-ness. So here's the skinny on the squirrel. Ms. Kelly Foxton, a former military pinup girl and country singer, rescued this squirrel as a baby and has raised it into a total diva. Sugar Bush is dressed in custom-made apparel and photographed on intricate sets—all squirrel sized and separately themed.

There are two common reflexes when a visitor sees Sugar Bush in all his splendor for the first time. Is that squirrel dead and the finished product of a talented taxidermist? This accusation is common and often brought up in blogs that discuss the site. Ms. Foxton assures fans that Sugar Bush is indeed alive and she even had Sugar Bush put on a kung-fu display to silence naysayers. The second usual reaction to this site is: Is this animal cruelty? Only if you think dressing a squirrel to look fabulous and making it an Internet phenomenon is cruel. Who needs natural habitat when you have that robust of a wardrobe and are dubbed "The Superstar Squirrel?" Let's face it, a squirrel's life isn't that great. Car dodging, nut gathering and tree tag are as good as it gets . . . but not for Sugar Bush.

This website has enough content to entertain for hours upon hours. Whether you are looking to entertain your office or find some amusing fodder to complement drinking with some buddies, Sugar Bush is the

squirrel for you. The home page alone contains nearly 150 delightful pictures. Ms. Foxton has a particular affinity for military garb and sends Sugar Bush on terrorist-stopping missions. This squirrel takes on more personas than Sybil, ranging from an American military hero and 2008 presidential candidate to a full-fledged geisha and Star Trek captain. This is the Baskin-Robbins of themed squirrel photography!



I highly encourage you to pace yourself when exploring this site. You will feel over stimulated if you try to take on too much in one viewing. I've known about this website for a couple of years, and still find new content whenever I visit it. No, it's not in my bookmarks and it's not part of my daily Internet rounds, but it is inevitable when bobbing and weaving through blogs or office conversations about those sites that you "Totally need to see dude.

Sugar Bush items are available for sale that include calendars, note cards and stuffed animals. If you feel particularly moved to do so, you can join Sugar Bush's fan club. This site is a feast of kitsch goodness. As mentioned before, just search Sugar Bush squirrel and visit the numerous blogs that discuss the site. After a visit with Sugar Bush, you will never view squirrels the same.

There are really no smooth segues from Sugar Bush. In fact, there are a number of websites dealing with squirrels in so many ways . . . and often times in a very creepy manner. Not creepy fantastic, just plain creepy. But one of my

discoveries through the world of the Internet was http://orgs.unt.edu/asps/sga.htm. This is a site dedicated to student activities and organizations at the University of North Texas. The specific page that I referenced is an initiative made by a student to have the albino squirrel replace the eagle as the University's secondary mascot. My initial thought was what a clever student, but upon further reading, you discover that this student is serious with logic like: "The Albino Squirrel is unique in the animal kingdom, as is our university one of a kind among Texas public institutions of higher learning." Even better are the names suggested for the albino squirrel mascot: Blanca, Thelonious, Enya, Precious and Lightning. I bet mom and dad are glad to see their good money going to these fine academic pursuits. It's no Sugar Bush, but it is a gem of junk Internet substance, albeit a bit squirrelly.



#### **COLLEGE FOOTBALL**

Seminole fans have had total celebration all week long, not only because of their solid win over Alabama, but because the dreaded Gators lost to Auburn! Florida State is showing they have some talent to play with, as they put everything together. The 'Noles host N.C. State this weekend, and should fare well.

Meanwhile, Gator fans are certainly guarded in their anticipation for this weekend, as their boys head to LSU. We have heard all week long about chinks in the armor of the Florida squad, wondering whether they can bounce back from last week's loss and pull out a huge SEC victory against a pretty strong Tiger team.

Other contests include the WINLESS Fighting Irish heading out to face UCLA, while Georgia goes to Tennessee for a nice, dirty SEC scrap.

#### **JAGUARS**

After a week off, the Jaguars make another road trip as they head to the Midwest to face a Kansas City team that showed they can play last week, beating the Chargers.

In the win over Denver, the Jags showed us their running game is coming around, as their blocking is effective, and the backs are producing. It also helps that David Garrard is using his mobility to make some nice runs. And of course the Defense is showing its strength, which they will have to do against a Chief group that surprised everyone by beating San Diego. It will be interesting to see how the Jags fare coming off the Bye week. With a win, they will make a statement, for sure.

#### THE OTHER THIRTY-ONE

Last season Marty Schottenheimer took the Chargers to a 14-2 record, then stumbled in the playoffs. He was subsequently fired, as Management brought in Norv Turner. And if you don't think Marty has got one wild grin on his face these days, you're

After four games, the Chargers have one more loss than last year, total. I'm guessing Norv Turner simply cannot go to the grocery store or gas station without being looked at in question, wondering how he could probably break a team that was set up and

ready to play. Of course, Turner has not had great success as a Head Coach in Washington or Oakland, and so this falls in line with his past track record. He has done great as an Offensive Coordinator.

Meanwhile, Marty has done great, coaching at Kansas City and Cleveland. I'm sure some teams will be knocking on Schottenheimer's door when the season is over, and he will be able to command a pretty lucrative salary if they indeed desire his ser-

Three teams still have yet to pick up their first win of the season. All three have shown dreadful play. The Saints, Rams, and Dolphins are getting to where they will be grasping for straws pretty soon if they don't beat an opponent. This weekend, the Saints will host a Panther squad that is not in the best of shape, the Rams host a competitive Cardinal team (with the return of former Ram QB Kurt Warner), while the 'Fins head to Houston to play the Texans. These teams are already up against the wall, only four weeks in.

#### MAJOR LEAGUE BASEBALL

The Playoffs are on, baby! There are some nice match-ups which I'm sure will produce some great series. Even thought the Yankees swept the Indians this season, I think Cleveland will come out with their strong hitting and solid pitching to give New York a tough time. And the Angels and Boston will be very competitive in their series, as well.

In the NL, all four squads are fairly equal in their play. I'm sure tickets for the Cubs games are tough to grab a hold of. And so let's see what happens, as things play out.

#### NASCAR

After a few weeks of controversy and wildness, the Boys head to Talladega to go at it on the Big Track. It'll give us a chance to see how things shake out in the Chase, as things have been tight in points, without question. I still feel it's gonna come down to Jimmie, Jeff, and Tony, but anything can

Tom Weppel talks trash with Greg Larson, Lonnie Marts, Eugene Chung, Artis Gilmore, and Ron Duguay on SportsAvengers.com 24/7.

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## nascar news & notes

BY RICHARD TEAGUE

tinynascars@yahoo.com

Talk about switching? When I was kid and I did something wrong or didn't mind my Dad, he would go outside and break off a small limb of one of the big ligustrum bushes we had and then strip the leaves off and switch the fire out of me. That is one form of switching. Another is when you're in the middle of a stream and you change horses, which everybody knows is a definite no-no. Those are just two kinds of switching that aren't good for you, but when the villain gives you a glass with poison in it and you switch glasses with them, well that can be a good switch. In NASCAR over the past several months we have heard about drivers switching teams either by choice or by force and I'm still not sure how all that is going to turn out for next season, maybe good or maybe bad, we'll just have to wait and see.

There seems to be another kind of switching going on this season and that is sponsors switching even more than last year. If NAPA and UPS didn't prove to the big corporations how bad things can get when they make a car change I don't know what will, guess they don't learn from others. A sponsor sees they don't get exposure on race day because the driver isn't up front with the leaders or never in a victory lane so that sponsor tries to find a team that can put them there. Can you blame them for that? I don't think so, especially when they fork out millions of dollars a year to only have the names wind up way back in the field? For the bucks they spend they should get some kind of return, don't you think?

If a sponsor ain't got their name on a top driver or team it seems fans don't get to see it much on the track. TV networks don't do an awful lot to show all the cars in a race. I mentioned before how when NAS-CAR made their big money deal with NBC, TNT and Fox the first few races of that inaugural season the network used graphics to hide the car's sponsors that didn't buy time for commercials with them. That had everybody from owners to crew members up in arms. but not NASCAR. They figured they had their bucks, let them do it the way they want. Even now NASCAR doesn't give a rat's behind about the team's sponsors. You can see how they fought so hard with AT&T, again they had Nextel's money in their bank and the heck with the team.

When NASCAR did finally work things out with Ma Bell it was only so that Richard Childress could have a year to find a new sponsor for Jeff Burton. I couldn't believe that AT&T was back on the 31 car that next race. Then I found out that Nextel or Sprint (or whatever name they are this week) said it would be alright but their asses were out after 2008, gee thanks guys. I think now is the time to go back to my old acronym for The National Association of Stock Car Racing which for some unknown reason (even to me) I had stopped using. NA\$CAR. I don't understand why I am still a fan of NA\$CAR when the main reason I quit caring about baseball, football and basketball was that there was just too much emphasis on the almighty

A few years back when I started doing this column I would complain about NA\$CAR and the money deal and I would hear from fans on how they felt the same way. This last season, and so far this year, I have somewhat refrained from these views. So have the fans, or at least it appears that way. Perhaps NA\$CAR will continue to get away with it. As of now, I am back on the bandwagon and spreading the word about how I feel and how my readers feel about the money-loving. It is doing dramatic harm to this sport I have enjoyed for so long. Dad burn it all, there is that

dang word that I am sick of again: drama.

Now back to the switching of sponsors. We're not talking about your little one or two race guys or the associate ones either, we're talking about Budweiser, Coors, M & Ms and several more. These are the guys that have their name on the hood and side of the cars because they spend unfathomable amounts of dollars every week to have it there. First let's look at Bud and see what the deal is. You know we will never know for sure why they aren't at DEI anymore. Why didn't they go with Junior to the 88 car when Gibbs Racing said that was the main reason they weren't trying to get him with that team? Did Rick Hendrick have too many sponsors in his pocket and just tell them thanks but no thanks we don't need y'all's millions? I don't think so.

Hey, as far as I am concerned Bud made the best deal in NA\$CAR when they signed on with GEM and Kasey Kahne and the number 9 Bud car sure does look Great!! They couldn't have got a better driver and as for GEM, well isn't Ray Evernham back in racing now that the womanizing is over. You saw how Dodge said that they were happy to relinquish the 9 to Bud and save some bucks, and now with the UAW talks headed their way they need to save money everywhere they can. I'm kind of glad they left DEI and with Martin sharing the # 8. I don't think he would have looked good in a Bud car, I always thought of him as a Miller Time guy myself, didn't y'all? Whatever, look for good stuff from GEM, Ray, Kasey and Bud next season, I will be.

Coors Light switching was a non-shocker for me since they needed more talent than they were getting this season. The # 40 with Chip & Felix wasn't a bad move. To go and give NA\$\$\$CAR 20 million dollars to be "The Official Beer of NA\$CAR" is just a little weird to me. Budweiser will continue to have the Bud Shootout, but that could change. Rumor is that Coors is going to DEI as the # 01 car's sponsor. Just goes to show how sponsors want big name teams or close ties with NA\$CAR to get their name up in lights and will spend long money to do it. The next question is weather they will really buy their way into the fan's eyes and be the replacement in the NA\$CAR Busch Series. Aw, go ahead and do it guys, it's only money. It also only hurts for a minute or two (or five years0, what the heck?

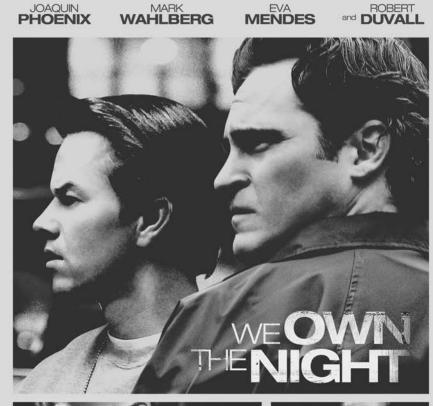
Well there ain't no way I can blame Mars US, which is one of my favorite sponsors (only because I lover their 3 musketeers and M&Ms - oh okay, all of their candy, but I can't eat it anymore since the big D type 2 came along) for "switchin" to another team. To get a driver like Kyle Busch, what a deal? Then again the name is going to be on a Toyota, so it will be hard to see much of it on race day. Face it guys, the first year with Gibbs Racing when it's their first year with Toyota ain't going to be a pretty thing. Here again you have a sponsor that hasn't been getting their money's worth this season with (just Yates, not Robert anymore) Yates Racing and a mediocre driver in David Gilliland. I can't blame them either.

Just one more switching and I'm done for this week. If a driver, sponsor or team change to another sponsor, team or car manufacturer, does a fan switch to another one of the above? Without some kind of national survey I can't answer that one except from my own personal point of view. NO. Isn't the point of being a fan that you like he or she no matter what the car, team or sponsor is? That's me for now and if ya' got comments you know how to make them. Like always, If it ain't NA\$CAR, It ain't \$\*\*t!!





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